

Adapting to Age-Related Changes in the Home, Day Program and Community

Promoting good health and quality of life for adults with IDD who are aging or experiencing dementia



Aging and Intellectual and Developmental Disability

- * Adults with IDD may experience natural aging processes at an earlier age than those in the general population
- * Adaptations help ensure safety and promote full and safe participation across all settings
- * Community partnerships can be important resources that should be fostered



Honoring Cultural Practices and Individual Preferences



Today's Speakers

Mary Jo Cooper



Dottie Farrell



Photo provided by Bay Cove



Honoring Culture and Personal Preference

- * Cultural and religious practices
- * Different perspectives on death and dying
- * Honoring someone's advanced directive



Cultural Preferences of ALL

- * Know the cultural preferences and religious practices of the individual
- * Help peers understand that their peer's beliefs might be different
- * Understand cultural preferences and religious practices of all staff



A Few Examples of Cultural Practices

- * In some cultures:
 - * Death is not discussed for fear of hastening it or giving a loss of hope
 - * End of life decisions, including when and if to tell the person their prognosis, rests with the male head of the family and/or a religious leader
 - * End of life decisions may be made considering the entire family rather than only considering the individual



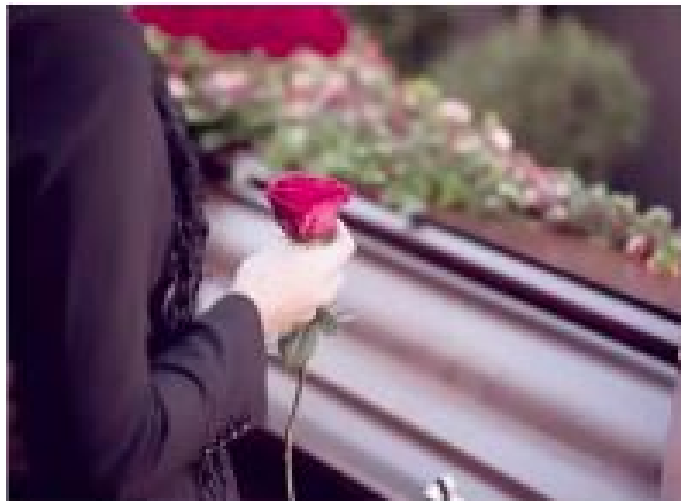
Caregiving Customs

- * Caregiving
- * Prayer and religious practices
- * Perspectives on pain and help-seeking



Determining Beliefs and Preferences

- * Formal assessment tools
- * Informal assessment
- * Cultural assessment



How Do You Show Support to Individuals Throughout the End of Life Process ?



Communicate preferences

- * Communicate to everyone who provides services
- * Make notes in the record



Additional Webinars

Adapting to Age-Related Changes in the Home, Day Program and Community Series:

- * Adapting the Residence for Adults Aging with IDD
- * Adapting the Day Program for Adults Aging with IDD
- * Honoring Cultural Practices
- * Community Inclusion and Solutions



Additional Resources

Massachusetts Department of Developmental Services (DDS)
www.mass.gov/eohhs/gov/departments/dds/aging-with-id.html

Health Promotion and Aging in Adults with IDD
https://shriver.umassmed.edu/cdder/aging_idd_education/



***Training produced by the
Center for Developmental Disabilities
Evaluation & Research (CDDER)***

on behalf of the

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Services (DDS)***



References

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- * Coolen, P. R. (2012). Cultural relevance in end-of-life care. *Ethnomed*, Retrieved 11/1/16 from <https://ethnomed.org/clinical/end-of-life/cultural-relevance-in-end-of-life-care>
- * Cultural Diversity and Caregiving, American Psychology Association. Retrieved 11/1/16 from <http://www.apa.org/pi/about/publications/caregivers/faq/cultural-diversity.aspx>
- * Cultural Approaches to Pediatric Palliative Care in Central Massachusetts: World's People in Central Massachusetts. Interactive guide to different cultures and beliefs around pediatric care. http://libraryguides.umassmed.edu/diversity_guide



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Center for Developmental Disabilities Evaluation & Research
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