

Assessment & Clinical Understanding Training



Improving the quality of assessment and clinical formulation in Massachusetts.

Additional Resources:

MassHealth Children's Behavioral Health Initiative (CBHI)
<https://www.mass.gov/masshealth-childrens-behavioral-health-initiative>

CBH Knowledge Center
IHT Practice Profile
<http://www.cbhknowledge.center/what-are-practice-profiles/>

CANS Training Program
<https://masscans.ehs.state.ma.us/>



MassHealth
CHILDREN'S BEHAVIORAL HEALTH INITIATIVE (CBHI)


UMass Chan MEDICAL SCHOOL
Eunice Kennedy Shriver Center


Berkshire
AHEC
Area Health Education Center
Pittsfield, Massachusetts

Continuing Education Credit is available for mental health professionals and nurses. Please see <https://cbhitraining.org/>

CANS Training Program
Eunice Kennedy Shriver Center
UMass Chan Medical School
55 Lake Avenue North, S3-416
Worcester, MA 01655
Phone: 774-455-4200
Email: CBHITraining@umassmed.edu
Sarah Rulnick, Director: Sarah.Rulnick@umassmed.edu

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Assessment & Clinical Understanding Training

<https://shriver.umassmed.edu/>

Assessment and Clinical Understanding



MassHealth Children's Behavioral Health Initiative (CBHI) and the Child and Adolescent Needs and Strengths (CANS) Training Program has a training to improve assessment and case formulation skills. The Assessment & Clinical Understanding (ACU) training is designed for In-Home Therapy (IHT) clinicians, Intensive Care Coordinators (ICC), Outpatient therapists and their supervisors working with youth with behavioral health needs.

Goal:

The goal of the Assessment & Clinical Understanding initiative is to improve the overall quality of treatment for children, youth and their families.

Guiding Values:

Improving Assessment & Clinical Understanding plays a key role in improving In-Home Therapy (IHT), Intensive Care Coordination (ICC), and outpatient practice.

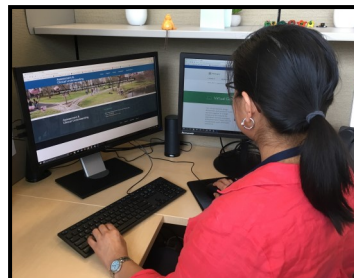
The CBHI Systems of Care (SOC) philosophy guides the development, delivery, and practice of CBHI services; including assessment and

clinical formulation:

- **Youth Guided and Family Driven:** Services are driven by the needs and preferences of the child and family, developed in partnership with families, and accountable to families.
- **Strengths-Based:** Services are built on the strengths of the family and their community.
- **Collaborative and Integrated:** Services are coordinated and integrated across child-serving agencies and programs.
- **Culturally Responsive:** Services are responsive to the family's values, beliefs, norms, and to the socio-economic and cultural context.
- **Continuously Improving:** Service improvements reflect a culture of continuous learning, informed by data, family feedback, evidence, and best practice.

Training Description:

The Assessment & Clinical Understanding Training is an interactive and dynamic training that includes modules which can be used during supervision or be self-guided. Case studies are used to teach skills; videos demonstrate the skills; Stop & Apply exercises are used to apply the information learned, and sample assessment tools are provided. CEU's are offered upon completion.



The modules address the following topics:

- Introduction to CBHI values
- Gathering Relevant Information
- Biological Aspects of Case Formulation
- Psychological Aspects of Case Formulation
- Social Aspects of Case Formulation
- Cultural and Spiritual Aspects of Case Formulation
- Mental Status Exams for youth
- Integration and Preparation for Writing
- Communicating a Case Formulation
- Using a Case Formulation in Treatment Planning
- Making Adjustments

