



AGENDA

Be Aware – Take Care Prevention, Risk and Safety at the Front Line of Services to Individuals with Intellectual Disability

October 24, 2012

9am-3:45pm

Devens Common Center

Devens, Massachusetts

Moderator: Sharon Oxx, RN, CDDN
Massachusetts Department of Developmental Services

8:00-9:00am Registration and Coffee

9:00-9:15am

Welcome

Elin Howe, Commissioner, Massachusetts Department of Developmental Services

9:15-9:30am

Opening Remarks: Culture of Safety

Barbara Pilarcik, RN, Executive Director, The Association For Community Living

An overview of the importance of the culture of safety and the dignity of risk.

9:30-10:30am

What the DDS Data Tell Us

Emily Lauer, MPH, Center for Developmental Disability Evaluation and Research, UMMS

Discussion on the importance of using data to improve the care of individuals with intellectual disability, with a focus on HCSIS data. Learn how the information entered into HCSIS is used to understand patterns and target activities. Learn how HCSIS data can be used within your own program. Data presented will relate to today's topics.

10:30-10:45am Break

10:45-11:45am

Foreign Body Ingestion/Pica

Barent (Barry) Walsh, PhD, Executive Director, The Bridge

Chris Fox, PhD, Massachusetts DDS, Springfield-Westfield Area Office Psychologist

For individuals with intellectual disability, foreign body ingestion and/or pica can be a life-long challenge. An individual who ingests nonfood items may be at risk for serious injury or other health problems. Learn how to identify behaviors related to pica and when to speak to a physician or other caregiver. Learn how current behavioral techniques and/or medications address the condition.



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11:45-12:45pm Lunch

12:45-2:00pm

What's in a Behavior? Behavioral Manifestations of an Underlying Health or Environmental Issue

Julie Moran, DO, Geriatrician, Director, Aging and Developmental Disabilities Clinic, BIDMC

Lauren Charlot, PhD, Director, ID/MH Clinical Services, UMass Memorial Medical Center

Individuals with intellectual disability display a variety of behavioral challenges that may include self-injurious behavior, aggression or withdrawal. Learn about health or environmental factors that may influence or even cause these behaviors, such as movement disorders, polypharmacy, electrolyte imbalances, diabetes, kidney failure, and aging. Learn how to recognize behaviors that may be associated with health related or aging issues, voice your concerns, and create a plan of care as a team.

2-2:15pm Break

2:15-3:45pm

Fatal Four Panel

Robert Baldor, MD, Vice Chairman, Department of Family Medicine and Community Health, UMMS

Dafna Krouk Gordon, Founder and President, TILL

Aaron Kaufman, MS, CCC-SLP, TILL

Paige Slein, Training Director, Rehabilitative Resources, Inc.

Known as the "fatal four," dehydration, aspiration, constipation, and seizures are common in people with intellectual disability. These conditions may go unnoticed as symptoms are subtle and those with intellectual disability may not be able to communicate discomfort. Case studies will be presented and discussed relative to prevention and early recognition techniques.