



HWRN Symposium

Promoting Healthy Weight in Youth with Intellectual & Developmental Disabilities: New Directions in Research and Practice

Thursday, April 3, 2025

8:30 a.m. to 4:00 p.m.

UMass Club

1 Beacon Street, 32nd Fl, Boston, MA

This Symposium will provide a forum for researchers, clinicians, people with disabilities, family members, and other interested individuals to learn about current research and practice in supporting children and youth with intellectual and developmental disabilities (IDD) to maintain a healthy weight and healthy lifestyles.

SYMPOSIUM OVERVIEW

- **Using GLP-1 to Manage Weight in Persons with IDD** – Vidhi Doshi, MD
- **Treating Disordered Eating in Neurodivergent Youth: An Overview of Empirically Supported Treatments** - Hana Zickgraf, PhD
- **Implementing a Wellness Program in Childcare Settings Serving Young Children with IDD** - Ruby Natale, PhD, PsyD
- **Mealtime Behaviors of Children with Developmental Disabilities and Delays** – Angela R. Caldwell, PhD, OTR/L
- **Lunch and Poster Session**
- **Using Technology to Promote Physical Activity in Youth with IDD** - April Bowling, MA, ScD
- **Panel of Youth/Young Adults with Lived Experience**
- **Roundtable Discussion Groups**
 - GLP-1 Agonists
 - Mealtime Behaviors
 - Treating Disordered Eating
 - Using Technology to Promote Physical Activity
 - Wellness in Childcare Centers

There is no cost to attend the symposium, which is in-person only.

Symposium Registration link https://bit.ly/HWRN_Symposium_Registration_2025

For questions or more information, please contact us at HWRN@umassmed.edu

