To the Reader

Res·pon·si·bil·i·ty - The state or fact of being accountable or answerable for something.

‘Responsibilities in Action’ is based on the concept that a set of responsibilities must be carried out accurately to produce the outcome of ‘Safe Medication Administration’.

Consider each ‘gear’ on the cover picture as a ‘Responsibility’. Each gear is dependent on the gear before it and the gear after it for the system to function; if one gear fails, the entire system fails. When all gears are functioning together, the result is a system that runs smoothly. Think of yourself as one of the gears; you will play an important role in the outcome of the medication system in your work location!

Learning about each responsibility in class and then applying what you have learned at your work location helps to promote the quality of life for the people you support as well as a safe work environment for you.

The following are your responsibilities as a MAP Certified staff:

- Observe and Report
- Assist with visits to the HCP
- Obtain medication from the pharmacy
- Transcription
- Medication security
- Medication administration
- Documentation

This curriculum provides you with the details of each responsibility. It will continue to be a resource for you in your new role as a MAP Certified staff. Refer back to this curriculum often and practice what you are taught every day!
‘Responsibilities in Action’

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Reviewed and Approved by the Massachusetts Department of Public Health

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Introduction

The Department of Public Health (DPH) serves as the lead agency for the Medication Administration Program (MAP) which is carried out jointly with the Department of Developmental Services (DDS), the Department of Mental Health (DMH) and the Department of Children and Families (DCF).

The overall goal of MAP is to ensure that there are appropriate policies and procedures for safe medication administration. This helps people receive their medication while living in the community and carrying on their day to day activities. The program makes it possible for direct support staff, who knows the specific needs and concerns of each person, to administer medication as a part of the person’s daily routine.

The Departments allow direct support staff who has a current MAP Certificate to administer medication in:

- DDS adult residential, day programs and short term respite and
- DMH/DCF adult and youth residential programs and day programs

These programs are registered with DPH. The MAP Certification is transferrable between DPH MAP registered programs only.

The MAP Certification training program:
- Is a minimum of 16 hours in length
- Is taught by approved MAP Trainers
- Includes 3 pretest components
  1. Computer Based Test (CBT) or written format (MAP Trainer discretion)
     - Accessed at www.hdmaster.com
     - Click on ‘Massachusetts MAP Testing and Registry’
     - Click on ‘Online Computer Based Pretest’
     - Enter your social security number (with no dashes)
     - Select an answer to each of the 30 questions in 35 minutes or less
     - Click on ‘Stop Exam’ to see your score report showing
       - Percentage (%) of questions you answered correctly
       - Topic of any question missed
         - Provide the score report to your MAP Trainer
         - A score report of 80% or higher is ‘passing’
  2. Medication Administration
     - Demonstration of process
       - Applying the 5 Rights as you complete the 3 Checks in 10 minutes or less
       - Feedback by MAP Trainer or Peer (MAP Trainer discretion)
  3. Transcription
     - Discontinue a medication and transcribe a new medication
       - 100% accuracy in 15 minutes or less
After you meet the CBT pretest requirement you are strongly encouraged to continue retaking the pretest as many times as possible prior to your D&S Diversified Technologies CBT test date. No one but you can see how many times you take it or the score you receive each time. There are over 200 questions for you to answer. Retaking the CBT many times along with reading the curriculum and reviewing all you will learn in your training will set you up for test success.

In preparation for the skills portions of the test, continue practicing transcriptions, paying close attention to the details. Practice the medication administration process using the medication administration demonstration video as a guide; available at www.hdmaster.com

Upon successful completion of the training program, you are eligible to schedule to test for a limited period of time.

MAP Certification is:

- Effective on the date that test results are posted on the D&S Diversified Technologies website at www.hdmaster.com
- Valid for 2 years until the last day of the month in which you passed the test. For example, if you passed the test on July 6, 2017, your expiration date is July 31, 2019.

All DDS/DMH/DCF MAP registered programs are required to maintain acceptable proof of staff MAP Certification. A print out of your Massachusetts MAP Certification is available at:

www.hdmaster.com
MAP Online Registry
Click Public Verification

You are responsible for ensuring that your MAP Certification remains current.

If your MAP Certification expires, you may no longer administer medication. You have one year to recertify. If you do not recertify within one year, you must complete the full MAP Certification training program again and retake the CBT and skills tests.

Recertification must be completed every 2 years. To become recertified you must pass the recertification skills test.

If you do not pass the recertification test you may no longer administer medication. If you fail any combination of the recertification skills test (transcription or medication administration demonstration) components 3 times you must complete the full MAP Certification training program again and retake the CBT and skills tests.
MAP Certification Is Not Valid for administration of medication to people who are:

- Under the age of 18 in DDS programs
- Residing in nursing homes
- In crisis intervention, stabilization or hospital diversion centers and programs
- In hospitals
- In Intensive Residential Treatment Programs (IRTP)
- In programs licensed by other departments such as the Department of Youth Services
- In DDS, DMH and DCF programs not possessing a Massachusetts Controlled Substance Registration (MAP MCSR) from the Department of Public Health

The MAP Policy Manual

Throughout the training curriculum you will see references to MAP Policy. The MAP Policy Manual is a resource intended to provide service providers, trainers, staff and other interested parties with a single, topically organized source for MAP policies.

Each program registered with DPH must have a copy of the policy manual as part of the required reference materials for MAP Certified staff. The MAP policy manual is available at:

www.mass.gov/dph/map
Let’s Begin!

Throughout the training curriculum you will see ‘yr’ at the end of a date on Health Care Provider orders, pharmacy labels, medication administration sheets and medication progress notes. For training and testing purposes only, ‘yr’ represents the current year.

In addition you will find several symbols that identify important facts, indicate the need to seek more information about your work location or review information regarding policy and practice. When you see the symbols you will know:

<table>
<thead>
<tr>
<th>Symbol</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image1.png" alt="Symbol" /></td>
<td>There is information specific to your work location that you must ask your Supervisor</td>
</tr>
<tr>
<td><img src="image2.png" alt="Symbol" /></td>
<td>There is additional information about the topic located in the MAP Policy Manual</td>
</tr>
<tr>
<td><img src="image3.png" alt="Symbol" /></td>
<td>The information is important</td>
</tr>
<tr>
<td><img src="image4.png" alt="Symbol" /></td>
<td>There is an exercise to complete</td>
</tr>
<tr>
<td><img src="image5.png" alt="Symbol" /></td>
<td>The information that follows are important things to remember in the unit you just read</td>
</tr>
</tbody>
</table>
Case Studies

Juanita Gomez is a 36 year old woman who uses facial expressions and nods her head yes or no when communicating her likes and dislikes. She has a seizure disorder that causes her to have uncontrolled, involuntary movements. She also has chronic muscle pain (contractures) currently managed with physical therapy and pain medication twice daily. She also has chronic constipation that is managed by keeping track of her bowel movements (BM) and administering bowel medication PRN (as needed.) She has difficulty swallowing (dysphagia) and requires supervision when eating or drinking. Juanita requires full assistance with activities of daily living (ADLs) including medication administration.

Ellen Tracey is a 42 year old woman who communicates using simple words and short sentences. Her health issues include high blood pressure (hypertension) and high cholesterol (hyperlipidemia). Both are well controlled through diet and medication. Ellen also has an anxiety disorder; she becomes self-injurious by biting her hands and slapping her head when anxious. Ellen’s anxiety is managed with Ativan taken twice daily and once daily PRN. While staff is preparing her medications, Ellen will fill her glass with water.

Tanisha Johnson is a 22 year old woman with a history of seizures following an acquired brain injury (ABI). Her seizures are well controlled with medication. Although she has an interest in learning about her medications and their possible side effects, she often refuses her medication. She enjoys going to her local health club and working with a trainer. She works at the local florist and goes to her family’s home on weekends.

David Cook is a 52 year old man with Down Syndrome. David is independent with ADLs and receives community based day supports. During day program hours, he participates in outings and volunteers in the community. In the evening David enjoys spending time with friends and family. At night David wears a continuous positive airway pressure device (C-PAP) to help keep his airway open due to sleep apnea (a potentially serious sleep disorder in which breathing repeatedly stops and starts). He is on several medications to treat high blood pressure, gastroesophageal reflux disease (GERD), swollen, painful joints (osteoarthritis) and a seizure disorder.
**Scott Green** is a 48 year old man who has had multiple psychiatric hospitalizations. He is on several medications to treat schizophrenia, a mood disorder, high blood pressure, high cholesterol and non-insulin dependent diabetes (Type 2). He also takes PRN medication for headaches, heartburn and difficulty sleeping. Scott was interested in becoming more independent with his medications and in the past packed medication under staff supervision for up to two weeks at a time. However, he recently started not taking some of his medications on a regular basis. Staff have increased their support and now administers his medication. At his last psychiatric appointment staff reported that Scott preferred to take his medication in the evening. His doctor changed the timing of his medication from the morning to the evening.

**Jonathan Brock** is 6 year old boy, with poor concentration and irritable behavior with angry outbursts. He is in kindergarten and receives significant support at school. His school utilizes a first/then schedule system with built in incentives. It was reported that his interest in activities such as play groups and structured school activities had decreased. He has post-traumatic stress disorder (PTSD) and attention-deficit/hyperactivity disorder (ADHD); managed with Methylphenidate CD and Methylphenidate.

When Jonathan began these medications he struggled during administration time and would either spit it out or refuse it. Staff would encourage and prompt him to take it, including putting the medication in applesauce and yogurt at the doctor’s request. Jonathan told staff that he was refusing the medication because he was not able to swallow the tablets without choking. The psychiatrist changed the medication to a chewable form. Later when Jonathan started on Melatonin to help with sleep, it was ordered in liquid form. He completes daily living skills with staff support and prompts.
Unit 1

Working at a MAP Registered Program

Responsibilities you will learn

- Who will answer your medication and health related questions
- How you will get to know the people you support
- Medication administration principles
- Rights in relation to medication

Getting Your Medication and Health Related Questions Answered

A MAP Consultant is a valuable medication information resource. A MAP Consultant is:

- a registered nurse
- a registered pharmacist
- a Health Care Provider (authorized prescriber)

An authorized prescriber is someone who is registered with the state of Massachusetts to prescribe medication. See MAP Policy Section 13.

Examples of authorized prescribers are a Health Care Provider (HCP), doctor, dentist, nurse practitioner, etc. For purposes of this training, an authorized prescriber is the same as a person’s HCP.

Anytime you have health related questions contact the person’s Health Care Provider.

MAP Consultants will help answer your questions about medication procedures or specific medication issues. When you call a MAP Consultant with your question, make sure you have the HCP order, the medication and the medication sheet available for reference; you may need to read them to the MAP Consultant.

Examples of when you may need to contact a MAP Consultant include if:

- too much or too little of a medication was administered
- the medication was omitted (not given)
- the medication was refused
  - if refused, the MAP consultant contacted must be the prescribing HCP
- the HCP order, pharmacy label or medication sheet do not agree
MAP Consultants are available 24 hours a day, 7 days a week. DPH requires that the telephone numbers for the MAP Consultants, poison control and other emergency numbers (911, fire, police) be clearly posted near the telephone in all programs. See MAP Policy Section 05 and Section 10.

This is an example of the emergency contact list in David Cook’s home located near the phone for quick and easy staff reference.

<table>
<thead>
<tr>
<th>Emergency Contact List</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Rescue + Fire + Police</strong></td>
</tr>
<tr>
<td>911</td>
</tr>
<tr>
<td><strong>Poison Control</strong></td>
</tr>
<tr>
<td>800-222-1222</td>
</tr>
<tr>
<td><strong>MAP Consultants</strong></td>
</tr>
<tr>
<td><strong>Greenleaf Pharmacy</strong></td>
</tr>
<tr>
<td>111-222-3434</td>
</tr>
<tr>
<td>Monday-Friday</td>
</tr>
<tr>
<td><strong>Registered Nurse</strong></td>
</tr>
<tr>
<td>Rebecca Long</td>
</tr>
<tr>
<td>781-000-4500</td>
</tr>
<tr>
<td>Saturday-Sunday</td>
</tr>
<tr>
<td><strong>Health Care Provider(s)</strong></td>
</tr>
<tr>
<td>Dr. Richard Black 617-332-0000</td>
</tr>
<tr>
<td>Dr. David Jones 617-332-0001</td>
</tr>
<tr>
<td>Dr. Shirley Glass 508-123-1234</td>
</tr>
<tr>
<td>Dr. Chen Lee 617-332-0002</td>
</tr>
<tr>
<td><strong>Administrator on Duty</strong></td>
</tr>
<tr>
<td>617-000-0000</td>
</tr>
<tr>
<td><strong>Program Supervisor</strong></td>
</tr>
<tr>
<td>Linda White</td>
</tr>
<tr>
<td>780-000-2222</td>
</tr>
</tbody>
</table>
Ask your Supervisor where MAP Consultants, poison control and other emergency numbers are located in the program where you work.

Answer True (T) or False (F) if the person listed may act as a MAP Consultant.

1. ___ Licensed Practical Nurse (LPN)
2. ___ Pharmacy Technician
3. ___ Registered Nurse (RN)
4. ___ Receptionist at the HCP office
5. ___ Health Care Provider (HCP)
6. ___ MAP Certified Supervisor or Program Director
7. ___ Registered Pharmacist

Learning about the People You Support

Two of your most important responsibilities are watching for and reporting changes in the people you support. A change may be physical or behavioral. In order to recognize a change, you must first get to know the person by learning about their personality, physical conditions, abilities and medications. You can learn about a person who is new to you by:

- Observing (watching) the person
- Talking with the person
- Listening to the person
- Communicating with
  - the person’s family
  - your co-workers
- Reading about the person’s life and health history

Recognizing changes and reporting them to the right person will ensure the people you support will receive the best care possible.
Principles of Medication Administration

By following the principles of medication administration you will help to ensure medications are administered safely. The principles of medication administration are mindfulness, supporting abilities and communication.

- **Mindfulness**
  - Always remaining alert and focused during medication administration
  - Thinking about what you are doing and not something else
    - As you begin administering medication, you will very quickly become familiar with which person receives what medication at what time, etc. and even the size, shape, color and markings on the medication itself, because of this
  - Never allow medication administration to become routine
    - Consider changing the order of who you administer medications to first to help yourself to remain mindful.

- **Supporting abilities**
  - Helping the person to function as independently as possible
    - encouraging a person to participate fully in the medication administration process based on their abilities

- **Communication**
  - Reading the HCP order, pharmacy label and medication sheet
    - ensuring they agree
    - contacting a MAP Consultant as needed
  - Talking and listening to the person while you are administering their medication

Communicating is a big part of your job. To communicate is to share or exchange information. In your role as a MAP Certified staff, you will communicate with the people you support, with your co-workers, supervisors, family members, the HCP, pharmacist, nurse and many others.

In addition to talking, communication also includes:

- Listening
- Documenting
- Body language
- Facial expression
- Tone of voice
For communication to be effective, remember:

- Speak clearly and slowly
- Look directly at the person you are speaking to
- Listen carefully
- Take notes during your shift if needed, this will help you with accurate documentation
- If information is given to you, repeat it back to the person to be sure you understood it correctly
- Ask questions if you do not understand something

Answer each question based on the case studies, and then write the related principle of medication administration (mindfulness, supporting abilities and communication).

1. Juanita takes her medication whole in pudding or applesauce. How would you know if she did not like a certain pudding flavor? _______________________
   What is the related principle? __________________________________________

2. How do you support Ellen’s abilities during medication administration?
   _____________________________________________________________
   What is the related principle? ______________________________________

3. Tanisha refused her morning medication. Who do you report the refusal to?
   _____________________________________________________________
   What is the related principle? ______________________________________

4. Typically, you administer medications to the people in your work location in the same order each day. How can you ensure the medication administration process does not become routine? _________________________________
   What is the related principle? ______________________________________
Respecting Rights

Like you, the people you support have the right to be treated with both dignity and respect. Everyone also has the right to privacy. Confidentiality means keeping information private. Information about the people you support must only be shared with others if involved in their care.

In relation to medication administration, people have the right to:

- know what their medications are and the reasons they are taken
- know the risks associated with taking the medication
- know the benefits associated with taking the medication
- refuse medication
- be given medication only as ordered by the HCP

If a person refuses to take their medication, the first thing you should do is ask them why they do not want to take it and report that information to the prescribing HCP and your supervisor. (The prescribing HCP in this situation also acts as the MAP Consultant.) Ultimately, you want the people you support to receive their medications as ordered by the HCP. Until you know why the person is refusing their medications and report the issue, the problem cannot be solved.

The meaning of, a person has the right to be given medication only as ordered by the HCP, is shown in this example:

Ellen Tracey has an order for a PRN medication to manage her anxiety. You will only administer the medication when she displays symptoms of anxiety, as described in her HCP order and/or Support Plan. A Support Plan, if needed, is an extension of a HCP order. Although Ellen communicates using simple words and short sentences, she cannot tell you when she is anxious. Her plan describes in detail what you will observe when she experiences anxiety so that you will know exactly when to administer the medication. Administering PRN anti-anxiety medication for symptoms other than those described in her HCP order and/or Support Plan is not allowed.

At times, the instructions included in a HCP order regarding how and/or when to administer a medication are so lengthy that the order is written in the format of a Protocol or a Support Plan. A Protocol is typically seen when the reason the medication is ordered is to lessen a physical symptom, such as a seizure protocol which gives instructions for the use of an anti-seizure medication when a person experiences a seizure. A Support Plan is typically seen when the reason the medication is ordered is to help lessen a behavior.
Ellen Tracey Support Plan
Anxiety Management

Specific behaviors that show us Ellen is anxious:

1. Biting hands for more than 4 minutes
2. Head slapping for longer than 30 seconds or more than 5 times in 4 minutes
   A. Staff will attempt to talk to Ellen in one on one conversation regarding current feelings and difficulties
   B. Staff will attempt to direct and involve Ellen in a familiar activity such as laundry, meal preparation, etc.

If unsuccessful with A and B, the Ativan may be administered.

Ativan 0.5mg once daily as needed by mouth; must give at least 4 hours apart from regularly scheduled Ativan doses. (Refer to HCP order)

If anxiety continues after the additional dose, notify HCP.

HCP signature: Shirley Glass MD 2/1/yr

Posted: Sam Dowd 2-1-yr 4pm
Verified: Linda White 2-1-yr 4pm

Review the support plan and answer the following questions.

1. What is the reason the PRN Ativan is ordered? __________________________

2. If Ellen was crying and attempted to hit you, could you administer the PRN Ativan? __________________________

3. What would you do if after the PRN medication was administered, Ellen continued slapping her head and biting her hands? __________________________
Let’s Review

- Contact a person’s HCP for health related issues, concerns or questions
- MAP Consultants are available 24 hours a day, 7 days a week to answer medication questions and/or provide technical assistance regarding medication
- MAP Consultants are a
  - HCP
  - Registered Pharmacist
  - Registered Nurse
- Your Supervisor must be informed anytime the MAP consultant has been contacted
- To recognize changes staff must learn about the people they support
- Medication Administration Principles include
  - Mindfulness
  - Supporting abilities
  - Communication
- Everyone has the right to be treated with dignity and respect
Unit 2

Observing and Reporting

Responsibilities you will learn

- The difference between objective and subjective observations
- When changes observed in a person should be reported
- How to accurately report the changes you observe
- How to correct a documentation error

Observation is the process of watching someone carefully in order to obtain information. You have such close day to day contact with the people you support; you will quickly become familiar with a person’s daily routine, their habits; their likes and dislikes and may be the first staff to observe a change.

Observing, reporting and documenting physical and behavioral changes are your responsibility. These responsibilities are essential to the healthcare a person receives. Observations are either objective or subjective.

**Objective observation** is factual information you will see, hear, feel, smell or measure.

- **See**
  - Examples
    - Redness
    - Bruising
    - Scratch
    - Swelling
    - Seeing a person fall and bump their head

- **Hear**
  - Examples
    - Crying
    - Coughing
    - Sneezing
    - Moaning

- **Feel**
  - Examples
    - Warmth
    - Coolness
    - Dryness
    - Moist

- **Smell**
  - Examples
- Body odor

- Measure
  - Examples
    - Number of hours a person sleeps
    - How long a seizure lasts
    - How much liquid a person drinks
    - How many pounds a person weighs
    - Vital Signs (blood pressure, temperature, pulse, respiration)

**Subjective observation** is when you work with a person who speaks or signs and they tell you how they are feeling.

- Examples
  - ‘I have a headache’
  - ‘My throat hurts’
  - ‘I’m sad’
  - ‘I’m tired’

Label each observation as objective (O) or subjective (S):

1. ___ Frowns getting off the van
2. ___ Limping
3. ___ David states he has ‘sharp pain’
4. ___ Right knee is swollen, red and warm to touch
5. ___ David states ‘My knee still hurts’

**Reporting**

Reporting is to give spoken or written information of something observed or told. You are responsible for reporting any changes, physical or behavioral, you notice. Report the facts. Do not guess at what you think the issue might be. The more details you report about what you see, hear, feel, smell or measure (objective observation) in addition to how the person says they are feeling (subjective observation) the better the HCP can determine the most appropriate treatment.

The quality of healthcare a person receives is only as good as the information you report to the HCP. When you report changes, follow up the next time you are working to see what action was taken.
When reporting physical and behavioral changes the expectation of who contacts the HCP varies from Provider to Provider, do you

- Call your Supervisor first for further directions?
- Contact the HCP directly, report the change, make an appointment if needed, and then call your Supervisor after?
- Contact someone else before your Supervisor?

Ask your Supervisor who is responsible for contacting the HCP to report changes observed in the people you support at your work location.

There are two types of reporting:

- **Everyday reporting**
- **Immediate reporting**

**Everyday reporting** typically occurs between staff present at shift change. Outgoing staff are expected to provide incoming staff with information in regard to basic household details such as a grocery list has been started as well as ongoing medication administration details they should be aware of and/or follow up on such as:

- ‘PRN Ativan was administered to Ellen Tracey 30 minutes ago. Later in the shift, a medication progress note is needed documenting the response to the medication.’
- ‘Tanisha Johnson went to the dentist today. Look at her HCP orders. An antibiotic was ordered. Her first dose will be at 4pm. The medication is a liquid and is locked in the refrigerator.’

Ask your Supervisor how information is shared between shifts, such as how new HCP orders are communicated if there is no staff present when you arrive for your shift.
**Immediate reporting** is reporting without delay as soon as possible after a change is observed. Immediate reporting may prevent a small change observed from becoming a major health issue and allows the appropriate treatment to be ordered as quickly as possible.

Examples:
A runny nose could be a symptom of allergies or a symptom of a sinus infection. A slight cough could be a symptom of a cold or a symptom of pneumonia (severe lung infection).
There are many people you will speak with to report information immediately, such as:

- **911 when a**
  - person falls and cannot get up
  - person complains of chest pain, has difficulty breathing or is choking
  - person is unresponsive
  - MAP Consultant recommends you hang up and call 911

- **Poison control when a**
  - person ingests a foreign substance such as laundry detergent
  - MAP Consultant recommends you hang up and call poison control

- **A MAP Consultant when**
  - an occurrence (error) is made when administering medication
    - For example:
      - Tegretol 400mg is ordered and Tegretol 600mg is administered
    - the medication received from the pharmacy seems different from the HCP order
      - Even if other staff have administered it
    - you notice the medication is different in color, size, shape and/or markings from the last time it was obtained
    - you are not able to administer the medication based on the strength of medication received from the pharmacy
      - For example:
        - The dose ordered is 50mg and you receive a 100mg strength tablet from the pharmacy

- **The HCP who prescribed medication when**
  - medication is refused
  - medication is not available from the pharmacy
  - there are no refills left
  - a medication parameter (guideline) for HCP notification has been met
For example:
- A HCP order states, ‘If pulse is below 56, do not give the medication and contact the HCP.’
  - a MAP Consultant recommends you hang up and call the HCP
  - an order is missing the person’s name, medication, dose, frequency, route or the date and the HCP signature

- Your Supervisor when
  - there is a math error in the Countable Controlled Substance Book, typically known as a Count Book
  - the shift count pages in a Count Book are almost full
  - the Count Book binding is loose
  - a medication seems to be tampered with
  - the medication is low and you are unsure if a refill has been ordered
  - you cannot locate a medication to administer

A Countable Controlled Substance Book, a method used to track certain medications, is typically referred to as a Count Book. For training purposes, the term Count Book will be used.

Make sure all of your questions are answered by the person you contacted and document the conversation including

- your question or concern
- the response given to you
- the name of the person you contacted
- date, time and your full name
Review the narrative note regarding David’s knee pain.

<table>
<thead>
<tr>
<th>Name of Individual</th>
<th>David Cook</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>DATE</strong></td>
<td><strong>TIME</strong></td>
</tr>
<tr>
<td>3/3/yr</td>
<td>3PM</td>
</tr>
<tr>
<td>3/3/yr</td>
<td>3:15PM</td>
</tr>
<tr>
<td>3/3/yr</td>
<td>4:15pm</td>
</tr>
<tr>
<td>3/3/yr</td>
<td>4:45pm</td>
</tr>
</tbody>
</table>

Place a checkmark next to the most complete information to report to the HCP.

1. ___ David’s osteoarthritis has been bothering him. His knee is red, swollen and painful. He has received Ibuprofen for the pain.

2. ___ David has injured his knee. He is limping because his knee hurts; it is red, swollen and warm to touch.

3. ___ David has received Ibuprofen and states his right knee still hurts. It is warm to touch, red and swollen. He is limping.

4. ___ David states he has, ‘sharp pain’ when he bends his right knee. He frowns getting off the van and is limping. His right knee is now red, warm to touch and swollen. He has received Ibuprofen 400mg for right knee pain and his symptoms continue.
### Documentation

Documentation should tell a story from beginning to end whether an issue takes a day, many days or weeks to resolve.

When documenting:

- Use ink
- Write
  - Clearly
  - In complete sentences
- Include
  - Date
  - Time
  - Your full name

You will be documenting medication administration on the front side of a medication administration sheet; however, there are times when additional documentation is required.

Additional medication related documentation is typically written on a medication progress note form; usually on the backside of a medication administration sheet. Medication progress notes are kept in a medication book. When documenting using a medication progress note, use as many lines as needed.

#### Name  Juanita Gomez  MEDICATION PROGRESS NOTE

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Medication</th>
<th>Dose</th>
<th>Reason (for giving/not giving)</th>
<th>Results and/or Response</th>
<th>Staff Signature</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/3/yr</td>
<td>8pm</td>
<td>Magnesium Hydroxide</td>
<td>1200mg</td>
<td>X</td>
<td>Third day with no BM</td>
<td>Serena Wilson</td>
</tr>
<tr>
<td>3/3/yr</td>
<td>11pm</td>
<td>No BM as of 11pm</td>
<td>Night staff will continue to monitor.</td>
<td>See 3/3/yr 11pm entry below</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3/4/yr</td>
<td>8am</td>
<td>No BM overnight. Dr. Jones notified. Telephone order taken to give magnesium hydroxide tonight if there is still no BM by 8pm. If the medication is administered and there is still no BM, call Dr. Jones tomorrow morning. See HCP order.</td>
<td></td>
<td></td>
<td>Timothy Miller</td>
<td></td>
</tr>
<tr>
<td>3/4/yr</td>
<td>3:30pm</td>
<td>Had a large bowel movement.</td>
<td></td>
<td></td>
<td>Serena Wilson</td>
<td></td>
</tr>
</tbody>
</table>
If a health issue is chronic (ongoing) such as constipation for which there is a PRN medication prescribed, documentation in the medication progress notes helps keep track of how often the PRN medication is needed and if it has any effect.

This is key information for a HCP, for example, if the HCP knows that Juanita is receiving PRN magnesium hydroxide on an ongoing basis over a period of time, a daily bowel medication may be considered in an effort to reduce PRN magnesium hydroxide use.

You may work in a location that uses a separate form to document additional medication information instead of a medication progress note form. In this situation, additional medication or health related documentation may be written on progress notes, sometimes called narrative notes, which are filed in the person’s confidential record.

<table>
<thead>
<tr>
<th>NARRATIVE NOTES</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Name of Individual</strong></td>
</tr>
<tr>
<td><strong>DATE</strong></td>
</tr>
<tr>
<td>3-3-yr</td>
</tr>
<tr>
<td>3-3-yr</td>
</tr>
<tr>
<td>3-4-yr</td>
</tr>
<tr>
<td>3-4-yr</td>
</tr>
</tbody>
</table>

Medication sheets, medical progress notes, narrative notes and HCP orders, etc. are legal documents. If you make a documentation error, never use ‘white-out’, mark over or erase the error; this can be viewed as an attempt to hide something.

To correct a documentation error:
- Draw a single line through the error
- Write ‘error’
- Write your initials
  - Then document what you meant to write the first time
    - For example, see the medication progress note and/or the narrative note entries dated 3-4-yr at 3:30pm
Let’s Review

- Knowing the people you support will help you recognize when there is a change
- Subjective information is what a person tells you
- Objective information can be seen, heard, felt, smelled or measured
- All changes must be reported
- Reporting immediately decreases the chances a health issue may become worse
- A HCP uses the information reported by staff to determine if treatment and medication are needed
- Health related issues are documented from beginning to end
Unit 3

Medications

Responsibilities you will learn

- The purpose of medications
- Medication categories
- Medication outcomes
- Medication information resources

Medications are substances that when put into or onto the body will change one or more ways the body works. Medications are used to treat illness, disease, pain or behavior. When a medication is prescribed the goal is that the person’s symptoms will lessen and their quality of life will improve.

You will learn how to administer medications safely, following the same steps each time you administer a medication; this will help you to safely administer medication to the people you support.

Brand and Generic

Medications are known by their brand name and/or generic name. Typically, all medications have a brand and a generic name.

**Brand** name medications are created and made by a specific pharmaceutical company. When a pharmaceutical company creates a medication they are allowed to name it. Examples of brand name medications are Tylenol, Advil and Prozac.

**Generic** medications are known by their chemical name and are manufactured by many different pharmaceutical companies. Generic medication is similar to its brand name medication but is less expensive; the name is different and may have a different color, marking, shape and/or size. Examples of generic name medications are acetaminophen, ibuprofen and fluoxetine.

When the HCP writes a prescription for a brand name medication and the generic medication is supplied by the pharmacy, you will see the generic name of the medication and the letters ‘IC’ near the brand name of the medication printed on the pharmacy label.

‘IC’ is an abbreviation for ‘interchange’. This means the generic name medication was supplied by the pharmacy in place of the brand name medication.
Review the pharmacy labels. Fill in the generic medication supplied.

<table>
<thead>
<tr>
<th>Rx#</th>
<th>Pharmacy Information</th>
<th>Prescription Details</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>138</td>
<td>Greenleaf Pharmacy</td>
<td>Lisinopril 20 mg IC Zestril Qty. 60</td>
<td>Take 2 tablets by mouth one time a day in the morning. Hold if systolic blood pressure is below 100 and notify HCP. Dr. Black Lot# 269 ED: 1/31/yr Refills: 2</td>
</tr>
<tr>
<td>174</td>
<td>Greenleaf Pharmacy</td>
<td>Omeprazole 20 mg IC Prilosec Qty. 30</td>
<td>Take 1 tablet by mouth once a day before supper Dr. Black Lot# 1436 ED: 6/30/yr Refills: 2</td>
</tr>
<tr>
<td>140</td>
<td>Greenleaf Pharmacy</td>
<td>Ibuprofen 400 mg IC Motrin Qty. 90</td>
<td>Take 1 tablet by mouth every eight hours as needed for right knee pain. If symptoms continue for more than 48 hours notify HCP. Dr. Black Lot# 745 ED: 8/31/yr Refills: 2</td>
</tr>
</tbody>
</table>
Medication Schedules

All prescription medications are known as controlled substances. This means a prescription from a HCP is required to obtain the medication from a pharmacy.

Controlled substances are placed into schedules. The schedules are numbered; II, III, IV, V and VI. The schedule a substance is placed in is based on its abuse potential, and when abused, its chance of causing dependence.

Medication Categories

There are three categories of medications:

- Controlled (Schedule VI)
- Countable Controlled (Schedule II-V)
- Over-the-Counter (OTC)

Controlled (Schedule VI) Medication

Controlled medications require a prescription, written by the HCP, in order to obtain the medication from a pharmacy. The pharmacist uses the information on the prescription to prepare and label the medication. Examples of controlled medications include antibiotics (amoxicillin), antidepressants (Prozac) and antipsychotics (Haldol).

Controlled medication requirements include:

- A HCP order for administration
- Labeled and packaged by the pharmacy
  - In a bottle or
  - May be in a tamper resistant package
- Secured in a locked area
- Tracked using a
  - Medication Ordering/Receiving log and
  - Medication sheet
    - Where the medication is documented after administration
  - Transfer Document
  - DPH Disposal Record

Additional training is required specific to certain ‘high alert’ controlled and countable controlled medications as identified by DPH. High alert medications include Coumadin, Clozaril (schedule VI) and Suboxone (schedule II-V). See MAP Policy Section 08.
Ask your supervisor if anyone has HCP orders for ‘high alert’ medication at your work location.

DPH periodically identifies some Schedule VI medications as having a high risk of abuse potential, with the expectation they be tracked closely as if they were a countable controlled medication.

Ask your supervisor if anyone has HCP orders for ‘high risk’ for abuse Schedule VI medication at your work location and if so, how they are tracked.

**Countable Controlled Medication (Schedule II-V)**

Countable controlled medications require a prescription, written by the HCP, in order to obtain the medication from a pharmacy. The pharmacist uses the information on the prescription to prepare and label the medication.

The pharmacy must also add an ‘identifier’ on the package of the countable controlled medication to alert you to the fact that it is a countable controlled medication, such as a ‘C’ stamped on the package, an Rx (prescription) number that may start with a ‘C’ or an ‘N’ or the package itself may be color coded.*

*Pharmacy “identifier” examples:
Schedule II-V substances are sometimes called narcotics. Examples of countable controlled medications include prescription pain relievers (Percocet, Vicodin) or antianxiety medication (Ativan).

Due to the high risk for these medications to be stolen and abused, countable controlled medications have additional security measures in place.

Countable controlled medication requirements include:

- A HCP order for administration
- Labeled and packaged by the pharmacy in a
  - Tamper resistant package
    - The reason for this type of packaging is to decrease the chance that the medication inside is replaced with a different medication
    - With an identifier
- Secured in a double locked area
  - A lock within a lock
    - The reason for a double locked storage area is to maintain medication security
- Tracked using a
  - Medication Ordering/Receiving log
  - Count Book
    - Added into a Count Book as medications come into the program
    - Subtracted from a Count Book as medications are removed from the package or transferred
  - Medication sheet
    - Where the medication is documented after administration
  - Transfer Document
  - DPH Disposal Record
- Counted every time the medication storage keys change hands
  - Counting this frequently ensures medications are secure and
    - Protects you from being accused of mishandling or misusing medication
    - Assists you in adhering to laws, regulations and policies

If controlled substances, countable controlled substances or the paper copy of prescriptions are stolen, an investigation will follow with probable police involvement.

Ask your supervisor how the pharmacy identifies countable controlled medication at your work location.
Over-the-Counter (OTC) Medication

Over-the-Counter (OTC) or nonprescription medication may be purchased from a pharmacy without a prescription from the HCP; however, MAP requires that all OTC medications be labeled by the pharmacy, with some possible exceptions*. This means that you must ask the HCP to write a prescription for all OTC medications so that the pharmacy will prepare and label the medication. Examples of OTC medications include nonprescription pain relievers (Tylenol, Advil) or allergy medication (Benadryl).

OTC medication requirements include:
- A HCP order for administration
- Packaged by the pharmacy
  - In a bottle or may be in a
  - Tamper resistant package
- Labeled by the pharmacy*
- Secured in a locked area
- Tracked using a
  - Medication Ordering/Receiving log and
  - Medication sheet
  - Where the medication is documented after administration
  - Transfer Document

*For details regarding over-the-counter medication labeling requirements and any additional training requirements, see MAP Policy Section 06.

Neither sunscreen nor insect repellant require a HCP order.

In addition to the three categories of medications there are Dietary Supplements.
Dietary Supplements

Dietary supplements are products that contain dietary ingredients such as vitamins, minerals, herbs or other substances. Unlike medication, dietary supplements are not pre-approved by the government for safety or effectiveness before marketing. Dietary supplements may be purchased from a pharmacy without a prescription from the HCP however; MAP requires that all dietary supplements be labeled by the pharmacy, with some possible exceptions*. This means that you must ask the HCP to write a prescription for all dietary supplements so that the pharmacy will prepare and label the supplement. Examples include multivitamins, fish oil and shark cartilage.

Dietary supplement requirements include:

- A HCP order for administration
- Packaged by the pharmacy
  - In a bottle or may be in a
  - Tamper resistant package
- Labeled by the pharmacy*
- Secured in a locked area
- Tracked using a
  - Medication Ordering/Receiving log and
  - Medication sheet
  - Where the medication is documented after administration
  - Transfer Document

*For details regarding dietary supplement labeling requirements and any additional training requirements, see MAP Policy Section 06.

Nutritional Supplements

Nutritional supplements are ‘conventional’ food items such as Ensure, gastric tube feedings or Carnation Instant Breakfast; they are not medications and do not fall under MAP.
For your general information, to know if a product is an OTC medication, a dietary supplement or a nutritional supplement, look at the manufacturer’s label.

Over-the-counter medications have a Drug Facts label.

Dietary Supplements have a Supplement Facts label.

'Conventional' Foods have a Nutrition Facts label.
Look at the manufacturer’s label for each product. Determine if the product is an OTC medication, dietary supplement or nutritional supplement and answer the corresponding questions.

1. This product is a(n)
   a. Dietary Supplement
   b. OTC Medication
   c. Nutritional Supplement

2. Is a HCP order required for administration? ________

3. Is a pharmacy label required for administration? _____

4. Is the product transcribed onto a medication sheet? __

---

### Drug Facts

**Active Ingredients**
- **Melatonin Br 3 mg**
  - Purpose: Sleep aid
  - Acute insomnia

**Warnings**
- Not recommended for children under 12 years of age.
- May cause drowsiness. Do not drive or perform tasks requiring alertness.

**Directions**
- Take 1 capsule before sleep on an empty stomach.

**Other Information**
- Store in a cool, dry place.

### Supplement Facts

**Serving Size 1 Capsule**

<table>
<thead>
<tr>
<th>Amount Per Capsule</th>
<th>% Daily Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories 20</td>
<td></td>
</tr>
<tr>
<td>Calories from Fat 20</td>
<td></td>
</tr>
<tr>
<td>Total Fat 2 g</td>
<td>3%*</td>
</tr>
<tr>
<td>Saturated Fat 0.5 g</td>
<td>3%*</td>
</tr>
<tr>
<td>Polyunsaturated Fat 1 g</td>
<td>1%†</td>
</tr>
<tr>
<td>Monounsaturated Fat 0.5 g</td>
<td>1%†</td>
</tr>
<tr>
<td>Vitamin A 4520 IU</td>
<td>85%</td>
</tr>
<tr>
<td>Vitamin D 425 IU</td>
<td>10%</td>
</tr>
<tr>
<td>Omega-3 fatty acids 0.5 g</td>
<td>1%†</td>
</tr>
</tbody>
</table>

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Ingredients: Cod liver oil, gelatin, water, and glycerin.
Medication Outcomes

What happens or does not happen after a medication is administered is known as a medication outcome. When a medication is given it may cause any of the following outcomes:

- Desired Effect
- No Effect Noted
- Side Effects

**Desired effect** is when a medication does exactly what it was intended to do; the person experiences the beneficial results of the medication. For example: Tylenol is administered for a headache and the headache goes away or Dilantin is administered to control seizures and the person is seizure free.

**No effect noted** is when a medication is taken for a specific reason and the symptoms continue; no effects are noted from the medication. This could occur for one of two reasons.

1. The body will not respond to the medication and a different medication will need to be ordered. For example, erythromycin is ordered for an ear infection; the person has ear pain and a temperature of 100.2, after taking the medication for 2 days the person still has the same symptoms; ear pain and a temperature of 100.2. No effect was noted from the medication, the person continues to experience symptoms and the HCP must be notified.

2. The medication has not had enough time to work. For example, a person was started on a new antidepressant medication a week ago and is still experiencing symptoms of depression. Some medications take longer to work than other medications; in this case several weeks may be necessary for the person’s symptoms to improve.

When a new medication is started, you should document what you observe, even if there are no effects noted. This will help the HCP in determining if the medication is working as intended.

**Side effects** are results from a medication that were not wanted or intended even if the desired effect is achieved. Side effects are usually mild, and while they may be uncomfortable, are usually not severe enough for the HCP to discontinue the medication. For example, an antibiotic may cure an ear infection but it may also cause mild nausea, or a cold medicine may reduce a cough and runny nose but may also cause sleepiness.

Side effects range from minor to severe. If the side effect is more severe, it is called an adverse response to the medication. For example, if an antibiotic caused diarrhea and
vomiting, the HCP may consider discontinuing that medication and ordering a different one.

Adverse responses (severe side effects) to observe for include:

- **Allergic reaction:** the body’s immune system reacts to the medication as if it were a foreign substance. An allergic reaction is usually characterized by a rash which starts on the chest and spreads to the back, arms and then down the body, to the legs. An allergic reaction may happen at any time, even if the person has taken the medication in the past.

- **Anaphylactic reaction:** a severe, very dangerous, life threatening allergic reaction. An anaphylactic reaction happens very quickly and requires immediate medical attention, such as calling 911. An anaphylactic reaction is usually characterized by difficulty breathing, rash and changes in vital signs.

- **Paradoxical reaction:** when the response the person experiences is opposite of what the medication was intended to produce. For example, a medication is ordered to help a person relax and instead the person becomes restless.

- **Toxicity:** when a medication builds up in the body to the point where the body cannot handle it anymore; this can be life threatening. Toxicity is more common with certain medications than others. For example, even a very common medication, such as Tylenol, can be toxic. Many anti-seizure medications also have the ability to build up in the body causing toxicity. Typically, a person’s blood will be monitored for medication levels to ensure they are not toxic.

Medication Interactions

A medication interaction is a mixing of medications in the body which will either increase or decrease the effects and/or side effects of one or both of the medications; the more medications a person takes the greater the possibility of an interaction occurring. In addition to medications interacting with each other, medications can also interact with dietary supplements, other substances and certain foods.

Examples of medication interactions:

- If an antibiotic is taken with calcium, the calcium interacts with the antibiotic decreasing the effects of the antibiotic; this means the person will not get the beneficial result from the antibiotic.

- Vitamin K, often found in leafy green vegetables, interacts with warfarin sodium (a blood thinner) decreasing the effects of the warfarin sodium; this means the person will not get the beneficial result (for the blood to be thinned) from the warfarin sodium.

- If more than one pain medication is taken at a time, they can interact increasing the effects and/or side effects of either pain medication.
Alcohol, Nicotine and Caffeine

Substances such as alcohol, nicotine and caffeine have the ability to interact or interfere with the absorption of medication in the body. You must inform the HCP if any of the people you support use these substances.

Read the interaction section of the Tramadol medication information sheet. Circle what could happen if Tramadol is taken with an alcoholic drink.

Sample Medication Information Sheet

Tramadol: is an analgesic used to treat moderate to severe pain, chronic pain. Brand names for Tramadol are Conzip, Rybix, Ryzolt, Ultram, and Zytram

How to take: Oral tablets, take with or without food.

What to do if you miss a dose: Take as soon as possible unless it is one hour before the next dose. If so, skip the missed dose. Never double up on dose.

Side Effects: Vertigo, depression, seizures, headache, fatigue, hypotension, blurred vision, nasal congestion, nausea, anorexia, constipation, GI irritation, diarrhea, pruritus and urinary retention.

Interactions: Tell your HCP of all the medications you are taking. Do not use with St. John’s Wort. Using tramadol together with alcohol may increase side effects such as dizziness, drowsiness, confusion, and difficulty concentrating.

Contraindications: Hypersensitivity, acute intoxication with any CNS depressant, alcohol, asthma, respiratory depression.

Special Precautions: Monitor vital signs, if respirations are less than 12 withhold, track bowels, and check urinary output.

Overdose reaction: Serotonin syndrome, neuroleptic malignant syndrome: increased heart rate, sweating, dilated pupils, tremors, high B/P, hyperthermia, headache, and confusion.
Sensitivity to Medication

Each person may respond differently to the same medication. How a person responds depends on how sensitive they may or may not be to the medication. There are several factors which contribute to a person’s sensitivity to medication.

These factors include:
- Age
- Weight
- General health
- Medical history
- Use of other medications or dietary supplements

For example, a HCP would not necessarily order the same medication or dose of medication for a 100 pound woman as he would for a 275 pound man or a healthy 25 year old and an 85 year old with many health issues.

Medication Information

You are responsible to learn about the medications you administer and know the reason for administration. To monitor the person for effects of medication you must

- learn about the people you support including their medical conditions and medications prescribed
- read about each new medication before administering
- know where to find or how to contact medication information resources

Resources for medication information include

- the MAP Consultant
- the medication information sheet
  - supplied by the pharmacy for each medication dispensed
- a reputable online source
- a drug reference book

Ask your supervisor where the drug reference book is located or how to access the reputable online resource used at your work location.
Match the terms to the corresponding examples or actions required.

<table>
<thead>
<tr>
<th></th>
<th>Controlled Medication</th>
<th>A</th>
<th>Mild itching and rash occur after taking a new medication</th>
</tr>
</thead>
<tbody>
<tr>
<td>2.</td>
<td>Medication Sensitivity</td>
<td>B</td>
<td>A prescription is required to obtain it but does not require counting; schedule VI medication</td>
</tr>
<tr>
<td>3.</td>
<td>Anaphylactic Reaction</td>
<td>C</td>
<td>A 100 pound person becomes very sleepy after receiving a normal dose of ibuprofen</td>
</tr>
<tr>
<td>4.</td>
<td>No Effect Noted</td>
<td>D</td>
<td>Coumadin and Aspirin taken together cause a person’s gums to bleed</td>
</tr>
<tr>
<td>5.</td>
<td>Dietary Supplement</td>
<td>E</td>
<td>Medication is ordered to help calm a person, instead the person becomes restless</td>
</tr>
<tr>
<td>6.</td>
<td>Paradoxical Effect</td>
<td>F</td>
<td>Must be counted every time the keys change hands</td>
</tr>
<tr>
<td>7.</td>
<td>Countable Medication</td>
<td>G</td>
<td>Immediate 911 call required</td>
</tr>
<tr>
<td>8.</td>
<td>Toxicity</td>
<td>H</td>
<td>Mild upset stomach after receiving an antibiotic</td>
</tr>
<tr>
<td>9.</td>
<td>Side Effect</td>
<td>I</td>
<td>Tylenol is taken for back pain and the back pain goes away</td>
</tr>
<tr>
<td>10.</td>
<td>Desired Effect</td>
<td>J</td>
<td>The body stores up more medication than it can handle</td>
</tr>
<tr>
<td>11.</td>
<td>Allergic Reaction</td>
<td>K</td>
<td>Multivitamin</td>
</tr>
<tr>
<td>12.</td>
<td>Medication Interaction</td>
<td>L</td>
<td>An antibiotic is ordered for bronchitis; after 2 days the person is still coughing and has a fever</td>
</tr>
</tbody>
</table>
Let’s Review

- A medication has the ability to change one or more ways the body works
- Medications are known by their brand name and/or generic name
- Categories of medications are:
  - Controlled (Schedule VI)
  - Countable Controlled (Schedule II-V)
  - Over-the-Counter (OTC)
- Medication outcomes include:
  - desired effect
  - no effect noted
  - side effects
- Adverse responses are severe side effects
- Medications and dietary supplements have the ability to interact with each other, alcohol, nicotine, caffeine and certain foods, either increasing or decreasing the effect of the medication or dietary supplement or both
- The more medications and dietary supplements a person takes the greater the possibility of an interaction
- A HCP order is required to administer all medications and dietary supplements
- You are responsible to learn about the medications you administer
- You are responsible to know the reason a medication is ordered
Unit 4

Interacting with a Health Care Provider

Responsibilities you will learn

- A procedure to help ensure a successful HCP visit
- When medication reconciliation is required
- The process of taking a telephone order
- What is required to use an existing supply of medication when there is a dose change

Sometimes the changes you observe and report result in a HCP visit. There will be times when you will go with a person for a particular problem, issue or concern that you, other staff or the person want to discuss with the HCP or for their routine yearly physical examination.

A procedure to ensure that you are prepared with all the information and forms needed when accompanying a person to a medical appointment is as follows:

Prepare the Person for the Appointment

- Tell the person the date and time, when appropriate
- Discuss what is going to happen at the visit
- Follow any instructions ordered to prepare for the visit
  - For example
    - Pre-medications ordered prior to the appointment
    - Fasting, such as no food or fluid prior to the appointment
- Think About
  - Items to keep the person occupied
  - Encouraging the person to wear loose and comfortable clothing in the event the HCP needs to physically examine the person

Before leaving the program, make sure you have the following:

- Person's insurance card
- Copy of current medication sheets or a list of medications
- HCP Encounter/Consult/Order Form
  - The top portion is completed by program staff
    - Name of person
    - Date
    - Allergies
    - Reason(s) for visit
    - List of current medication, including dietary supplements and PRNs
    - Name of HCP
    - Signature of staff person completing the form
**HEALTH CARE PROVIDER ORDER**

<table>
<thead>
<tr>
<th>Name: David Cook</th>
<th>Date: June 1, yr</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Health Care Provider:</strong></td>
<td><strong>Allergies:</strong> No Known Allergies</td>
</tr>
<tr>
<td>Dr. Black</td>
<td></td>
</tr>
<tr>
<td><strong>Reason for Visit:</strong></td>
<td></td>
</tr>
<tr>
<td>David states that he has burning in his throat after eating.</td>
<td></td>
</tr>
<tr>
<td><strong>Current Medications:</strong></td>
<td></td>
</tr>
<tr>
<td>Zestril 40 mg by mouth once a day in the morning. Check blood pressure before administering medication. If systolic reading is less than 100, hold medication and notify HCP. Motrin 400 mg by mouth as needed every 8 hours for right knee pain. Notify HCP if right knee pain continues for more than 48 hours.</td>
<td></td>
</tr>
<tr>
<td><strong>Staff Signature:</strong></td>
<td><strong>Date:</strong> June 1, yr</td>
</tr>
<tr>
<td>Sam Dowd</td>
<td></td>
</tr>
</tbody>
</table>

**Health Care Provider Findings:**

**Medication/Treatment Orders:**

**Instructions:**

**Follow-up visit:**

**Lab work or Tests:**

**Signature:**

**Date:**

---

Each department, DDS, DMH and DCF uses standardized forms and/or tools or the forms used have required information that must be included relating to a HCP visit.

Ask your Supervisor what HCP visit forms are required specific to the people you support.
If another staff completes the paperwork, make sure you read it before leaving so you can tell the HCP why the visit was needed when you are asked.

Make sure you also have:

- Driving directions
- Money for parking, gas, food or drink
- Provider on-call information (in case you need to contact someone)
- Family/Guardian information
- Name of the pharmacy, telephone number and directions
- A charged cell phone

**When You Get to the Appointment**

- First, check in with the receptionist
  - Introduce yourself and the person you are accompanying
  - State the reason that you are there i.e. ‘David Cook has a 2pm appointment to see Dr. Black’
  - Discuss any accommodations the person may need in the waiting room

**During the Appointment**

- Assist the person, if needed
- Advocate, encourage participation and support abilities
  - Provide HCP Encounter/Consult/Order and other forms
  - Provide information to the HCP when asked
  - Communicate the reason for the visit
    - This is especially important when the person does not speak
  - If the person can speak about their health encourage them to do so
  - Redirect the HCP to the person you are assisting when the HCP asks questions so that they may answer whenever possible
    - Help the person to answer questions, if needed
  - Ask the HCP for answers to any questions the person or you have
  - Write down any information that is given to you that is not on the forms so that it can be communicated to others after the appointment

**Obtain the Written Results and Recommendations of the Appointment including:**

- HCP Encounter/Consult/Order Form
  - Make sure the HCP’s portion of the form is completed
    - HCP orders must include:
      - The 5 rights of medication administration
HCP orders are valid for 1 year. In DMH and DCF only, psychotropic medication orders must be updated at clinically appropriate intervals as determined by the prescribing HCP. See MAP Policy Section 13.

PRN medication orders must include specific target signs and symptoms and instructions for use including what to do if the medication is given and is not effective. See MAP Policy Sections 06 and 13.

- Prescription
  - If given a written prescription ensure it and the HCP order agree before leaving
    - Both must include the 5 rights of medication administration
  - The HCP may
    - send the prescription by fax or electronic prescription (e-prescribing) to the pharmacy
    - call the prescription into the pharmacy
    - give the prescription to
      - you to bring to the pharmacy
      - the person to bring to the pharmacy, if self-administering

- Sample medication may be received from a HCP and administered if the HCP labels the sample medication with the same information as on a pharmacy label and includes the HCP’s name and writes a HCP order for the sample medication
• Set up another appointment with the receptionist, if needed

Prescriptions may not be used in place of a HCP order. See MAP Policy Section 13.

**After the Medical Appointment**

- Ensure the pharmacy received the prescription
- Pick up new medications at the pharmacy or check on when the pharmacy will deliver the medication
- Bring back all forms, any prescriptions, HCP orders, and the next appointment card to give to the appropriate person
- Transcribe all medication orders on to the medication administration sheet
  - Post and Verify all orders
- Secure the medication
- Document the visit
- Communicate changes to all staff
Review the HCP order below and fill in the blanks.

HEALTH CARE PROVIDER ORDER

Name: David Cook
Date: June 1, yr

Health Care Provider: Dr. Black
Allergies: No Known Allergies

Reason for Visit: David states that he has burning in his throat after eating.

Current Medications:
Zestril 40 mg by mouth once a day in the morning. Check blood pressure before administering medication. If systolic reading is less than 100, hold medication and notify HCP.
Motrin 400 mg by mouth as needed every 8 hours for right knee pain. Notify HCP if right knee pain continues for more than 48 hours.

Staff Signature: Sam Dowd
Date: June 1, yr

Health Care Provider Findings:
Gastroesophageal reflux disease (GERD)

Medication/Treatment Orders:
Prilosec 20 mg by mouth once a day before supper

Instructions:
remain upright 30 minutes after eating

Follow-up visit:
1 month

Lab work or Tests:
None today

Signature: Richard Black, MD
Date: June 1, yr
Tanisha went to the dentist today. She received a new order for an antibiotic. You return to Tanisha’s home with a signed HCP order. Review the HCP order and complete the following exercise.

HEALTH CARE PROVIDER ORDER

<table>
<thead>
<tr>
<th>Name:</th>
<th>Date: Feb. 2, yr</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tanisha Johnson</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Health Care Provider:</th>
<th>Allergies:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Chen Lee</td>
<td>No known medication allergies</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Reason for Visit:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Complaining of soreness in back of mouth.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Current Medications:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phenobarbital 64.8mg once daily in the evening by mouth</td>
</tr>
<tr>
<td>Clonazepam 1mg twice daily at 8am and 4pm by mouth</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Staff Signature:</th>
<th>Date: Feb. 2, yr</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sam Dowd</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Health Care Provider Findings:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inflammation of gum-line on left side of mouth</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Medication/Treatment Orders:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amoxil Suspension 500mg every 12 hours for seven days by mouth</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Instructions:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Notify HCP if Tanisha continues to complain of mouth soreness after 72 hours.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Follow-up visit:</th>
<th>Lab work or Tests:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feb. 16, yr</td>
<td>None</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Signature:</th>
<th>Date: Feb. 2, yr</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Chen Lee</td>
<td></td>
</tr>
</tbody>
</table>

1. Circle the new medication order.
2. What is the dose ordered? __________________
3. What is the frequency ordered? __________________
4. Place a checkmark next to Tanisha’s current medications
5. Does Tanisha have any medication allergies? _________
People Who Manage Appointments Independently

When a person manages their medical appointments independently your responsibilities will vary depending on the person. Your responsibilities may include:

- Reminding the person of the upcoming appointment date and time
- Ensuring the person has all necessary documents, such as a HCP order form
- Reviewing with the person what needs to be discussed at the appointment
- Arranging transportation
- Reminding the person to obtain prescription refills

If the person does not bring back new valid orders and prescriptions, it is your responsibility to obtain them.

If going to the Emergency Room and/or Hospital

- Take the person’s
  - current medication list
  - insurance card
  - HCP Encounter/Consult/Order form
- Be prepared to tell Emergency Room (ER) and/or hospital staff why you are bringing the person to the ER and/or hospital.
- If you have any concerns about taking the person home (or to work/day program) after the visit, tell the ER and/or hospital staff and contact your supervisor before leaving the hospital.

After a hospital admission, before the person is discharged back to the program, medication reconciliation is required. Medication reconciliation is comparing the hospital discharge orders to the orders prior to admission; any discrepancies must be clarified with the HCP. An ER visit is not considered a hospital admission. See MAP Policy Section 13.

Medication reconciliation ensures new medication ordered during a hospital stay is not omitted when the person returns home. It also ensures medication that was discontinued during a hospital stay is not administered when the person returns home.
Discharge Orders/Medication Reconciliation (Sample Guide)

Medication reconciliation is the process of comparing an individual’s new medication orders to all of the medication orders that were in place prior to the new orders. This must be done during every transition of care (e.g., transferred to/from a health-care facility, hospital, nursing home, crisis stabilization unit or rehabilitation center, etc.).

Discharge (new) orders from the Health Care facility supersede (take the place of) prior existing orders. Any discrepancies identified must be immediately brought to the attention of the prescribing Health Care Provider (HPC). Document that the prescribing HCP has been notified.

Checklist

1. Before the individual is discharged from the Health Care Facility:
   - Obtain all HCP orders that were in place prior to the admission (from the individual’s home).
   - Obtain the new HCP medication orders being prescribed (using the Health Care Facility discharge orders.)
   - Compare the medications on the two sets of HCP orders (new and prior); bear in mind the 5 rights. Pay particular attention to dose and/or frequency changes for medications that appear on both sets of orders.
   - If there are discrepancies between the two sets of orders; review these with the HCP prior to discharge.
   - Be sure to obtain signed, dated, HCP orders. If there is more than one page of HCP orders, each page must be signed and dated by the HCP. Electronic Health Care Provider signatures are acceptable by the Departments. An electronic signature is a signature from a DEA compliant Electronic Medical Record (EMR) System or an image of the providers’ signature.
   - Obtain any new prescriptions or ensure that the pharmacy has been notified by the HCP of any new medication prescriptions.

2. Once the individual has returned home:
   - Notify the Primary Care Physician (PCP), and any other prescribing HCP, that the individual had a transfer of care.
   - Notify the PCP, and any other prescribing HCP, of any new or changed medication/treatment orders or previously ordered medications omitted from the Health Care Facility discharge orders.
   - Obtain from the PCP and any other prescribing HCP, orders to resume any previously scheduled medications/treatments that they want reordered (and are not on the new Health Care Facility discharge orders).
   - Obtain any newly prescribed medication from the pharmacy.
   - Transcribe, Post, and Verify Health Care Facility Discharge Orders and newly transcribed medications.
   - Communicate the changes to other involved in supporting the individual (e.g., coworkers, supervisor, day program staff, family members, etc.) according to agency policy.
Fax Health Care Provider Orders

It is preferred that fax orders be used in place of telephone orders. A fax order is a legal order. Ask the HCP to fax you a copy of the order (if your agency’s confidentiality policy permits this) to save time and help prevent errors. To protect the person’s confidentiality, wait at the fax machine for the transmission.

Telephone Health Care Provider Orders

HCP orders by telephone are allowed. A telephone order is documentation of instructions given by a HCP over the telephone. The instructions may include a newly ordered medication, a change to an existing medication order, or a non-medication order such as, to begin monitoring a person’s weight every week.

Telephone orders are sometimes necessary. For example, blood work results become available 3 hours after the HCP appointment. Based on those results the HCP determines a new medication or a medication change is needed and calls to give you a telephone order for the new medication.

When you take a telephone order:

- Record the order word-for-word on a HCP Telephone Order form
- Read back the information given to you by the HCP to confirm you recorded it accurately
- If you're having trouble understanding the HCP, ask another staff to listen in as you take the order
  - then have that staff read it back and sign the order too
- If you do not know how to spell a spoken word, ask the HCP to spell it
- Draw lines through any blank spaces in the order
- Make sure the HCP signs the original order within 72 hours
  - You may administer a medication while waiting for the signature for the first 72 hours

Provide the pharmacy contact information to the HCP you are speaking to, so the HCP will send a prescription that corresponds with the telephone order. Call the pharmacy to see if the prescription was received and when the medication will be ready for pick up or when it will be delivered.

Telephone orders are posted and verified twice:

- First when the order is initially obtained
- Again after the HCP has signed the order, ensuring there were no changes
Although MAP allows Certified staff to take a telephone order, some providers do not. Ask your supervisor if the provider you work for allows you to take a telephone order, if so, ask where the telephone order forms are kept at your work location.

<table>
<thead>
<tr>
<th>Sample HCP Telephone/Fax Order Form</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program address:</td>
</tr>
<tr>
<td>Date of telephone/fax order:</td>
</tr>
<tr>
<td>Name of person:</td>
</tr>
<tr>
<td>Discontinue:</td>
</tr>
<tr>
<td>New order:</td>
</tr>
<tr>
<td>Generic Name:</td>
</tr>
<tr>
<td>Brand Name:</td>
</tr>
<tr>
<td>Dose:</td>
</tr>
<tr>
<td>Frequency:</td>
</tr>
<tr>
<td>Route:</td>
</tr>
<tr>
<td>Reason for Medication/Change:</td>
</tr>
<tr>
<td>Special Instructions/Precautions (include instructions for common side effects):</td>
</tr>
<tr>
<td>If vital signs are required, list guidelines:</td>
</tr>
<tr>
<td>Date of next lab work (if any):</td>
</tr>
<tr>
<td>Physician Name (print):</td>
</tr>
<tr>
<td>Physician telephone number:</td>
</tr>
<tr>
<td>Physician fax number:</td>
</tr>
<tr>
<td>Staff Signature/Title:</td>
</tr>
<tr>
<td>Posted by:</td>
</tr>
<tr>
<td>Verified by:</td>
</tr>
<tr>
<td>Physician Signature:</td>
</tr>
<tr>
<td>Posted by:</td>
</tr>
<tr>
<td>Verified by:</td>
</tr>
</tbody>
</table>
Answer the following HCP Telephone Order questions.

1. Are MAP Certified staff allowed to take a telephone order? _________________

2. What must you do to ensure you have taken the telephone order correctly?
   ______________________________________________________________________

3. A telephone order must be signed by the HCP within how many hours? ______

4. May this medication be administered before the HCP signs the order? ______
Exhausting a Current Supply of Medication

If there is a new order to change the dose or frequency of a medication a person is currently on, it is acceptable to exhaust (use) the current supply of medication until the new prescription is filled. A directions change sticker may only be used for a maximum of 30 days. You must verify with the pharmacist that the supply of medication on hand may be used according to the new prescription directions. In addition, the following must be in place:

- A new HCP order reflecting the change
  - The old order will be marked as discontinued on the medication sheet
  - The new order is transcribed on to a medication sheet
- The medication strength on hand allows for easy administration
  - For Example:
    - A 10mg dose is increased to a 20mg dose
- The medication container has a ‘directions change’ sticker
  - A brightly colored sticker may be used in place of a directions change sticker
  - The sticker is placed close to but does not cover the pharmacy label directions
If you see a 'directions change' or brightly colored sticker on a medication container, you will know there is a new HCP order. This means the information between the new HCP order and the information on the old pharmacy label will not agree until a new label is applied by the pharmacy. See MAP Policy Section 13.

When the next refill is obtained, the pharmacy label must reflect the new HCP order.
Let’s Review

- Preparation before a HCP visit will help to ensure a successful appointment
- During a HCP appointment make sure
  - The person participates in the appointment and/or you advocate, as needed
  - New HCP orders
    - include the 5 rights of medication administration
    - are signed and dated by the HCP
      - electronic HCP signatures are acceptable
    - agree with prescriptions written
      - if a paper prescription is obtained
  - the HCP sent new prescriptions or prescription refill requests to the correct pharmacy
  - After the appointment ensure medications are obtained from the pharmacy
- If a person attends a HCP visit without your help and does not bring back new valid orders and prescriptions, it is your responsibility to obtain them
- Prescriptions may not be used in place of a HCP order
- Changes are communicated to all staff involved in the person’s care
- Basic information needed for an emergency room visit or hospital admission
  - reason for visit
  - current medication list
  - insurance card
  - HCP Encounter/Consult/Order form
- Medication reconciliation before a hospital discharge is required
- Fax orders are preferred instead of telephone orders
  - Telephone orders
    - must be posted and verified twice
    - may be administered without the HCP signature for 72 hours
    - must be signed by the HCP within 72 hours
- A current supply of medication may be exhausted if there is a dose change and the strength of the tablet allows for easy administration
- If you see a ‘directions change’ or brightly colored sticker on a medication container, you will know there is a new HCP order and you cannot rely on the information printed on the pharmacy label.
Unit 5

Obtaining, Storing and Securing Medication

Responsibilities you will learn

- The difference between a HCP order and a prescription
- What you do if the medication looks different from the last time it was obtained
- Where the medication storage keys are kept when in use and when not in use
- How to access the back-up set of medication keys

Obtaining Medication

A HCP order is required to administer medications and dietary supplements to people living at MAP registered programs. If there is no HCP order you may not administer the medication.

The HCP order is a set of instructions, from the HCP to the staff at the program, instructing the staff what medication the person is to receive and how it is to be administered.

A prescription must be written by the HCP for every medication ordered; this includes controlled, countable controlled, OTC medications and dietary supplements. A prescription is a set of instructions, from the HCP to the pharmacist, instructing the pharmacist what medication to prepare and how it is to be administered to the person. The pharmacist uses the information on the prescription to print a pharmacy label.

There are many ways the HCP can send the prescription to the pharmacy, such as:

- E-prescribe
- Fax
- Telephone
- A paper prescription can be handed to you or the person it is written for (if self-administering), to bring to the pharmacy.

Typically, the HCP will write the brand name of the medication on the order and the prescription. The pharmacy will supply the generic form of the medication. To ensure that the HCP order and pharmacy label agree, if the pharmacy supplies the generic form of the medication, the label must also include the brand name.

Review the HCP order and note the brand name medication that is circled. The generic medication is substituted by the pharmacy. The corresponding pharmacy label has both the generic and brand names circled.
HEALTH CARE PROVIDER ORDER

**Name:** David Cook  
**Date:** June 1, yr

**Health Care Provider:** Dr. Black  
**Allergies:** No Known Allergies

**Reason for Visit:**  
David states that he has burning in his throat after eating.

**Current Medications:**  
Zestril 40 mg by mouth once a day in the morning. Check blood pressure before administering medication. If systolic reading is less than 100, hold medication and notify HCP.  
Motrin 400 mg by mouth as needed every 8 hours for right knee pain. Notify HCP if right knee pain continues for more than 48 hours.

**Staff Signature:**  
Sam Dowd  
**Date:** June 1, yr

**Health Care Provider Findings:**  
Gastroesophageal reflux disease (GERD)

**Medication/Treatment Orders:**  
Prilosec 20 mg by mouth once a day before supper

**Instructions:**  
remain upright 30 minutes after eating

**Follow-up visit:**  
1 month  
**Lab work or Tests:**  
None today

**Signature:**  
Richard Black, MD  
**Date:** June 1, yr

---

**Rx#174**  
**Greenleaf Pharmacy**  
111-222-3434  
20 Main Street  
Treetop, MA 00000  
6/1/yr

David Cook  
Omeprazole 20 mg  
IC Prilosec  
Take one tablet by mouth once a day before supper  
Dr. Black

**Lot# 1436**  
**ED:** 6/1/yr  
**Refills:** 2
If the HCP orders a brand name medication and writes “brand only, no substitutions” on the prescription, the pharmacist will prepare the brand name medication and not the generic form.

Once the HCP orders a medication, the expectation is, the person will receive the medication as ordered. There must be a system in place to ensure the medication is obtained from the pharmacy in a timely manner.

For example:

- You must contact the pharmacy to ensure the prescription was received. Once the medication has been prepared by the pharmacy, you must
  - pick up the medication at the pharmacy or
  - confirm a date and time that the pharmacy will deliver the medication to the program

Every program must have a method for obtaining medication from the pharmacy. For example:

- You pick up new or refilled medication from the pharmacy
- The pharmacy delivers new or refilled medication to the home
- The pharmacy supplies automatic refills

Ask your Supervisor what method is used to obtain medication from the pharmacy at your work location.

If a new medication is ordered by the HCP and there is a delay in obtaining the medication from the pharmacy for any reason, such as when prior authorization is needed from an insurance company, if guardian consent is required or if an antipsychotic medication prescribed requires court approval under a Rogers Decision; you must contact the HCP immediately and obtain orders stating what should be done until the medication is obtained.
Antipsychotic medications are used to decrease symptoms of mental illness. These medications cause side effects.

In November 1983, the Massachusetts Supreme Judicial Court issued a decision that is called the ‘Rogers Decision’. This gave persons who take antipsychotic medications new rights. These rights help protect them from the overuse of these medications and are limited to a required maximum daily dose that a HCP can order.

Ask your Supervisor if there are HCP orders for antipsychotic medications requiring a Rogers Decision at your work location.
Pharmacy Label Requirements

Medication received from the pharmacy may be packaged in a plastic container, bottle or tamper resistant package, such as a blister pack. Whatever the packaging, it must be labeled by the pharmacy.

The pharmacy label must contain the following information:

1. Prescription Rx number (Rx is an abbreviation for medical prescriptions. It is used to obtain refills.)
2. Pharmacy name
3. Pharmacy telephone number (It is used to contact the pharmacy or a pharmacist.)
4. Name of the person
5. Date the medication was dispensed
6. Name of the medication
   a. Generic
   b. Brand
7. Strength of medication supplied (how much medication is in each tablet, capsule or mL supplied)
8. Total amount of medication dispensed (# of tablets, capsules or mLs in the container)
9. Amount of tablets, capsules or mLs to be administered
10. Route to administer the medication
11. Frequency to administer the medication
12. Special instructions
13. The HCP’s name
14. Lot number* (used to track medication in the event a medication is recalled or taken off the market for safety reasons)
15. Expiration date (the last date the medication may be administered). Typically, the words, expiration date are abbreviated on a label as ED or Exp. Examples of other words that may be printed on a pharmacy label instead of ‘expiration date’, include but are not limited to, ‘Discard After’ or ‘Use By’ followed by the date.
16. Number of refills (how many remaining times the medication may be obtained from the pharmacy)
Number the pharmacy label items below with the corresponding numbered (1-16) pharmacy label requirements listed on the previous page.

- Rx # C201
- Greenleaf Pharmacy 20 Main Street
- 111-222-3434
- 3/4/yr
- David Cook
- Tramadol 50mg
- IC Ultram Qty. 21
- Take 1 tablet by mouth every 8 hours for 7 days
- Take with water
- Dr. Black
- Lot # 776-5433 ED: 3/4/yr Refills: 0

*Often you learn about medication recalls on the news, if you do, contact the pharmacy with the medication lot number and follow the pharmacists’ recommendations.*
Answer the following questions by choosing the best response.

1. The expiration date on a pharmacy label is the
   A. ___ Date the pharmacy last filled the prescription
   B. ___ Date the prescription was purchased at the pharmacy
   C. ___ Last date the medication may be administered
   D. ___ Last date to call in a refill

2. The Rx # (number) is used to obtain a
   A. ___ New HCP order
   B. ___ Renewal of the prescription
   C. ___ Medication refill
   D. ___ Newly prescribed medication

3. There is a 7 day supply of medication available for a person; you need what information to refill this medication before it runs out?
   A. ___ Lot #
   B. ___ Generic name
   C. ___ Expiration date
   D. ___ Rx #

4. The pharmacy phone number can be used for many reasons. Check all that apply:
   A. ___ Determine when a medication will be delivered to the program
   B. ___ Call in refills
   C. ___ Determine when a medication will be available for pick up
   D. ___ Ask about possible medication interactions and/or side effects
   E. ___ Ask if the strength of tablet on hand may be used with a change in a medication order

Remember, it is your responsibility to learn about a medication before you administer it. The pharmacist and the medication information sheet are both excellent resources for medication information.
Ensuring the Pharmacy Provides the Correct Medication

One of your most important responsibilities is to ensure the pharmacy has supplied the medication as ordered by the HCP. As soon as the medication is obtained, compare the pharmacy label to the HCP order; both must agree.

Look at the medication. At times, the pharmacy will purchase the same medication from different pharmaceutical companies; depending on the pharmaceutical company used, the same medication might look different. If the medication is different in color, shape, size or markings from the last time it was filled you must contact the MAP Consultant before administering it.

If the strength of the tablet supplied by the pharmacy will not allow the correct dose to be administered you must return the medication to the pharmacy to obtain the correct strength. For example, the dose ordered is 75mg and the pharmacy provides 50 mg tablets.

Some pharmacy labels include a description of the medication on the container. If included, read the description of the medication and compare it to the medication in the container.

Also, you must check the strength of tablet supplied; it may have changed from the last time the medication was obtained.

A person has a HCP order for topiramate 100mg twice daily. The pharmacy had been supplying topiramate 25mg tablet (round and white) with instructions to give 4 tablets twice daily. When the following month’s refill was obtained, the pharmacy supplied topiramate 100mg tablet (round and pink), with instructions to give 1 tablet twice daily.

1. What could happen if you did not read the label closely to see the strength and amount had changed? __________________________________________

2. In addition to the label directions changing, what is different about the appearance of the tablet? ________________________________
When the pharmacy label directions change, for example, a different strength tablet was supplied; the current transcription on the medication sheet must be marked through to indicate that the transcription was rewritten to reflect the pharmacy label changes. See example below:

<table>
<thead>
<tr>
<th>Start</th>
<th>Generic</th>
<th>8/31/yr</th>
<th>Brand</th>
<th>Strength</th>
<th>Stop</th>
<th>Amount</th>
<th>Route</th>
<th>Cont.</th>
<th>Frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td>8/31</td>
<td>Lisinopril</td>
<td>8am</td>
<td>Zestril</td>
<td>10mg</td>
<td>3tab</td>
<td>30mg</td>
<td>mouth</td>
<td>Daily</td>
<td>Daily in the morning</td>
</tr>
</tbody>
</table>

**Special instructions:**
- Reason: High BP

---

**Tracking Medication**

After medication has been obtained from the pharmacy it must be documented as received into the program and tracked. All programs must maintain a record of when a prescription is filled and the quantity of medication dispensed by the pharmacy; this is documented using a Medication Ordering and Receiving Log. Medications are also documented and tracked using:

- Pharmacy receipts
- Count Book
- Medication sheets
- Medication release documents such as
  - Leave of Absence (LOA) form
    - when medication is administered away from a program
  - Transfer Form
    - when medication is moved from one location to another
- Disposal record
Medication Storage and Security

The following are medication storage requirements, including liquid and refrigerated medication:

- All medication is locked
- Countable medication must be
  - double locked
    - a lock within a lock
  - packaged in tamper resistant packaging
  - liquid countable medication must be packaged so that once used, the container is empty; you may not use a multi-dose bottle of a liquid countable medication
    - Some liquid countable medication is packaged by the manufacturer in the specific dose ordered; if not
      - the pharmacy must prepare a single dose of liquid countable medication into an oral dosing syringe and close with a tamper resistant seal.

- Only items required for medication administration may be stored in the locked medication area
- Medication must remain in the original, labeled, packaging received from the pharmacy
- Each person should have their own medication storage container with their name
- Medication taken by mouth should be separated from medication taken by other routes; this will help decrease the possibility of a medication being administered by the wrong route
- The medication storage/preparation area should have minimal distractions; this will help you to remain focused while preparing medication for administration
- Store medication away from
  - food and/or toxic substances such as household cleaners
  - excessive heat, moisture and/or light; these factors can result in the medication becoming less effective
Ask your Supervisor where medications requiring refrigeration are stored at your work location.

The medication storage keys must be carried by you if you are assigned medication administration duties for the shift. There must also be a back-up set of keys accessed through contact with administrative staff in the event there is an issue with the first set. See MAP Policy Section 10.

For example:

- There are two combination locked boxes located in the program
  - Each ‘box’ contains a set of medication keys
- The combination to the 1\textsuperscript{st} box is known only to MAP Certified staff in the program
- The combination to the 2\textsuperscript{nd} box is known only to administrative staff
- In the event there is an issue with the 1\textsuperscript{st} set of keys
  - MAP Certified staff calls the administrative staff for the combination
  - The combination must be changed afterwards by administrative staff

Ask your Supervisor how you access the backup set of keys at your work location, if needed.
Let’s Review

- A HCP order is required to administer all medication and dietary supplements
- The HCP must write a prescription for each medication and/or dietary supplement ordered
- The pharmacist uses the prescription to prepare and label medication
- Medication must remain in the packaging received from the pharmacy
- You must compare what is received from the pharmacy ensuring it agrees with what the HCP ordered
- When medication is received from the pharmacy, you must check the color, shape, size and/or markings of the medication; if different from the last time it was obtained a MAP Consultant must be contacted
- Check to see if the strength of the tablet received changed from the last refill
- All medications must be locked
- All countable medications must be
  - double locked
  - in tamper resistant packaging
  - tracked
  - counted
- Medication storage keys must remain on the person assigned medication administration duties for the shift
- Back up keys are accessed only through contact with administrative staff
Unit 6

Recording Information

Responsibilities you will learn

- The purpose of a medication sheet
- How to transcribe information from a HCP order and pharmacy label onto a medication sheet
- Acceptable abbreviations for use on a medication sheet
- How to “Post and Verify” a HCP order

To transcribe is to copy information from one document and record it onto another document, the completed document is a transcription. When a HCP order is written and medication is obtained from the pharmacy, the information from the HCP order and pharmacy label must be transcribed (copied) onto a medication sheet.
HEALTH CARE PROVIDER ORDER

Name: David Cook
Date: March 3, yr

Health Care Provider: Dr. Black
Allergies: No Known Allergies

Reason for Visit:
David states his 'head hurts' and he has had a runny nose for 2 days, temperature is 100.3

Current Medications:
Amoxil 500mg three times daily for 10 days by mouth
Also, see attached medication list.

Staff Signature:
Date: March 3, yr
Kay Mathers

Health Care Provider Findings:
Sinus infection

Medication/Treatment Orders:
DC Amoxil
EES 666mg three times daily for 10 days by mouth

Instructions:
Call HCP if temperature remains elevated above 100.3 for more than 48 hours

Follow-up visit:
Lab work or Tests:
None today

Signature:
Date: March 3, yr
Richard Black, MD

Pharmacy Label
Rx # 156
Greenleaf Pharmacy 111-222-3434
20 Main Street
Treetop, MA 09111 3/3/yr

David Cook
Erythromycin 333mg
IC EES Qty:60 Take 2
tables by mouth three times daily for 10 days

Lot # 14239 ED: 3/3/yr Refills: 0

Dr. Black

To transcribe a new medication order, you will be using the HCP order, the pharmacy label and the medication sheet.
**Abbreviations**

An abbreviation is a shortened form of a word or phrase. There are many abbreviations used in the health care profession however there are only a few abbreviations you are allowed to use in a MAP program. When transcribing onto a medication sheet, the following abbreviations are acceptable for use:

- Cont. - continue
- DC - discontinue
- am - morning
- pm - afternoon or evening
- cap - capsule
- tab - tablet
- gm - gram
- IU - international unit
- mcg - microgram
- mg - milligram
- mL - milliliter
- PRN - as needed

**True (T) or False (F)**

1. ___ Only acceptable abbreviations may be used on the medication sheet
2. ___ Each program may create their own list of acceptable abbreviations
3. ___ The abbreviation pm can indicate either afternoon or evening
4. ___ The abbreviation for milligram is mL
5. ___ PRN is the abbreviation for as needed

**The Medication Book**

A medication book typically contains:

- Emergency Fact Sheets (EFS)
- HCP Orders
- Medication Sheets
- Medication Information Sheets
### Medication Sheets

All HCP medication orders must be transcribed onto a medication sheet. The medication sheet is a document which tracks the administration of medications, for each person who has medication ordered. This is typically done on a monthly basis.

Each time you administer a medication, you will sign your initials on the medication sheet, documenting you have administered the medication as ordered. At the end of each month, the completed medication sheets are removed from the medication book and the new month’s medication sheets are inserted; the past month’s medication sheets are kept and filed.

Other terms used for a medication sheet include: med sheet, medication administration sheet, medication administration record (MAR) and/or medication log.

---

### MEDICATION ADMINISTRATION SHEET

<table>
<thead>
<tr>
<th>Start Generic</th>
<th>Brand</th>
<th>Strength</th>
<th>Dose</th>
<th>Stop Amount</th>
<th>Route</th>
<th>Frequency</th>
<th>Special instructions:</th>
<th>Reason:</th>
</tr>
</thead>
<tbody>
<tr>
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<td></td>
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<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Month and Year:** month yr  
**Allergies:**

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<table>
<thead>
<tr>
<th>Start Generic</th>
<th>Brand</th>
<th>Strength</th>
<th>Dose</th>
<th>Stop Amount</th>
<th>Route</th>
<th>Frequency</th>
<th>Special instructions:</th>
<th>Reason:</th>
</tr>
</thead>
<tbody>
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<td></td>
</tr>
</tbody>
</table>

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<table>
<thead>
<tr>
<th>Start Generic</th>
<th>Brand</th>
<th>Strength</th>
<th>Dose</th>
<th>Stop Amount</th>
<th>Route</th>
<th>Frequency</th>
<th>Special instructions:</th>
<th>Reason:</th>
</tr>
</thead>
<tbody>
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</tr>
</tbody>
</table>

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<table>
<thead>
<tr>
<th>Start Generic</th>
<th>Brand</th>
<th>Strength</th>
<th>Dose</th>
<th>Stop Amount</th>
<th>Route</th>
<th>Frequency</th>
<th>Special instructions:</th>
<th>Reason:</th>
</tr>
</thead>
<tbody>
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<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

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<table>
<thead>
<tr>
<th>Name:</th>
<th>CODES</th>
<th>Signature</th>
<th>Reason</th>
<th>Signature</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>DP-day program/day hab</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>LOA-leave of absence</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>P-packaged</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>W-work</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>H-hospital, nursing home, rehab center</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>S-school</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Accuracy Check 1** __________________ Date ___________ Time __________  
**Accuracy Check 2** __________________ Date __________ Time __________
A Detailed View of the Medication Sheet

The top of the medication sheet includes the:
- current month and year and
- allergies

<table>
<thead>
<tr>
<th>Start</th>
<th>Generic</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Brand</td>
</tr>
<tr>
<td></td>
<td>Strength</td>
</tr>
<tr>
<td>Stop</td>
<td>Amount</td>
</tr>
<tr>
<td></td>
<td>Route</td>
</tr>
</tbody>
</table>

The left side of the medication sheet has an area to write:
- Generic and brand medication names
- Strength of the medication
- Amount of medication to administer
- Frequency or how often the medication is to be administered
- Dose of the medication
- Route by which the medication is to be administered
- Start date
- Stop date

### Generic and Brand names

<table>
<thead>
<tr>
<th>Start</th>
<th>Generic</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Brand</td>
</tr>
<tr>
<td></td>
<td>Strength</td>
</tr>
<tr>
<td>Stop</td>
<td>Amount</td>
</tr>
<tr>
<td></td>
<td>Route</td>
</tr>
</tbody>
</table>
### Start and Stop Dates

A start date is the date the person receives the first dose of a medication. Start dates are used to monitor how long a person has been receiving a medication without any changes to the HCP order. If a person has been receiving a medication for a long time, without the HCP order changing, the start date may be several years old.

A stop date is used to identify the date when:
- The last dose of a time limited medication is administered; such as an antibiotic that is administered for only 7 days or
- If the medication is not time limited and will be given on an ongoing basis, the stop date is documented as ‘cont.’ (continue).

<table>
<thead>
<tr>
<th>Start date</th>
<th>Stop date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Month and Year: month yr</td>
<td>Month and Year: month yr</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Start Generic</th>
<th>Start Brand</th>
<th>Start Strength</th>
<th>Start Dose</th>
<th>Start Amount</th>
<th>Start Frequency</th>
<th>Stop Frequency</th>
<th>Stop Route</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hour 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
**Medication Grid**

The right side of the medication sheet is called the ‘grid’; each box in the grid is a ‘medication box’. The medication box is where you will document your initials after administering a medication. Your initials in a medication box means you have administered the medication as ordered.

Across the top of the grid are the numbers 1-31; these are the days of the month. Specific times will be written in the hour column to indicate when the medication is to be administered.

The reason for the medication (as noted in the HCP order) and/or any special instructions are written, under the medication grid.

<table>
<thead>
<tr>
<th>Month and Year: month, yr</th>
<th>Hour column</th>
<th>Days of the month</th>
<th>Medication box</th>
</tr>
</thead>
<tbody>
<tr>
<td>Start</td>
<td></td>
<td></td>
<td>Allergies: no known</td>
</tr>
<tr>
<td>Generic</td>
<td>1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Brand</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Strength</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dose</td>
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<td></td>
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<tr>
<td>Stop</td>
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<td></td>
</tr>
<tr>
<td>Amount</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Route</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Frequency</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Special instructions:  Reason:

Special instructions or parameters for use of the medication  Reason the medication is prescribed
The bottom of the medication sheet includes the:

- Person’s name
- Address
- List of acceptable ‘codes’ for use on the medication sheet
- Signature list
  - Each staff administering medications must initial and sign the signature list as a way to identify their initials with their full name. You will only need to initial and sign the signature list the first time you administer a medication located on the medication sheet.

- Accuracy Checks
  - Before the start of a new month 2 staff (preferably together) check the new month’s medication sheets for accuracy using the HCP orders and pharmacy labels.
    - Also review the current month’s medication sheets to ensure all transcriptions were copied onto the new medication sheets.

<table>
<thead>
<tr>
<th>Name and address</th>
<th>Acceptable codes</th>
<th>Staff initials</th>
<th>Staff signature</th>
</tr>
</thead>
<tbody>
<tr>
<td>CODES</td>
<td>Signature</td>
<td>Signature</td>
<td></td>
</tr>
<tr>
<td>Name:</td>
<td>DP-day program/day hab</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Site:</td>
<td>LOA-leave of absence</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>P-packaged</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>W-work</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>In-hospital, nursing home, rehab center</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>S-school</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Accuracy Check 1 __________________ Date ___________ Time __________ Accuracy Check 2 __________________ Date __________ Time __________

Acceptable Codes on a Medication Sheet

- DP-day program/day hab
- LOA-leave of absence
- P-packaged (used when a person packs their own pill organizer under staff supervision as part of a learning to self-administer medication program)
- W-work
- H-hospital, nursing home, rehab center
- S-school

Only acceptable codes may be used on the medication sheet to identify when a medication is administered at a location other than the person’s home or if the person is learning to self-administer their medication.
Recorded Information on a Medication Sheet: Transcription

Before you are able to administer a medication, the information from the HCP order and the pharmacy label must be transcribed onto the medication sheet.

The following information must be transcribed onto the medication sheet:

1. The month and year
2. The person’s name
3. Any known allergies or if none, write ‘none’ or ‘no known allergies’
4. Generic medication name
5. Brand medication name
6. Dose of the medication (copied from the HCP order)
7. Strength of the medication (copied from the pharmacy label)
8. Amount to be administered (copied from the pharmacy label)
9. Frequency the medication is to be administered
10. Route the medication is to be administered by
11. Start date
12. Stop date
13. Any special instructions or parameters for use
14. Reason for the medication

The allergy information on a medication sheet must be completed. Whether or not a person has allergies the allergy section on the medication sheet must be completed so that HCP’s and other staff will know this section was not overlooked.
Write the number on the medication sheet of the term on the previous page that corresponds with information to be transcribed, listed as numbers 1-14.

**Month and Year:** month, yr  
**MEDICATION ADMINISTRATION SHEET**  
**Allergies:**

| Start Generic | Brand | Hour 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
|--------------|-------|--------|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| Start Generic | Brand | Hour 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Start Generic | Brand | Hour 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Start Generic | Brand | Hour 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |

**Special instructions:**  
**Reason:**

**Start Generic | Brand | Hour 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |

**Name:**  
**CODES**  
**Signature**  
**Signature**

**Site:**  
DP-day program/day hab  
LOA-leave of absence  
P-packaged  
W-work  
H-hospital, nursing home, rehab center  
S-school

Accuracy Check 1 ______________ Date ______ Time _______  
Accuracy Check 2 ______________ Date ______ Time _______
Depending on the pharmacy used at your work location, you may see ‘pharmacy generated medication sheets’. Pharmacy generated medication sheets have all of the information from the HCP order and the pharmacy label already recorded on it by the pharmacy.

If your program uses pharmacy generated medication sheets, you are still responsible for verifying that all information is accurate by comparing the HCP order and the pharmacy label to what is printed on the pharmacy generated medication sheet.

When pharmacy generated medication sheets are utilized, if you are part way through the month and a new HCP order is written, you will need to transcribe the new HCP order onto a blank space on the pharmacy generated medication sheet and cannot rely on the pharmacy to complete the process. See MAP Policy Section 13.

**Frequency**

‘Frequency’ and the word ‘time’ are used interchangeably. Most HCPs will not order an actual time to administer the medication but instead will order how many times per day a medication is to be administered or the time between doses, for example:

- Twice daily
- Three times daily
- Once daily before bedtime
- Three times daily after meals
- Every 6 hours
- Every 12 hours
- PRN every 12 hours

HCP orders are written this way so that specific medication administration times may be chosen by your program based on a person’s daily schedule. Times will vary from program to program or person to person. Each program must have a medication administration time schedule. In general, unless otherwise indicated by the HCP, medication dose times should be scheduled at least 4 hours apart.

Ask your supervisor what the medication administration time schedule is specific to your work location.
HCP orders for ‘once daily’ medications must be further clarified to include which portion of the day the medication should be administered, such as:

- Once daily in the am (morning)
- Once daily after lunch
- Once daily before bedtime
- Once daily in the pm (afternoon or evening)

This ensures ‘once daily’ medications are given at an appropriate time of day. For example, some medications may cause sleepiness. Administering a medication that may cause sleepiness in the evening is a safer option than administering it in the morning.

Except for medications ordered PRN, a specific time must be written underneath the word “Hour” in the hour column, on the medication sheet. Do not use references to time such as breakfast, lunch, dinner or bedtime.

When writing times in the hour column, it is important to write the time in the appropriate hour box. It is best practice to write ‘am’ times in the top two boxes and ‘pm’ times in the bottom two boxes.

For example:

Sally’s HCP writes an order for Depakote 250 mg daily at bedtime by mouth. Sally’s typical bedtime is 9 pm. When transcribing the HCP order, remember that you must assign the medication administration time. The time is documented in the hour column on the medication administration record. In this example 9 pm is documented in the hour column to indicate Sally’s preferred bedtime using the bottom ‘pm’ hour box.
1. Tim’s HCP writes an order for Depakote 500 mg daily at bedtime by mouth. You will be transcribing the HCP order. Tim’s typical bedtime is 10pm. Document the time chosen in the hour column using the appropriate hour box.

<table>
<thead>
<tr>
<th>Hour</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
</tbody>
</table>

2. Andrew’s HCP writes an order for Omeprazole 20 mg daily thirty minutes before breakfast by mouth. You will be transcribing the HCP order. Andrew’s typical breakfast time is 8 am. Document the time chosen in the hour column using the appropriate hour box.

<table>
<thead>
<tr>
<th>Hour</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
</tbody>
</table>

Occasionally, the HCP may want a medication to be administered at a specific time, when this is the case, the HCP will order the specific time, such as:

- Once daily at 4pm
- Twice daily at 8am and 8pm

When the HCP order indicates a specific time, the specific time written in the HCP order is transcribed in the hour column on the medication sheet.
1. Kevin’s HCP writes an order for Aspirin 81mg daily at 4pm by mouth. You will be transcribing the order. Document the time in the hour column using the appropriate hour box.

<table>
<thead>
<tr>
<th>Hour</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
</tbody>
</table>

2. Mary Alice’s HCP writes an order for Depakote 250mg twice daily, at 8am and 8pm by mouth. You will be transcribing the order. Document the times in the hour column using the appropriate hour boxes.

<table>
<thead>
<tr>
<th>Hour</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
</tbody>
</table>

Remember, medication ordered PRN is an exception when transcribing in the hour column.

1. Joe’s HCP writes an order for Tylenol 650mg every 6 hours PRN headache by mouth. You will be transcribing the order. What will you document in the hour column?

<table>
<thead>
<tr>
<th>Hour</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
</tbody>
</table>
Match the term(s) to the corresponding definition.

1. **Start Date** | A. Used when a person is not home when the medication is scheduled to be given or if the person is learning to self-administer their medication.
2. **Special Instructions** | B. Placed in a medication box to indicate you have administered the medication as ordered.
3. **Hour Column** | C. The days of the month.
4. **Numbers 1-31** | D. Why the medication was ordered.
5. **Reason** | E. The date the person is scheduled to receive the first dose of a medication.
6. **Stop Date** | F. Location of the specific time a medication is to be administered.
7. **Staff Initials** | G. Guidelines or parameters specific to administration of the medication.
8. **Acceptable Codes** | H. The date when the last dose of a time limited medication is scheduled to be administered or if given continuously listed as ‘cont.’
Transcribing a New HCP Order

When transcribing a new HCP order onto the medication sheet, always start with the first order written. Complete each new order without skipping orders in the process; this will help to ensure all orders are transcribed.

David Cook has been seen by the HCP, orders have been written and medication obtained from the pharmacy; and the date is March 3rd, yr. at 1pm. Review the following demonstration of how the information from the HCP order and pharmacy label is transcribed onto medication sheet.

**HEALTH CARE PROVIDER ORDER**

<table>
<thead>
<tr>
<th>Name:</th>
<th>Date: March 3, yr</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Care Provider:</td>
<td>Dr. Black</td>
</tr>
<tr>
<td>Allergies:</td>
<td>No Known Allergies</td>
</tr>
<tr>
<td>Reason for Visit:</td>
<td>David states his ‘head hurts’ and he has had a runny nose for 2 days, temperature is 100.3</td>
</tr>
<tr>
<td>Current Medications:</td>
<td>Amoxil 500mg three times daily for 10 days by mouth</td>
</tr>
<tr>
<td></td>
<td>Also, see attached medication list.</td>
</tr>
<tr>
<td>Staff Signature:</td>
<td>Sam Dowd</td>
</tr>
<tr>
<td>Date:</td>
<td>March 3, yr</td>
</tr>
<tr>
<td>Health Care Provider Findings:</td>
<td>Sinus infection</td>
</tr>
<tr>
<td>Medication/Treatment Orders:</td>
<td>DC Amoxil</td>
</tr>
<tr>
<td></td>
<td>EES 666mg three times daily for 10 days by mouth</td>
</tr>
<tr>
<td>Instructions:</td>
<td>Call HCP if temperature remains elevated above 100.3 for more than 48 hours</td>
</tr>
<tr>
<td>Lab work or Tests:</td>
<td>None today</td>
</tr>
<tr>
<td>Signature:</td>
<td>Richard Black, MD</td>
</tr>
<tr>
<td>Date:</td>
<td>March 3, yr</td>
</tr>
</tbody>
</table>

Posted by: Date: Time: Verified by: Date: Time:
The first HCP order written states “DC Amoxil”.

**Discontinuing a Medication**
Discontinuing (DC) a medication on the medication sheet is a three step process:

1. Cross out all open boxes on the medication sheet, next to where the medication is scheduled to be given; xxxxx’s or a straight line ——— may be used.

<table>
<thead>
<tr>
<th>Month and Year: March, yr</th>
<th>MEDICATION ADMINISTRATION SHEET</th>
<th>Allergies: none</th>
</tr>
</thead>
<tbody>
<tr>
<td>Start Generic</td>
<td>Amoxicillin</td>
<td>Hour 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31</td>
</tr>
<tr>
<td>2/28/yr Brand</td>
<td>Amoxil</td>
<td>8 am</td>
</tr>
<tr>
<td>Strength 250mg</td>
<td>Dose 500mg</td>
<td>500mg</td>
</tr>
<tr>
<td>Stop Amount 2 tabs</td>
<td>Route mouth</td>
<td>8 pm</td>
</tr>
<tr>
<td>3/10/yr Frequency</td>
<td>Three times daily</td>
<td>8 pm</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Reason: sinus infection</td>
</tr>
</tbody>
</table>

2. Draw a diagonal line through the left side, written portion, of the medication sheet and document: DC, the date and your initials.

<table>
<thead>
<tr>
<th>Month and Year: March, yr</th>
<th>MEDICATION ADMINISTRATION SHEET</th>
<th>Allergies: none</th>
</tr>
</thead>
<tbody>
<tr>
<td>Start Generic</td>
<td>Amoxicillin</td>
<td>Hour 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31</td>
</tr>
<tr>
<td>2/28/yr Brand</td>
<td>Amoxil</td>
<td>8 am</td>
</tr>
<tr>
<td>Strength 250mg</td>
<td>Dose 500mg</td>
<td>500mg</td>
</tr>
<tr>
<td>Stop Amount 2 tabs</td>
<td>Route mouth</td>
<td>8 pm</td>
</tr>
<tr>
<td>3/10/yr Frequency</td>
<td>Three times daily</td>
<td>8 pm</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Reason: sinus infection</td>
</tr>
</tbody>
</table>

3. Draw a diagonal line through the right side, grid section, of the medication sheet and document: DC, the date and your initials.

<table>
<thead>
<tr>
<th>Month and Year: March, yr</th>
<th>MEDICATION ADMINISTRATION SHEET</th>
<th>Allergies: none</th>
</tr>
</thead>
<tbody>
<tr>
<td>Start Generic</td>
<td>Amoxicillin</td>
<td>Hour 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31</td>
</tr>
<tr>
<td>2/28/yr Brand</td>
<td>Amoxil</td>
<td>8 am</td>
</tr>
<tr>
<td>Strength 250mg</td>
<td>Dose 500mg</td>
<td>500mg</td>
</tr>
<tr>
<td>Stop Amount 2 tabs</td>
<td>Route mouth</td>
<td>8 pm</td>
</tr>
<tr>
<td>3/10/yr Frequency</td>
<td>Three times daily</td>
<td>8 pm</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Reason: sinus infection</td>
</tr>
</tbody>
</table>
The next order you transcribe is the new medication, EES.

HEALTH CARE PROVIDER ORDER

<table>
<thead>
<tr>
<th>Name:</th>
<th>David Cook</th>
<th>Date: March 3, yr</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Care Provider:</td>
<td>Dr. Black</td>
<td>Allergies: No Known Allergies</td>
</tr>
<tr>
<td>Reason for Visit:</td>
<td>David states his 'head hurts' and he has had a runny nose for 2 days, temperature is 100.3</td>
<td></td>
</tr>
<tr>
<td>Current Medications:</td>
<td>Amoxil 500mg three times daily for 10 days by mouth Also, see attached complete medication list.</td>
<td></td>
</tr>
<tr>
<td>Staff Signature:</td>
<td>Sam Dowd</td>
<td>Date: March 3, yr</td>
</tr>
<tr>
<td>Health Care Provider Findings:</td>
<td>Sinus infection</td>
<td></td>
</tr>
<tr>
<td>Medication/Treatment Orders:</td>
<td>√DC Amoxil EES 666mg three times daily for 10 days by mouth</td>
<td></td>
</tr>
<tr>
<td>Instructions:</td>
<td>Call HCP if temperature remains elevated above 100.3 for more than 48 hours</td>
<td></td>
</tr>
<tr>
<td>Follow-up visit:</td>
<td>Lab work or Tests: None today</td>
<td></td>
</tr>
<tr>
<td>Signature:</td>
<td>Richard Black, MD</td>
<td>Date: March 3, yr</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Rx # 156</th>
<th>Greenleaf Pharmacy 111-222-3434</th>
</tr>
</thead>
<tbody>
<tr>
<td>David Cook</td>
<td>Erythromycin 333mg Qty.60</td>
</tr>
<tr>
<td>IC EES</td>
<td>Take 2 tablets by mouth three times daily for 10 days</td>
</tr>
<tr>
<td>Dr. Black</td>
<td>Lot # 14239 ED: 3/3/yr Refills: 0</td>
</tr>
</tbody>
</table>
When transcribing information onto the medication sheet it is important to understand that you must copy the dose from the HCP order and strength and amount must be copied from the pharmacy label.

The dose is copied from the HCP order and is copied next to the word dose on the medication sheet.
The strength and amount are copied from the pharmacy label.

The strength on a pharmacy label is usually next to or underneath the name of the medication, and is copied next to the word strength on the medication sheet.

The amount on a pharmacy label is in the label directions and is copied next to the word amount on the medication sheet.
The medication name(s), frequency, route and any special instructions or parameters for use may be found on the HCP order and/or the pharmacy label and copied onto the left side of the medication sheet.

| Start | Generic Erythromycin | Hour | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
|       | Brand EES             |      |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|       | Strength 333mg        | Dose | 666mg |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
| Stop  | Amount 2 tabs         | Route| mouth |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|       | Frequency Three times daily |        |      |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |

Special instructions: for 10 days

Reason: Sinus infection

If the medication name on the HCP order is written as a
- generic medication and the pharmacy supplies the generic medication then only the generic name of the medication is required to be transcribed onto the medication sheet
- brand name medication and the HCP writes “brand only, no substitutions” on the prescription, the pharmacist will prepare the brand name medication and not the generic form. In this situation there will only be a brand name listed on the pharmacy label. Only the brand name (as listed on the HCP order and pharmacy label) will be transcribed onto the medication sheet.

To complete the grid, follow these steps:

- Assign times in the hour column; times assigned should be at least 4 hours apart
  - For David, the HCP ordered the frequency as
    - Three times a day for 10 days.
  - Three ‘times’ are chosen and written in the hour column; 8am, 4pm and 8pm are examples of times often chosen.
• Think about the date and time to determine when the first dose can be administered
  o For David, based on the date and time, March 3, yr at 1pm:
    ▪ The March 3rd 8am dose cannot be administered. The March 3rd 8am medication box is crossed (X) out; as are all boxes before it.
    ▪ The medication can be administered March 3rd at 4pm, this medication box is left open and all boxes before it are crossed (X) out.
    ▪ The medication can be administered March 3rd at 8pm, this medication box is left open and all boxes before it are crossed (X) out.

Next,
• If the medication is ordered to be administered for a certain number of days, the days must be counted
  o For David, the HCP ordered the medication to be administered for 10 days
    ▪ For each scheduled time (8am, 4pm and 8pm), ten medication boxes are counted and left open; the remaining medication boxes are crossed (X) out.
• Write the “start” and “stop” dates:
  o A start date is the date the first dose is scheduled to be administered
  o A stop date is the date the last dose is scheduled to be administered

| Start | Generic Erythromycin | Hour | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
|-------|----------------------|------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 3/3yr | Brand EES            | 8am  | X | X |
|       | Strength 333mg       |      |   |   |
|       | Dose 666mg           |      |   |   |
| Stop  | Amount 2 tabs        | 4pm  | X |
|       | Route mouth          |      | X |
|       | Frequency Three times daily | 8pm | X |

Special instructions: for 10 days
Reason: Sinus infection

2017 The Massachusetts Departments of Public Health, Developmental Services, Mental Health and Children and Families
This is the completed transcription of David Cook’s HCP order and pharmacy label onto a medication sheet:

<table>
<thead>
<tr>
<th>Start</th>
<th>Generic Amoxicillin (3/3/yr SD)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/28/yr</td>
<td>Brand: Amoxil 80mg</td>
</tr>
<tr>
<td>Stop</td>
<td>Amount: 2 tabs Route: mouth</td>
</tr>
<tr>
<td>Frequency</td>
<td>Three times daily</td>
</tr>
<tr>
<td>Special instructions:</td>
<td>for 10 days</td>
</tr>
<tr>
<td>Reason:</td>
<td>Sinus infection</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Start</th>
<th>Generic Erythromycin (3/3/yr)</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/3/yr</td>
<td>Brand: EES 333mg</td>
</tr>
<tr>
<td>Stop</td>
<td>Amount: 2 tabs Route: mouth</td>
</tr>
<tr>
<td>Frequency</td>
<td>Three times daily</td>
</tr>
<tr>
<td>Special instructions:</td>
<td>for 10 days</td>
</tr>
<tr>
<td>Reason:</td>
<td>Sinus infection</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Start</th>
<th>Generic Amoxicillin (3/3/yr SD)</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/13/yr</td>
<td>Brand: Amoxil 80mg</td>
</tr>
<tr>
<td>Stop</td>
<td>Amount: 2 tabs Route: mouth</td>
</tr>
<tr>
<td>Frequency</td>
<td>Three times daily</td>
</tr>
<tr>
<td>Special instructions:</td>
<td>for 10 days</td>
</tr>
<tr>
<td>Reason:</td>
<td>Sinus infection</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Name:</th>
<th>David Cook</th>
</tr>
</thead>
<tbody>
<tr>
<td>Site:</td>
<td>45 Shade Street</td>
</tr>
<tr>
<td>Accuracy Check 1:</td>
<td>Linda White Date 2/28/yr Time 8pm</td>
</tr>
<tr>
<td>Accuracy Check 2:</td>
<td>Jenna Sherman Date 2/28/yr Time 8pm</td>
</tr>
</tbody>
</table>

**Codes**
- SD: Sam Dowd
- LOA: Amanda Smith
- SW: Serena Wilson
- LW: Linda White
- JS: Jenna Sherman
- P: packaged
- W: work
- S: school
- MEDICATION ADMINISTRATION SHEET
- Al leapies: none
- Accuracy Check 1: Linda White Date 2/28/yr Time 8pm
- Accuracy Check 2: Jenna Sherman Date 2/28/yr Time 8pm

**Special Instructions:**
- for 10 days
- Reason: Sinus infection

**Accuracy Check 1:**
- Linda White
- Date: 2/28/yr
- Time: 8pm

**Accuracy Check 2:**
- Jenna Sherman
- Date: 2/28/yr
- Time: 8pm
Review the completed EES transcription and answer the following questions.

1. What is the date and time of the first scheduled dose of EES? ____________
2. What is the “start date”? ________________________________
3. What is the date and time of the last scheduled dose of EES? ____________
4. What is the “stop date”? ________________________________
5. What is the frequency? ________________________________
6. What are the times the medication is scheduled to be administered? ________
7. What is the dose of the new medication? ________________________
8. What is the amount to administer? ________________________
9. What is the strength of the tablet supplied? ________________________

If anything about an existing HCP order changes (frequency, dose, parameters for use etc.), it is considered to be a new HCP order. The old HCP order must be discontinued on the medication sheet and the new HCP order transcribed. See MAP Policy Section 13.

Posting and Verifying

After a HCP order is transcribed onto a medication sheet, the HCP order is Posted and Verified. Posting and Verifying is completed by two Certified and/or licensed staff.

The first staff who transcribes the HCP order onto the medication sheet, places a check mark, on the HCP order, near the order being transcribed; this must be done for each order as it is transcribed onto the medication sheet. Posting is documentation of the staff who completed the transcription.
After all orders are transcribed, the first staff documents:

- “Posted”
  - on the HCP order form
  - under the HCP’s signature
- Date
- Time
- Staff signature

To verify an order, the second staff must review the transcription completed by the first staff, ensuring the HCP order and pharmacy label information was accurately transcribed onto the medication sheet.

The second staff documents:

- “Verified”
  - on the HCP order form
  - under the HCP’s signature
- Date
- Time
- Staff signature

Posting and verifying helps to ensure all medication orders are transcribed accurately onto medication sheets so that medication is administered as ordered.

All HCP orders must be posted and verified including when the HCP notes, ‘no new orders’ or ‘no medication changes’.

If two Certified and/or licensed staff are not available when the medication is due to be administered, the first staff completes the transcription and posts the HCP order. After posting, the medication may be administered. The next staff on duty must verify the order before administering any further doses. See MAP Policy Section 13.
Telephone orders are different in that once the medication is received from the pharmacy, after transcribing, the orders are posted and verified twice:

- First when the order is initially obtained
- Again after the HCP has signed the order, ensuring there were no changes

Note the HCP order has been posted and verified under the HCP signature.

**HEALTH CARE PROVIDER ORDER**

<table>
<thead>
<tr>
<th>Name: David Cook</th>
<th>Date: March 3, yr</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Health Care Provider:</strong></td>
<td><strong>Allergies:</strong> No Known Allergies</td>
</tr>
<tr>
<td>Dr. Black</td>
<td></td>
</tr>
<tr>
<td><strong>Reason for Visit:</strong></td>
<td></td>
</tr>
<tr>
<td>David states his ‘head hurts’ and he has had a runny nose for 2 days, temperature is 100.3</td>
<td></td>
</tr>
<tr>
<td><strong>Current Medications:</strong></td>
<td></td>
</tr>
<tr>
<td>Amoxil 500mg three times daily for 10 days by mouth</td>
<td>Also, see attached complete medication list.</td>
</tr>
<tr>
<td><strong>Staff Signature:</strong></td>
<td><strong>Date:</strong> March 3, yr</td>
</tr>
<tr>
<td>Sam Dowd</td>
<td></td>
</tr>
<tr>
<td><strong>Health Care Provider Findings:</strong></td>
<td></td>
</tr>
<tr>
<td>Sinus infection</td>
<td></td>
</tr>
<tr>
<td><strong>Medication/Treatment Orders:</strong></td>
<td></td>
</tr>
<tr>
<td>√DC Amoxil</td>
<td></td>
</tr>
<tr>
<td>√EES 666mg three times daily for 10 days by mouth</td>
<td></td>
</tr>
<tr>
<td><strong>Instructions:</strong></td>
<td></td>
</tr>
<tr>
<td>Call HCP if temperature remains elevated above 100.3 for more than 48 hours</td>
<td></td>
</tr>
<tr>
<td><strong>Follow-up visit:</strong></td>
<td><strong>Lab work or Tests:</strong> None today</td>
</tr>
<tr>
<td><strong>Signature:</strong></td>
<td><strong>Date:</strong> March 3, yr</td>
</tr>
<tr>
<td>Richard Black, MD</td>
<td></td>
</tr>
</tbody>
</table>
Tanisha has returned from a HCP appointment and medication has been obtained from the pharmacy. The date is February 5th, yr. The time is 1pm. Use the HCP order, pharmacy label and medication sheet to transcribe the new orders. Remember to post the HCP order after completing the transcription.

### HEALTH CARE PROVIDER ORDER

<table>
<thead>
<tr>
<th>Name:</th>
<th>Date:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tanisha Johnson</td>
<td>Feb. 5, yr</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Health Care Provider:</th>
<th>Allergies:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Chen Lee</td>
<td>No known medication allergies</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Reason for Visit:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Continues to complain of soreness in back of mouth</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Current Medications:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phenobarbital 64.8mg once daily in the evening by mouth</td>
</tr>
<tr>
<td>Clonazepam 1mg twice daily at 8am and 4pm by mouth</td>
</tr>
<tr>
<td>Amoxil Suspension 500mg every 12 hours for seven days by mouth</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Staff Signature:</th>
<th>Date:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sam Dowd</td>
<td>Feb. 5, yr</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Health Care Provider Findings:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Increased inflammation of gum-line on left side of mouth</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Medication/Treatment Orders:</th>
</tr>
</thead>
<tbody>
<tr>
<td>DC Amoxil Suspension</td>
</tr>
<tr>
<td>Cleocin HCL 300mg three times a day for 10 days by mouth</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Instructions:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Notify HCP if Tanisha continues to complain of mouth soreness after 72 hours.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Follow-up visit:</th>
<th>Lab work or Tests:</th>
</tr>
</thead>
<tbody>
<tr>
<td>February 16, yr</td>
<td>None</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Signature:</th>
<th>Date:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Chen Lee</td>
<td>Feb. 5, yr</td>
</tr>
</tbody>
</table>

**Posted by:**

**Date:**

**Time:**

**Verified by:**

**Date:**

**Time:**
Tanisha Johnson  
Clindamycin 100mg  
IC Cleocin HCL  
Take 3 tablets by mouth 3 times a day for 10 days  
Take with 8 ounces of water  
Lot# 352  
ED: 2/5/yr  
Refills: 0  

<table>
<thead>
<tr>
<th>Start</th>
<th>Generic Phenobarbital</th>
<th>Start</th>
<th>Generic Clonazepam</th>
<th>Start</th>
<th>Generic Amoxicillin suspension</th>
</tr>
</thead>
<tbody>
<tr>
<td>8/31/yr</td>
<td>Brand Luminal</td>
<td>8/31/yr</td>
<td>Brand Klonopin</td>
<td>2/2/yr</td>
<td>Brand Amoxil suspension</td>
</tr>
<tr>
<td>Strength: 32.4mg</td>
<td>Dose: 64.8mg</td>
<td>Strength: 1mg</td>
<td>Dose: 1mg</td>
<td>Strength: 250mg/5mL</td>
<td>Dose: 500mg</td>
</tr>
<tr>
<td>Stop</td>
<td>Amount: 2 tabs</td>
<td>Stop</td>
<td>Amount: 1 tab</td>
<td>Stop</td>
<td>Amount: 10mL</td>
</tr>
<tr>
<td>Cont.</td>
<td>Frequency: Once daily in evening</td>
<td>Cont.</td>
<td>Frequency: Twice daily 8am and 4pm</td>
<td>Cont.</td>
<td>Frequency: every 12 hours for 7 days</td>
</tr>
<tr>
<td>8pm</td>
<td>7:00 AM</td>
<td>4pm</td>
<td>10:30 AM</td>
<td>8pm</td>
<td>9:00 PM</td>
</tr>
</tbody>
</table>

Special instructions: Reason: seizures  
Special instructions: Reason: gum inflammation  

Name: Tanisha Johnson  
Site: 45 Shade Street  
Treetop MA 00000

<table>
<thead>
<tr>
<th>CODES</th>
<th>Signature</th>
<th>Reason</th>
</tr>
</thead>
<tbody>
<tr>
<td>DP</td>
<td>Lee Matove</td>
<td>Day program/day hab</td>
</tr>
<tr>
<td>LOA</td>
<td>Amanda Smith</td>
<td>Leave of absence</td>
</tr>
<tr>
<td>P</td>
<td>Timothy Miller</td>
<td>Packaged</td>
</tr>
<tr>
<td>W</td>
<td>Serena Wilson</td>
<td>Work</td>
</tr>
<tr>
<td>S</td>
<td>Jenna Sherman</td>
<td>School</td>
</tr>
</tbody>
</table>

Accuracy Check 1: Sam Dowd Date: 1/31/yr Time: 9pm  
Accuracy Check 2: John Craig Date: 1/31/yr Time: 9pm  

2017 The Massachusetts Departments of Public Health, Developmental Services, Mental Health and Children and Families
Answer the following questions by choosing the best response.

1. Sam Dowd has written his initials and signed his full name on the signature list of a person’s medication sheet. This is done

   A. ___ every time he administers a medication  
   B. ___ once each month to identify his initials with his full name  
   C. ___ at the beginning of each shift  
   D. ___ only when he administers a PRN medication

2. Sam Dowd documented “DP”, in a medication box on the medication sheet. This indicates that the person

   A. ___ received their daily pills  
   B. ___ refused all afternoon medications  
   C. ___ was at the day program when the medication was due  
   D. ___ is at a doctor’s appointment and is unable to take medication

3. When transcribing the dose onto the medication sheet

   A. ___ copy it from the pharmacy label  
   B. ___ multiply the amount sent by the pharmacy  
   C. ___ look at the HCP order to find the dose  
   D. ___ divide the strength of the tablet by the amount to give

4. The start date for a medication

   A. ___ will always be the date the medication was ordered  
   B. ___ is located on the HCP order  
   C. ___ is the date a person receives the first scheduled dose  
   D. ___ is listed on the pharmacy label

5. The allergy information on a medication sheet

   A. ___ only needs to be filled in if a person has an allergy  
   B. ___ must be completed; if the person has no allergies list “none”  
   C. ___ must be written in red, highlighted and initialed by the supervisor  
   D. ___ can be written under special instructions
Before the start of each new month, two staff must review the new month’s medication sheets for accuracy. Accuracy checks help to ensure that all HCP orders are transcribed onto the new month’s medication sheets. Both staff signs the bottom of the new medication sheet(s) indicating that they are complete and correct.

Medication Information Sheets

The last section of the medication book typically contains the medication information sheets. Medication information sheets can be obtained from the pharmacy, printed from a reputable online resource or can be found packaged with the medication as an insert.

A medication information sheet must be available for each medication ordered for a person. Remember you must learn about a medication before administering it.

Let’s Review

- A medication sheet is a document used to track the administration of a person’s medication
- The HCP order and pharmacy label are needed to complete a transcription
  - The dose is copied from the HCP order
  - The strength and amount are copied from the pharmacy label
- A specific time must be transcribed in the hour column on the medication sheet
- The start date is the date a person is scheduled to receive the first dose of a medication
- The stop date is the date a person is scheduled to receive the last dose of a medication
- Transcriptions must be completed accurately to ensure safe medication administration
- All HCP orders must be posted and verified to ensure HCP orders are accurately transcribed onto the medication sheet
  - All HCP orders must be posted and verified even if no new orders or medication changes have been written. This is documentation that staff are aware that no changes have been made.
- Accuracy checks must be completed, by two staff, prior to the start of the new month’s medication sheets
- Medication information sheets are a valuable medication information resource
Responsibilities you will learn

- The difference between regularly scheduled and as needed (PRN) medications
- The medication administration process
- How to use liquid medication measuring devices
- How to manage various scenarios if a medication is not administered

It is important to know the difference between which medications you will administer regularly and which medications you will administer only if needed. Regularly scheduled medications are ordered and administered due to various health conditions such as high blood pressure or high cholesterol. They are typically taken every day at routine time(s) in order to work as intended.

However, other medications are ordered and are only administered as needed for specific health issues if they occur such as chest pain, seasonal allergies, cold symptoms or constipation. These medications are only administered on an ‘as needed’ or ‘PRN’ basis.

Regularly Scheduled Medications

Regularly scheduled medications are administered routinely, on a continuing basis.

For Example: Colace 100mg twice daily by mouth

In the example, the medication will be administered twice daily at two specific times, as listed under the hour column on the medication sheet.

<table>
<thead>
<tr>
<th>Start</th>
<th>Generic Docusate Sodium</th>
</tr>
</thead>
<tbody>
<tr>
<td>8/31/yr</td>
<td>Brand Colace</td>
</tr>
<tr>
<td></td>
<td>Strength 100mg Dose 100mg</td>
</tr>
<tr>
<td>Stop</td>
<td>Amount 1 tab Route mouth</td>
</tr>
<tr>
<td>Cont.</td>
<td>Frequency Twice daily</td>
</tr>
</tbody>
</table>

Start: 8am
Reason: constipation

When data collection is required for medication administration, such as vital signs or bowel tracking, the data must be recorded on the medication sheet, above or below the medication to be administered.
Review the medication sheet. What is the data being recorded? _______

<table>
<thead>
<tr>
<th>Start</th>
<th>Frequency</th>
<th>Strength</th>
<th>Dose</th>
<th>Stop</th>
<th>Amount</th>
<th>Route</th>
</tr>
</thead>
<tbody>
<tr>
<td>8/31</td>
<td>Daily in the morning</td>
<td>20mg</td>
<td>40mg</td>
<td>2 tabs</td>
<td>mouth</td>
<td></td>
</tr>
</tbody>
</table>

**PRN Medications**

Medications that are administered only ‘as needed’ are known and abbreviated as ‘PRN’. In addition to including the 5 rights of medication administration, PRN medication orders must also include the following details:

- The specific target signs and symptoms for use such as
  - complaint of ‘headache’
  - no bowel movement in 3 days
  - complaint of right knee discomfort
- Measurable objective criteria, if needed, such as
  - head slapping for more than 5 minutes
  - seizure lasting more than 1 minute
  - temperature of 101 or more
- A PRN frequency
  - How many hours apart the doses may be administered such as
    - ‘every 8 hours PRN’ or
    - how many hours apart the PRN dose may be given to a regularly scheduled dose of the same medication, such as
      - ‘Do not give within 4 hours of a regularly scheduled dose’
- Parameters for use
  - How many doses of medication may be administered before the HCP must be notified such as
    - ‘If 4 doses are administered within 24 hours, notify the HCP’
  - What to do if the medication is administered and is not effective such as
A PRN medication may only be administered for the target signs and symptoms ordered by the HCP.

PRN medication orders must include specific target signs and symptoms and instructions for use including what to do if the medication is given and is not effective. See MAP Policy Sections 06 and 13.

For example, Tanisha has an order for:

Milk of Magnesia 1200mg by mouth PRN every 3rd evening if no bowel movement (BM). Contact HCP if no BM by the next morning.

On the medication sheet under the hour column you will see the abbreviation ‘PRN’. Specific to this example, to follow the order as written, BM data must be cross referenced; this includes during day program or work hours. You will look for the BM data documented on the medication sheet to determine whether or not the medication must be administered.

Based on the bowel data tracking entered (which includes day program data), does the Milk of Magnesia require administration on the evening of the 5th? 

<table>
<thead>
<tr>
<th>Start</th>
<th>Generic Magnesium hydroxide</th>
<th>Hour 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31</th>
</tr>
</thead>
<tbody>
<tr>
<td>6/1/yr</td>
<td>Brand Milk of Magnesia</td>
<td>1200mg/5mL Dose 1200mg</td>
</tr>
<tr>
<td>Stop</td>
<td>Amount 15mL Route mouth</td>
<td></td>
</tr>
<tr>
<td>Cont.</td>
<td>Frequency PRN every 3rd evening if no BM</td>
<td></td>
</tr>
</tbody>
</table>

Special instructions: Contact HCP if no bowel movement by the next morning. Reason: Constipation
A PRN medication is documented on a medication sheet by

- writing your initials and the time administered, in the same medication box
  - across from the medication administered,
    - under the correct date.
  - If the medication is administered in the morning, use one of the top two medication grid boxes on the medication sheet.
  - If administered in the afternoon or evening (as ordered in the example above); document using one of the two bottom medication grid boxes.
- You will also write a corresponding medication progress note including
  - the date and time
  - medication and dose administered
  - the reason administered
  - your signature
    - After enough time has passed, typically 1 hour after administration, document the results and/or response to the medication
- Use a new line in the progress notes, if needed

Example of PRN medication documentation:

<table>
<thead>
<tr>
<th>Start</th>
<th>Generic</th>
<th>Hour 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31</th>
</tr>
</thead>
<tbody>
<tr>
<td>8/31yr</td>
<td>Motrin</td>
<td>P</td>
</tr>
<tr>
<td></td>
<td>Strength 400mg</td>
<td>Dose 400mg</td>
</tr>
<tr>
<td>Stop</td>
<td>Amount 1 tab</td>
<td>Route mouth</td>
</tr>
<tr>
<td>Cont.</td>
<td>Frequency</td>
<td>Every 8 hours as needed</td>
</tr>
</tbody>
</table>

Special instructions: for complaint of right knee pain. Notify HCP if pain continues after 48 hours
Reason: right knee pain

<table>
<thead>
<tr>
<th>Name</th>
<th>David Cook</th>
<th>MEDICATION PROGRESS NOTE</th>
<th>March, yr</th>
</tr>
</thead>
<tbody>
<tr>
<td>Date</td>
<td>Time</td>
<td>Medication</td>
<td>Dose</td>
</tr>
<tr>
<td>3/1/yr</td>
<td>3pm</td>
<td>Ibuprofen</td>
<td>400mg</td>
</tr>
<tr>
<td>3/1/yr</td>
<td>4pm</td>
<td>At 4pm David says, 'It still hurts to bend my knee.'</td>
<td>Amanda Smith</td>
</tr>
</tbody>
</table>
Review the HCP order for David Cook and answer the questions.

**Health Care Provider Order**

Motrin 400mg every 8 hours as needed by mouth for complaints of right knee pain
Notify HCP if symptoms continue for more than 48 hours.

1. Is the Motrin ordered as a regularly scheduled or PRN medication? ___________

2. What is the reason the medication is ordered? ______________________________

3. Are you allowed to administer the Motrin if he complains of a headache? _____

4. If administered at 9am; what is the earliest time it may be administered again? __

5. If the medication has been administered as ordered for 48 hours and David still complains of right knee pain, what should you do? __________________________
The 5 Rights of Medication Administration

To ensure medications are administered safely, each time you administer medication you will compare the 5 rights of medication administration between the HCP order, the pharmacy label and the medication sheet. The 5 rights of medication administration are the:

- Right Person
- Right Medication
- Right Dose
- Right Time
- Right Route

Right Person

To be sure you have the right person the person’s name on the HCP order, the pharmacy label and the medication sheet must agree. If you are not sure who the person is never ask their name as a way of identification, such as ‘Are you David Cook?’ The reason is because, someone other than David may respond.

- Know that you can identify the right person by
  - Asking a staff who is familiar with the person or
  - Looking at a current picture of the person

Once you identify the right person, locate the person’s name written on the HCP order, the person’s name printed on the pharmacy label and the person’s name transcribed on the medication sheet. If the names are different, you will contact a MAP Consultant.

Many times medication books are organized to include a person’s Emergency Fact Sheet, which includes a picture of the person that can be used to identify the right person; followed by the HCP order, medication sheet and medication information sheet.
<table>
<thead>
<tr>
<th>Name</th>
<th>Nickname</th>
</tr>
</thead>
<tbody>
<tr>
<td>David Cook</td>
<td>Dave</td>
</tr>
</tbody>
</table>

**Current Address**
45 Shade Street, Treetop MA 00000

**Former Address**
25 Smith Street, Oldtown MA 00000

<table>
<thead>
<tr>
<th>Sex</th>
<th>Race</th>
<th>D.O.B.</th>
<th>Age</th>
<th>Height*</th>
<th>Weight*</th>
<th>Build</th>
<th>Hair</th>
<th>Eyes</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>Cauc</td>
<td>3-15-64</td>
<td>52</td>
<td>6'1&quot;</td>
<td>196</td>
<td>Br</td>
<td>Bl</td>
<td></td>
</tr>
</tbody>
</table>

**Distinguishing Marks**
Mole on right shoulder

**Legal Competency Status**
Presumed Competent

**If Legal Guardian, Name**
NA

**Address**

**Family Address (if different)**
25 Smith Street
617-000-0000
Oldtown MA 00000

**Training / Work Program**
Amercare Services
13 Main Street Treetop MA 00000
617-000-0000

**Relevant Emergency Medical Information:**
- Allergies: none
- Diagnoses: High blood pressure, osteoarthritis right knee, GERD, Down Syndrome, Sleep Apnea and Constipation

**Physician’s Name**
Dr. Richard Black
504 Lyman Street, Treetop MA 00000
617-000-0000

**Language / Communication**
- Speaks and understands English
- Ability to protect self w/o assistance: yes
- Minimal ability to read and write: no
- Likely Response To Search Efforts: good

**Pattern of Movement (if lost previously)**
Places Frequent

**Relevant Capabilities:**
Independent with ADLs
Enjoys riding on buses

**Probable Dress**

**Where and When the person was last seen**
Date* Time*

**Emergency Contacts**

**FAMILY / GUARDIAN**
David Cook, Sr. (father) DDS
Sky Johnson, Service Coordinator

**RESIDENCE**
Linda White, Program Manager

**Note:** Asterisked (*) items are left blank on the original and filled in on copy if and when the individual is lost. Except age, height, and weight which must be recorded at all times on the form.
Right Medication

To be sure you have the right medication, the medication name on the HCP order, the pharmacy label and the medication sheet must agree. Read each medication name to ensure it matches letter for letter. Each medication usually has a brand and a generic name.

- Know that when identifying the right medication
  - if a brand name medication is written on the HCP order, it will typically be substituted by the pharmacy with the generic medication.
- You will see
  - the brand name on the HCP order
  - both the brand and generic names on the pharmacy label
  - both the brand and generic names on the medication sheet

Once you identify the right medication, locate the medication name(s) written on the HCP order, the medication name(s) printed on the pharmacy label and the medication name(s) transcribed on the medication sheet. If the medication names are different, you will contact a MAP Consultant.
Compare the 5 rights between the HCP order and the pharmacy label. Do the 5 rights agree? ___ If no, why _________________________________________

### HEALTH CARE PROVIDER ORDER

<table>
<thead>
<tr>
<th>Name: Scott Green</th>
<th>Date: March 3, yr</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Care Provider:</td>
<td>Allergies: No Known Allergies</td>
</tr>
<tr>
<td>Dr. Glass</td>
<td></td>
</tr>
<tr>
<td>Reason for Visit:</td>
<td></td>
</tr>
<tr>
<td>Annual physical exam</td>
<td></td>
</tr>
<tr>
<td>Current Medications:</td>
<td></td>
</tr>
<tr>
<td>See attached medication list.</td>
<td></td>
</tr>
<tr>
<td>Staff Signature:</td>
<td>Date: March 3, yr</td>
</tr>
<tr>
<td>Tom Salowsky</td>
<td></td>
</tr>
<tr>
<td>Health Care Provider Findings:</td>
<td></td>
</tr>
<tr>
<td>Start aspirin as preventive measure secondary to diabetes</td>
<td></td>
</tr>
<tr>
<td>Medication/Treatment Orders:</td>
<td></td>
</tr>
<tr>
<td>Aspirin EC 81mg by mouth once daily in the morning</td>
<td></td>
</tr>
<tr>
<td>Instructions:</td>
<td></td>
</tr>
<tr>
<td>Follow-up visit:</td>
<td>Lab work or Tests:</td>
</tr>
<tr>
<td></td>
<td>CMP and CBC</td>
</tr>
<tr>
<td>Signature:</td>
<td>Date: March 3, yr</td>
</tr>
<tr>
<td>Shirley Glass MD</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Rx #555</th>
<th>Greenleaf Pharmacy</th>
<th>111-222-3434</th>
</tr>
</thead>
<tbody>
<tr>
<td>Scott Green</td>
<td>20 Main Street</td>
<td>3/3/yr</td>
</tr>
<tr>
<td>Treetop, MA 00000</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Aspirin 81mg</td>
<td>Qty. 30</td>
<td></td>
</tr>
<tr>
<td>Take 1 tablet by mouth once daily in the morning</td>
<td>Dr. Glass</td>
<td></td>
</tr>
<tr>
<td>Lot# 777</td>
<td>ED: 3/3/yr</td>
<td>Refills: 5</td>
</tr>
</tbody>
</table>
Right Dose

To be sure you have the right dose, the dose written on the HCP order, the pharmacy label and the medication sheet must agree. The dose is how much medication the HCP orders the person to receive each time it is scheduled to be administered.

- Know that when identifying the right dose you will see the
  - dose on the HCP order
    - The number is most often written in milligrams, ‘mg’.
  - strength of the tablet and the amount of tablets to administer on the pharmacy label
  - dose, strength and amount on the medication sheet

The dose ordered by the HCP will equal the strength of a tablet, multiplied by the amount to administer, as printed in the pharmacy label directions.

As you begin to administer medication you will notice the strength of the tablet supplied by the pharmacy can be

- the same as the dose ordered or
- a different number and when multiplied by the amount to administer will equal the dose ordered.
Dose = Strength X Amount

The HCP orders the dose of a medication.

Health Care Provider Order

<table>
<thead>
<tr>
<th>Name:</th>
<th>Date:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Care Provider:</td>
<td>Allergies:</td>
</tr>
<tr>
<td>Reason for Visit:</td>
<td></td>
</tr>
<tr>
<td>Current Medications:</td>
<td></td>
</tr>
<tr>
<td>Staff Signature:</td>
<td>Date:</td>
</tr>
<tr>
<td>Health Care Provider Findings:</td>
<td></td>
</tr>
<tr>
<td>Medication/Treatment Orders:</td>
<td></td>
</tr>
<tr>
<td>Instructions:</td>
<td></td>
</tr>
<tr>
<td>Follow-up visit:</td>
<td>Lab work or Tests:</td>
</tr>
<tr>
<td>Signature:</td>
<td>Date:</td>
</tr>
</tbody>
</table>

Dose ordered is 100mg

The pharmacy supplies the strength of the tablet and label directions for the amount to give to equal the dose ordered. The strength supplied and the amount to give can change; the dose ordered remains the same.

<table>
<thead>
<tr>
<th>Dose</th>
<th>Strength</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>100mg</td>
<td>25mg</td>
<td>25mg</td>
</tr>
<tr>
<td></td>
<td>25mg</td>
<td>25mg</td>
</tr>
<tr>
<td></td>
<td>4 tablets</td>
<td></td>
</tr>
<tr>
<td>100mg</td>
<td>50mg</td>
<td>50mg</td>
</tr>
<tr>
<td></td>
<td>2 tablets</td>
<td></td>
</tr>
<tr>
<td>100mg</td>
<td>100mg</td>
<td>1 tablet</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>100mg</td>
<td>200mg, ½ tablet</td>
<td>½ tablet</td>
</tr>
</tbody>
</table>
Review the dose of medication ordered by the HCP, the strength of the tablet supplied by the pharmacy and fill in the amount of tablet(s) or capsule(s) to administer you would expect to see printed in the pharmacy label directions.

<table>
<thead>
<tr>
<th>Dose</th>
<th>Strength</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>100mg</td>
<td>50mg tablet</td>
<td></td>
</tr>
<tr>
<td>150mg</td>
<td>75mg tablet</td>
<td></td>
</tr>
<tr>
<td>500mg</td>
<td>250mg capsule</td>
<td></td>
</tr>
<tr>
<td>375mg</td>
<td>125mg tablet</td>
<td></td>
</tr>
<tr>
<td>500mg</td>
<td>500mg capsule</td>
<td></td>
</tr>
<tr>
<td>4mg</td>
<td>1mg tablet</td>
<td></td>
</tr>
<tr>
<td>10mg</td>
<td>2mg tablet</td>
<td></td>
</tr>
<tr>
<td>60mg</td>
<td>30mg capsule</td>
<td></td>
</tr>
<tr>
<td>600/200mg</td>
<td>300/100mg tablet</td>
<td></td>
</tr>
<tr>
<td>25mg</td>
<td>12.5mg tablet</td>
<td></td>
</tr>
<tr>
<td>12.5mg</td>
<td>25mg tablet</td>
<td></td>
</tr>
</tbody>
</table>

Once you identify the right dose, locate the dose written on the HCP order, the strength of the tablet and the amount to administer printed on the pharmacy label and the dose, strength and amount transcribed on the medication sheet. If the dose does not agree, you will contact a MAP Consultant.
Right Time

To be sure you have the right time, the time written on the HCP order, the pharmacy label and medication sheet must agree. The words frequency and time are used interchangeably.

- Know that when identifying the right time the
  - HCP will order how many times throughout a day a medication is to be administered.
  - pharmacy label directions will include the frequency
  - medication sheet includes the frequency as ordered by the HCP and
    - The specific times chosen are written under the hour column on the medication sheet.

Once you identify the right time, locate the frequency written in the HCP order, the frequency printed on the pharmacy label and the frequency transcribed on the medication sheet. If the frequencies are different, you will contact a MAP Consultant.

All medications must be administered ‘on time’. On time is defined as one hour before the time chosen in the hour column on the medication sheet up to one hour after the time chosen in the hour column on the medication sheet. If you are unsure, contact a MAP Consultant.

Right Route

To be sure you have the right route, the route written on the HCP order, the pharmacy label and the medication sheet must agree. The route is the way medication enters the body.

- Know that the
  - HCP order will include the route
  - pharmacy label directions will include the route
  - medication sheet will include the route

Once you identify the right route, locate the route written in the HCP order, the route printed on the pharmacy label and the route transcribed on the medication sheet. If the routes are different, you will contact a MAP Consultant.

Medication administered orally (by mouth) is the focus of this training. If a person is unable to take medications by mouth or if the medication is not available in oral form
(tablets, capsules, liquids), medications can enter the body by other routes. Other routes include, but are not limited to:

<table>
<thead>
<tr>
<th>Route</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td>Buccal</td>
<td>Placed in the cheek</td>
</tr>
<tr>
<td>Enteral</td>
<td>Administration into the stomach or intestines</td>
</tr>
<tr>
<td>Intramuscular</td>
<td>Administration in a muscle</td>
</tr>
<tr>
<td>Intravenous</td>
<td>Administration in a vein</td>
</tr>
<tr>
<td>Nasal</td>
<td>Administration in the nose</td>
</tr>
<tr>
<td>Nasogastric</td>
<td>Administration through the nose and into the stomach, usually through a tube</td>
</tr>
<tr>
<td>Ophthalmic</td>
<td>Administration in the eye</td>
</tr>
<tr>
<td>Otic</td>
<td>Administration in the ear</td>
</tr>
<tr>
<td>Rectal</td>
<td>Administration to or in the rectum</td>
</tr>
<tr>
<td>Respiratory</td>
<td>Inhaled orally or nasally</td>
</tr>
<tr>
<td>Subcutaneous</td>
<td>Administration between the skin and the muscle</td>
</tr>
<tr>
<td>Sublingual</td>
<td>Placed under the tongue</td>
</tr>
<tr>
<td>Topical</td>
<td>Applied directly to the skin</td>
</tr>
<tr>
<td>Transdermal</td>
<td>Administration through the skin</td>
</tr>
<tr>
<td>Vaginal</td>
<td>Administration to or in the vagina</td>
</tr>
</tbody>
</table>

Never administer a medication by a route for which you have not received training. Your supervisor will arrange for a licensed staff to conduct additional route training, if needed, typically during a staff meeting.
Specialized training is required if a person receives:

- Medication through enteral routes, i.e., a gastrostomy or jejunostomy (g/j) tube.
- Auto injectable epinephrine, such as an EpiPen® or an Avui-Q® through the intramuscular route. See MAP Policy Section 14.

You are newly Certified. You know a person in your work location has an order for an EpiPen®. Before you are assigned medication administration duties you should

1. ___ Ask a coworker to show you how it is administered
2. ___ Call the pharmacy and ask for instructions
3. ___ Read the medication information sheet so you will know how to use it
4. ___ Ask your Supervisor to arrange a specialized training for EpiPen® use

Ask your Supervisor when you will receive training on all other routes medications are administered in your work location.

You will be comparing the 5 rights between the HCP order, the pharmacy label and the medication sheet as you complete 3 checks to ensure safe medication administration.
The 3 Checks of Medication Administration

The 3 checks of medication administration are a comparison of the 5 rights. Compare the

1. HCP order and the pharmacy label (Check 1)
2. Pharmacy label and the medication sheet (Check 2)
3. Pharmacy label and the medication sheet (Check 3)
Check 1 is a comparison of the 5 rights between the HCP order and the pharmacy label:

- The reason(s) for check 1 is to make sure
  - there is a HCP order for the medication you are going to administer
  - what the HCP ordered is what the pharmacy supplied and
  - the order has not changed since the last time you administered medication
Check 2 is a comparison of the 5 rights between the pharmacy label and the medication sheet:

- The reason(s) for check 2 is to make sure
  - the strength of each tablet supplied and the amount of tablets to administer printed on the pharmacy label agree with what is transcribed on the medication sheet and
  - that you focus on the number of tablets needed
- After check 2 you place the correct number of tablets in the medication cup
Check 3 is a comparison of the 5 rights between the pharmacy label and the medication sheet:

<table>
<thead>
<tr>
<th>Brand</th>
<th>Strength</th>
<th>Dose</th>
<th>Stop Amount</th>
<th>Frequency</th>
<th>Route</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
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<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Special instructions:**

**Reason:**

- The reason for check 3 is to make sure you placed the correct number of tablets in the medication cup according to the pharmacy label directions and the amount transcribed on the medication sheet.

- After check 3 you administer the medication.

The standard when administering medication is to administer whole tablets or capsules with water.
Fill in the blanks using the terms ‘HCP order’, ‘pharmacy label’ and/or ‘medication sheet’.

1. Check 1 is comparing the 5 rights between the __________ and the __________.
2. Check 2 is comparing the 5 rights between the __________ and the __________.
3. Check 3 is comparing the 5 rights between the __________ and the __________.

Match each check in the medication administration process to its corresponding reason.

Check 1____ A. To ensure the instructions and amount to administer on the label agree with what is transcribed onto the medication sheet
Check 2____ B. To verify that the amount of medication that you prepared is what the pharmacy label and medication sheet instruct
Check 3____ C. To ensure the pharmacy supplied the medication as ordered by the HCP
Compare the 5 rights between the HCP order and the pharmacy label. Do the 5 rights agree? ___ If no, why not? _________________________________________

**HEALTH CARE PROVIDER ORDER**

<table>
<thead>
<tr>
<th>Name:</th>
<th>Date:  March 3, yr</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Care Provider:</td>
<td>Dr. Black</td>
</tr>
<tr>
<td>Allergies:</td>
<td>No Known Allergies</td>
</tr>
<tr>
<td>Reason for Visit:</td>
<td>David states he 'has to push hard' when having a bowel movement.</td>
</tr>
<tr>
<td>Current Medications:</td>
<td>See attached medication list.</td>
</tr>
<tr>
<td>Staff Signature:</td>
<td>Sam Dowd</td>
</tr>
<tr>
<td>Date:</td>
<td>March 3, yr</td>
</tr>
<tr>
<td>Health Care Provider Findings:</td>
<td>constipation</td>
</tr>
<tr>
<td>Medication/Treatment Orders:</td>
<td>Colace 200mg by mouth once daily in evening</td>
</tr>
<tr>
<td>Instructions:</td>
<td></td>
</tr>
<tr>
<td>Follow-up visit:</td>
<td></td>
</tr>
<tr>
<td>Lab work or Tests:</td>
<td>None</td>
</tr>
<tr>
<td>Signature:</td>
<td>Richard Black, MD</td>
</tr>
<tr>
<td>Date:</td>
<td>March 3, yr</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Rx #201</th>
<th>Greenleaf Pharmacy</th>
<th>111-222-3434</th>
</tr>
</thead>
<tbody>
<tr>
<td>David Cook</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Docusate sodium 100mg</td>
<td></td>
<td></td>
</tr>
<tr>
<td>IC Colace</td>
<td>Qty. 60</td>
<td></td>
</tr>
<tr>
<td>Take 2 tablets by mouth every evening at 8pm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lot# 463</td>
<td>ED: 3/3/yr</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Dr. Black</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Refills: 5</td>
<td></td>
</tr>
</tbody>
</table>
Special Instructions

Look at the entire pharmacy labeled container to see if there are special instructions you must follow when preparing, administering or storing the medication, such as, ‘do not crush’, ‘shake well’ or ‘refrigerate’.

There are people who have difficulty swallowing a whole tablet with water. In these cases, you must report this to the HCP. The HCP will determine if it is acceptable for you to change the form of a medication.

A HCP order is required to

- place the whole tablet or capsule in applesauce, yogurt or pudding, etc.
- crush the tablet and mix with applesauce, yogurt or pudding, etc.
- open the contents of a capsule and mix with applesauce, yogurt or pudding, etc.
- mix two liquid medications together
- mix crushed medication and liquid medication together
- dissolve the medication in water
- give the medication with a liquid other than water

If a tablet must be halved or quartered in order to administer the correct dose, it must be done by the pharmacy. You are not allowed to break, split or cut a tablet.
True (T) or False (F)

1. _____ You must contact the HCP to obtain an order if a person requests apple juice with their medication.

2. _____ A tablet may only be halved or quartered by the pharmacy

3. _____ You may place whole pills in applesauce, yogurt or pudding without an HCP order

4. _____ Liquid medications may be mixed together if ordered by the HCP

5. _____ A HCP order is not required to open a capsule and mix the contents with applesauce
Medication Administration Process

Administering medication is part of a larger process called the Medication Administration Process. Medication is prepared and administered to one person at a time. The medication administration process includes what happens before; during and after you complete the 3 checks of the 5 rights. The process includes what you will do to:

- Prepare
- Administer
- Complete

Prepare

- Wash
  - the area
    - If a tabletop surface is used as you prepare medication make sure you wipe it clean before starting.
  - your hands
    - Proper handwashing includes wetting your hands with clean, running water and applying soap. Lather your hands by rubbing them together with the soap. Be sure to lather the backs of your hands, between your fingers, and under your nails. Rub your hands for at least 20 seconds. Rinse thoroughly and dry.

- Unlock the storage area

- Review the medication administration sheet specific to any medication due to be administered
  - Take out the medication(s) to be administered
  - Locate the corresponding HCP order(s)
Administer

- Check 1
  - Compare the 5 rights on the HCP order to the 5 rights on the pharmacy label

- Check 2
  - Compare the 5 rights on the pharmacy label to the 5 rights on the medication sheet

- Place the correct number of tablets in the medication cup
  - When removing a tablet from a blister pack
    - always start with the highest numbered ‘bubble’; place the medication cup underneath firmly and push the tablet through the backing directly into the medication cup
  - bottle,
    - the cap may have instructions to push down then turn or there may be arrows you must line up to remove the cap. Tap the number of tablets needed into the bottle cap then place directly into the medication cup

- Check 3
  - Compare the 5 rights on the pharmacy label to the 5 rights on the medication sheet

- Administer the medication
  - Stay with the person until the medication is swallowed
    - Never set the medication cup down
    - The medication is given directly from you to the person

- Look Back
  - Review the pharmacy label and medication sheet to make sure that what the person just swallowed is what you intended to administer
    - If you realize you made a mistake
    - Notify a MAP Consultant immediately
Complete

- Document
  - In the medication book
    - place your initials on the medication sheet
    - across from the medication administered
    - next to the correct time
    - under the correct date
  - if it is the first time you are administering the medication, for the month, sign and initial the signature list.
  - In the count book (if the medication is countable)
    - use the index to locate the correct person, medication and count sheet page number, then,
      - turn to the corresponding count sheet
      - subtract the number of tablets you removed from the package

- Secure the medication

- Wash your hands

- Observe the person for the effects of the medication

If you are administering multiple medications due at the same time, to one person, complete Checks 1 through 3 for each medication. All medication due at the same time, for the same person, may be given together and placed in the same medication cup; liquid medication is measured and placed in a separate medication cup.
Medication Administration Process

Prepare

☐ Wash the area and your hands
☐ Look at the medication sheet to identify the medication to administer
☐ Unlock and remove the medication you are administering

Administer

☐ Check 1-verbalize and point to compare the 5 Rights (HCP order and pharmacy label)
☐ Check 2-verbalize and point to compare the 5 Rights (pharmacy label and med sheet)
☐ Prepare the medication
☐ Check 3-verbalize and point to compare the 5 Rights (pharmacy label and med sheet)
☐ Give the med
☐ Look back (silent comparison between pharmacy label and med sheet)

Complete

☐ Document
  1. Medication Book
  2. Count Book, if needed
☐ Secure the medication and wash your hands
☐ Observe
# Medication Administration Process

<table>
<thead>
<tr>
<th>Step</th>
<th>Action</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td><strong>WASH Area &amp; Hands</strong></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td><strong>LOOK FOR Medication Book</strong></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td><strong>UNLOCK Medication Area</strong></td>
<td></td>
</tr>
<tr>
<td>1</td>
<td><strong>PREPARE</strong></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td><strong>GIVE</strong></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td><strong>SILENT Look Back</strong></td>
<td></td>
</tr>
</tbody>
</table>
| **DOCUMENT** | **1. Medication Sheet**  
**2. Count Sheet, if needed** |  |
| **LOCK** | Medication Area |  |
| **WASH HANDS** |  |  |
| **OBSERVE** |  |  |
In addition to hand washing, there may be times when wearing gloves is necessary such as when applying an ointment to a skin rash or when administering a rectal suppository.

To put the gloves on:

- wash your hands as described in the ‘Prepare’ section of the medication administration process, then
- put on each glove to cover your entire hand and wrist.

To take the gloves off:

- With one gloved hand, take hold of the other glove at the wrist
- Turn the glove inside out as you peel it off your hand
- Roll the removed glove in your hand still wearing a glove
- With your ungloved hand, insert your index finger down the wrist of your still gloved hand pulling the glove down and inside out over the rolled glove
  - At this point both gloves are off with one glove tucked inside the other glove
- Throw away the used gloves into the trash
- Wash your hands
Do not administer medication if

- you cannot read the HCP order
- there is no HCP order
- you cannot read the pharmacy label
- there is no pharmacy label
- you have any concern that the 5 Rights do not agree between the
  - HCP order
  - pharmacy label
  - medication sheet
- a medication seems to be tampered (altered)
- the medication was prepared by someone else
- the person
  - has a serious change
  - has difficulty swallowing
  - refuses to take the medication
- the pharmacy supplied a liquid form of medication, you have been giving the
  tablet form and there is no change in the HCP order
- the medication was ‘pre-poured’

In addition, never use another person’s medication to give to someone else for any reason, even if they have the same medication and dose ordered.
Liquid Medication

When the medication is in a liquid form, the identical medication administration process is followed as described earlier. Liquid medications are products you may see labeled as a solution, suspension, syrup or an elixir. Some medications are only available as liquids. Liquid medications must be measured.

Liquid medications are usually measured in milliliters, teaspoons, or tablespoons. If abbreviations are used on the pharmacy label read them carefully. Abbreviations for teaspoons and tablespoons are similar.

If teaspoons are confused with tablespoons, this could result in a three times over- or under-dose. If milliliters are confused with teaspoons, this could result in a five times over- or under-dose.

You will notice the label on a liquid medication includes the strength of the medication based on how many milligrams (mg) per milliliters (mL) is measured.

The strength on the Dilantin® label tells you that for every 5mL of liquid measured there is an equivalent of 125mg of the medication.

If you measure 10mL, how many milligrams of medication do you have? ____
Remember, whenever a medication has a pharmacy label, the pharmacist will indicate the strength supplied and the amount to administer on the label.

For purposes of this exercise, review the manufacturers label and write the strength of each medication.

1. Milk of Magnesia strength _______mg/______mL

If the dose ordered by the HCP is 2400mg, using the measuring device below, shade in the amount to administer based on the dose ordered and the strength supplied.
2. Tussin strength _______mg/_______mL

If the dose ordered by the HCP is 200mg, using the measuring device below, shade in the amount to administer based on the dose ordered and the strength supplied.
3. Pepto-Bismol strength _______mg/______mL

If the dose ordered by the HCP is 262mg, using the measuring device below, shade in the amount to administer based on the dose ordered and the strength supplied.
4. Flonase inhaler strength _______ mcg/______ spray

Always use a proper measuring device. Use the device that comes with the medication. If one is not provided, you must ask the pharmacist for an appropriate measuring device. Types of liquid measuring devices include a medication cup, oral syringe, dropper and dosing spoon.

Some oral liquid measuring devices include a combination of markings (measurements) such as, milliliter (mL), teaspoon, or tablespoon. If you are unsure of which marking to use, contact the MAP Consultant.
Medication Cup

Find the marking on the cup that agrees with the amount you need for the dose ordered. When preparing a liquid medication, once you determine the amount of liquid to measure into the medication cup based on the dose ordered, make sure you:

- Shake the medication, if needed
- Remove the cap and place it upside down
  - this will help to keep the medication free of germs
- Place the medication cup on a flat surface, at eye level
  - do not hold it in your hand
- Locate the correct measurement on the medication cup
- Hold the bottle so that your hand covers the pharmacy label
  - this keeps the label from becoming soiled
- Pour slowly
  - If you pour too much, do not pour back into the bottle
  - Use a second medication cup to pour into and measure again
  - Extra medication must be disposed per MAP Policy
- Wipe the top of the bottle after pouring, if needed
- After use, wash the medication cup if reusing
  - with dish soap and water

If two liquid medications are due at the same time, each liquid medication is measured using a different medication cup.

Sometimes the amount of liquid medication to be administered is so small; the medication can only be measured accurately using an oral syringe or a dropper or a dosing spoon.
Oral Syringe

Oral syringes come in different sizes. The most common sizes are 1mL, 2.5mL and 5mL syringes, but there are 10mL and larger syringes. Find the measurement on the oral syringe that agrees with the amount you need for the correct dose.

Many times a pharmacy will provide an alternative bottle cap or an adapter that fits on the top of the bottle to allow the liquid to be withdrawn directly from the container with an oral syringe.

When preparing a liquid medication, once you know the amount of liquid to be measured into the oral syringe based on the dose ordered, make sure you:

- Shake the medication, if needed.
- Remove the lid and
  - push the adapter firmly into the top of the bottle or
  - screw the alternative cap on the bottle
- Push the tip of the oral syringe into the hole
  - in the adapter or an alternative cap
- Turn the bottle upside down
  - Pull the plunger of the syringe back so that the medicine is drawn from the bottle into the syringe.
  - Continue to pull the plunger back to the marking that corresponds to the dose.
- If you are unsure about how much medication to draw into the syringe, contact the MAP Consultant.
- Remove any large air bubbles from the syringe.
  - Air bubbles within an oral syringe can give an inaccurate measurement.
  - If there are air bubbles, empty the syringe back into the bottle and try again.
- Turn the bottle back the right way up.
- Remove the syringe.
- After use wash with warm water and dish soap and leave apart to dry.
Dropper

A dropper is a glass or plastic tube that is narrow at one end, and has a rubber end at the other end that is squeezed in order to measure and sometimes administer medication. Droppers come in different sizes with different markings and are used for different reasons. There are droppers used to administer liquid oral medication, eye droppers and ear droppers. If a dropper comes with the medication, always use the dropper included.

When preparing a liquid medication, once you know the amount of liquid to be measured into the dropper based on the dose ordered, make sure you:

- Hold the dropper upright
  - Do not to pull the medication up into the rubber end (bulb) of a dropper or turn the dropper upside down.
- Squeeze the bulb of the dropper
  - This will squeeze excess air out of the dropper and prepare the dropper to suck up the medication.
- Place the dropper into the bottle.
- Slowly let pressure off of the bulb.
  - You will see the medication being pulled up into the dropper.
- When you get the medication pulled up to the mark of the amount needed
  - Measure at eye level
    - Squeeze the bulb to either remove extra medication or to pull up more medication if needed.
- Let go of the rubber end.
  - This will cause an air bubble to pop up and look like the medication is off measurement, but you have the correct amount in the dropper.

Some droppers are made to be taken apart and cleaned after use. If you are using this type of dropper, remove the bulb from the dropper and wash both pieces with warm water and dish soap, rinse well and let the parts air dry.
Dosing Spoon

Dosing spoons come in different sizes with different markings.

When preparing a liquid medication, once you know the amount of liquid to be measured into the dosing spoon based on the dose ordered, make sure you:

- Hold the dosing spoon upright
- Find the marking for the amount needed based on the dose ordered
- Slowly pour the medication from the bottle into the spoon at eye level
- After use, wash the spoon with warm water and dish soap, rinse and let it air dry

Never measure liquid medications with household utensils or measuring spoons. They are not consistent in their size and will result in either too much or too little medication administered.
Look at the dose ordered by the HCP, the strength of the liquid medication supplied by the pharmacy and fill in the amount to administer you would expect to see printed in the pharmacy label directions.

<table>
<thead>
<tr>
<th>Dose</th>
<th>Strength</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>150mg</td>
<td>75mg/10mL</td>
<td></td>
</tr>
<tr>
<td>100mg</td>
<td>50mg/6mL</td>
<td></td>
</tr>
<tr>
<td>100mg</td>
<td>50mg/2mL</td>
<td></td>
</tr>
<tr>
<td>150mg</td>
<td>75mg/4mL</td>
<td></td>
</tr>
<tr>
<td>200mg</td>
<td>100mg/5mL</td>
<td></td>
</tr>
<tr>
<td>150mg</td>
<td>50mg/3mL</td>
<td></td>
</tr>
<tr>
<td>100mg</td>
<td>25mg/2mL</td>
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<td>500mg</td>
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<td>500mg</td>
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<td></td>
</tr>
<tr>
<td>500mg</td>
<td>125mg/5mL</td>
<td></td>
</tr>
</tbody>
</table>
You are preparing Tanisha's liquid medication. After completing your first two checks in the medication administration process, you are now ready to measure the medication. The amount is listed as 4 mL and to use a special dropper. You cannot locate the dropper. Check what you should do next.

1. ____ Obtain a teaspoon from the kitchen drawer and pour just a little less since a teaspoon is 5mL.
2. ____ Borrow the special dropper that comes with Juanita’s liquid medication since it would have 4mL clearly marked for administration.
3. ____ Call the pharmacy and request an appropriate measuring device.
4. ____ Use a medication cup that has markings for 2.5mL and 5 mL and pour just under the 5 mL marking.

Match the following terms with the corresponding letter.

1. ___ Medication cup A. Must be held upright and at eye level for measuring
2. ___ Oral syringe B. Squeeze the bulb to draw up medication
3. ___ Dropper C. Place on a flat surface at eye level
4. ___ Dosing spoon D. Pull the plunger back to the correct measurement

True (T) or False (F)

1. ___ If a household teaspoon is used as a liquid measuring device this could result in an over- or under-dose.
2. ___ Whether preparing liquids or tablets, the same medication administration process is followed.
3. ___ When pouring liquid medication from a bottle, your hand should cover the label.
4. ___ Two different liquid medications may be measured in the same medication cup.
5. ___ Air bubbles within an oral syringe can give an inaccurate measurement.
6. ___ An oral syringe may be washed and reused for the same person.
How to Document if a Medication is Not Administered

There are times when you may have to document that a medication was not administered, such as when a medication:

- is refused
- order includes parameters of when to hold (not give) a medication
- is held prior to testing
- is not available to administer

Medication Refusals

Sometimes a person may not want to take their medication. This is called a medication refusal. When a person refuses, ask them why. Their answer is important. If the person you are working with does not speak, notice if they keep their lips sealed and turn away from you or seem to frown as they try to swallow the medication before spitting it out, etc.

Your subjective and objective observations are important when reporting the refusal to the prescribing HCP. When you speak to the HCP, the HCP may write a new order for the medication to be crushed and mixed in applesauce so that it is easier to swallow. If a person refuses frequently, the HCP may choose to discontinue the medication since the medication will not work if not taken exactly as prescribed. The HCP may prefer to consult with a Behavior Specialist as well as other team members and develop a plan to manage refusals.

Medication refusals are defined as when the person:

- says ‘No’
- spits the medication right back out or never takes the medication from you
- spits the medication out later, even though when you administered it, the person seemed to swallow it
- intentionally vomits the medication within one half hour of taking it

If the person says no or never takes the medication from you, secure it, wait 15-20 minutes and offer the medication again. When offered a second time if the person still refuses, secure it, wait another 15-20 minutes and offer the medication a third time. When offered a third time if the person still refuses the medication, this is considered a final refusal. A person has up to three times to refuse a medication before you are to consider it a final refusal.
All refusals must be reported immediately to the prescribing HCP. It is very important that the prescribing HCP be notified that the person is refusing to take the medication as ordered. You will ask the HCP for their recommendation of what to do next, if anything.

In practice, any MAP Consultant may be contacted and their recommendation followed; however specific to a refusal, the prescribing HCP must also be made aware.

When medication is refused, document this on the medication sheet by:

- circling your initials
- writing a medication progress note including
  - the date, time
  - the medication involved
  - why the medication was not administered
  - your observations
  - who was notified
    - the prescribing HCP
    - your Supervisor
      - include first and last names
  - what you were instructed to do
  - your signature
Documentation example of a refused medication; on the medication sheet and corresponding medication progress note:

**MEDICATION ADMINISTRATION SHEET**

<table>
<thead>
<tr>
<th>Start</th>
<th>Generic Clonazepam</th>
<th>Hour 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31</th>
</tr>
</thead>
<tbody>
<tr>
<td>8/31/yr</td>
<td>Brand Klonopin</td>
<td>8am 8pm</td>
</tr>
<tr>
<td>Stop</td>
<td>Strength 1mg</td>
<td>Dose 1mg</td>
</tr>
<tr>
<td>cont</td>
<td>Amount 1 tab</td>
<td>Route mouth</td>
</tr>
</tbody>
</table>

**Special instructions:**
Reason: seizures

**MEDICATION PROGRESS NOTE**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Medication</th>
<th>Dose</th>
<th>Given</th>
<th>Refused</th>
<th>Reason (for giving/not giving)</th>
<th>Results and/or Response</th>
<th>Staff Signature</th>
</tr>
</thead>
<tbody>
<tr>
<td>2-3-yr 8:30am</td>
<td>Tanisha refused her morning clonazepam 1mg. I attempted to administer it 3 times. Dr. Lee was notified. He recommended to skip this dose and to administer the next dose when it is due. Linda White, supervisor was also notified.</td>
<td>1mg</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Jenna Sherman</td>
</tr>
</tbody>
</table>

You are responsible for medication administration on March 4, yr. You prepare David's 4pm medication. As you enter the room with his Prilosec, he is pacing back and forth and states, “I don’t want that medication”. You should:

1. ___ Tell David he has to take his medication
2. ___ Dispose of the medication since he doesn’t want it
3. ___ Ask David why he doesn't want to take the medication
4. ___ Consider the medication refused

David tells you he doesn’t like the purple color of the tablet. You should:

1. ___ Hide the pill in his food so he cannot see the color purple
2. ___ Insist he take the medication because it’s ordered by the doctor
3. ___ Leave the pill with David and hope that he will take it
4. ___ Secure the medication, return in 15 minutes and offer it again
After 3 attempts, David still refuses the medication. You should first:

1. ___ Notify your Supervisor and coworkers of the refusal
2. ___ Wait one more hour and offer the medication a fourth time
3. ___ Save the medication for the next scheduled administration time
4. ___ Notify Dr. Black of the refusal

Using the medication sheet and corresponding progress note, document the medication refusal.

| Start     | Generic Omeprazole | Hour | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
|-----------|-------------------|------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 8/31/yr   | Brand Prilosec    |      |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Stop      | Amount 1 tab      |      |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
| Cont.     | Frequency Once daily before supper | |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |

Special Instructions:  

MEDICATION PROGRESS NOTE  

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Medication</th>
<th>Dose</th>
<th>Not Given</th>
<th>Refused</th>
<th>Other</th>
<th>Reason (for giving/not giving)</th>
<th>Results and/or Response</th>
<th>Staff Signature</th>
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Reason: GERD
Parameters

Parameters are a set of rules that tell you how something should be done. Another word for parameters is guidelines. Specific to medication administration, HCP orders may include parameters that tell you exactly what to do before or after you administer a medication and when to notify the HCP, if needed.

This is an example of a HCP order that includes a parameter telling you when to give a medication:

- give Milk of Magnesia 1200mg by mouth as needed every 3rd evening if no bowel movement

This is an example of a HCP order that includes a parameter telling you when to hold (or not give) a medication:

- take pulse daily before Lisinopril administration, if pulse is less than 60 do not give Lisinopril

These are examples of HCP orders that include a parameter telling you when to notify the HCP:

- if no bowel movement within 24 hours after PRN Milk of Magnesia is administered, notify the HCP
- if pulse is less than 60, hold Lisinopril and notify the HCP
- if complaints of a sore throat, notify the HCP
- if temperature is 100 or greater, notify the HCP

When parameters are met and the medication is not administered, document this on the medication sheet by:

- circling your initials and
- writing a medication progress note including
  - the date, time and
  - the medication involved
  - why the medication was not administered
  - your observations
  - if required, who was notified
    - MAP Consultant
    - typically the HCP
    - your Supervisor
      - include first and last names
The parameters in a person’s HCP order (written on the medication sheet next to special instructions) states to hold Zestril if the systolic (top) blood pressure (BP) reading is below 100 and notify the HCP. On March 5th at 8am the BP reading you obtain is 90/50. Use the medication sheet to document the BP reading and the held dose. Use the medication progress note to document what happened and who you notified.

**MEDICATION PROGRESS NOTE**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Medication</th>
<th>Dose</th>
<th>Given</th>
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<th>Other (for giving/not giving)</th>
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**Start Generic**

<table>
<thead>
<tr>
<th>8/31/yr</th>
<th>Brand Check blood pressure (BP)</th>
<th>8am</th>
<th>WS</th>
<th>AS</th>
<th>JC</th>
<th>WS</th>
</tr>
</thead>
</table>

**Stop**

<table>
<thead>
<tr>
<th>Amount</th>
<th>Route</th>
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<tr>
<td>S</td>
<td>12/34/536/12</td>
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**Cont.**

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Daily in the morning</th>
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<td>D</td>
<td>84 85 86 87 88</td>
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</table>

**Special instructions:** Hold Zestril if systolic (top) blood pressure (BP) reading is below 100 and notify HCP  

**Reason:** high BP

---

- what you were instructed to do
- your signature
Medication ordered to be held before a medical test

There are some medical tests that require restrictions of food, drink and/or medication prior to testing. A HCP order will specify if medication is to be held before a medical test and whether or not to give the medication after the test is completed or to resume the next regularly scheduled dose as ordered.

When medication is ordered to be held (not administered) prior to a medical test, document this on the medication sheet by:

- circling your initials and
- writing a medication progress note including
  - the date, time and
  - the medication involved
  - why the medication was not administered
    - reference the HCP order to hold the dose of medication prior to testing
  - your signature

The instructions in a person’s HCP order state to hold the omeprazole on March 4, yr at 4pm prior to a scheduled test and to resume the next dose when it is due. Document the held medication dose on the medication sheet and write a medication progress note.

<table>
<thead>
<tr>
<th>Start</th>
<th>Generic Omeprazole</th>
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</thead>
<tbody>
<tr>
<td>8/31/yr</td>
<td>Brand Prilosec</td>
</tr>
<tr>
<td>Stop</td>
<td>Amount 1 tabs</td>
</tr>
<tr>
<td>Cont.</td>
<td>Frequency Once daily before supper</td>
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<tr>
<td>Hour</td>
<td>1</td>
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</table>

Special Instructions:

- reference the HCP order to hold the dose of medication prior to testing
- your signature

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Medication</th>
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<th>Given</th>
<th>Not Given</th>
<th>Reason (for giving/not giving)</th>
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MEDICATION PROGRESS NOTE

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Reason: GERD

2017 The Massachusetts Departments of Public Health, Developmental Services, Mental Health and Children and Families

Massachusetts | Responsibilities in Action
If a medication is not available to administer

At times a medication may not be available to administer even though you have attempted to obtain the medication from the pharmacy such as when

- prior authorization is required from the person’s prescription insurance company
  - Follow up by immediately contacting the prescribing HCP and obtain a recommendation about what you are to do until the medication can be obtained
- the medication is ‘too soon to refill’
  - Follow up by contacting the pharmacist and asking when the medication will be available and what you are to do until the medication is obtained
- no refills remain on the prescription
  - Follow up by immediately contacting the prescribing HCP and request a new prescription be sent to the pharmacy
    - follow up with the pharmacy to ensure the prescription is received
    - confirm a date and a time the medication will be obtained
      - if you cannot obtain the medication for the dose that is due obtain a recommendation about what you should do

Prior authorization is when the HCP must obtain approval from the health insurance company to prescribe a specific medication for a person.

When medication is not available to be administered, document this on the medication sheet by:

- circling your initials and
- writing a medication progress note including
  - the date, time and
  - the medication involved
  - why the medication was not administered
  - what you have done to obtain the medication
  - your observations
  - who was notified
    - MAP Consultant
    - your Supervisor
      - include first and last names
  - what you were instructed to do
  - your signature
There is no Prilosec available for you to administer at 4pm on March 4th, yr. You call and speak to Forrest Greenleaf the pharmacist at Greenleaf Pharmacy. You were told the medication will be delivered by 7:30pm. You then ask the pharmacist what to do about the 4pm dose that will be missed. The pharmacist’s recommendation is to omit the 4pm dose on March 4th, yr and to give the next regularly scheduled dose when due. Document the missed dose on the medication sheet and write a medication progress note.

| Start | Generic Omeprazole | Hour | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| 8/31/yr | Brand Prilosec | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Stop | Strength 20mg | Dose 20mg | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cont. | Frequency | Once daily before supper | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

Special instructions: 

**MEDICATION PROGRESS NOTE**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Medication</th>
<th>Dose</th>
<th>Refused</th>
<th>Other</th>
<th>Reason (for giving/not giving)</th>
<th>Results and/or Response</th>
<th>Staff Signature</th>
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<tbody>
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</tbody>
</table>
When a medication is not available and as a result is omitted (not given), it is a medication occurrence; requiring you to contact a MAP Consultant immediately and complete a medication occurrence report form. See MAP Policy Section 09.

On the medication sheet, all medication boxes, for scheduled times, should be filled in by the end of the month; if documentation has been completed accurately, there will be no blank spaces.

If there is a blank space on the medication sheet where there should be a set of initials, you must contact a MAP consultant immediately and follow the recommendation given. Do not assume that the medication was not administered because the space was left blank.

If there is a blank space on the medication sheet and the medication is determined to have been administered, do not fill in your initials. Instead, write a late entry on the medication progress note indicating the date and time the medication was administered.
Let’s Review

- Some medications are administered on a continuous basis
- Some medications are administered on a PRN, as needed basis
  - PRN medication orders must have
    - a specific reason for use
    - parameters or instructions
      - including what to do if the medication is given and does not work
- There are 5 Rights of Medication Administration
  - Person
  - Medication
  - Dose
  - Time
  - Route
- The 5 Rights must agree between the
  - HCP order
  - Pharmacy label
  - Medication sheet
- The 5 Rights must be checked 3 times before any medication is administered
  - Check 1-HCP order and pharmacy label
  - Check 2-Pharmacy label and medication sheet
  - Check 3-Pharmacy label and medication sheet
- Liquid medication strength will usually have a ‘mg’ per ‘mL’
- Liquid measuring devices must always be used to prepare liquid medication
- There are many different routes that medications can be administered by
  - Routes other than oral require additional training
- A HCP order is required to change the form of a medication (such as crushing)
- If a person refuses their medication try to determine why
- Offer the medication 3 times before considering the medication refused
- Documentation of a medication not administered includes
  - Your initials circled on the medication sheet
  - A progress note indicating
    - why the medication was not administered
    - recommendations given
    - who was notified (HCP and Supervisor)
Unit 8

Chain of Custody

Responsibilities you will learn

- What the ‘Chain of Custody’ means
- Why the Chain of Custody is necessary
- What can happen if the Chain of Custody is broken
- Your role in the Chain of Custody

Access to the medication storage area must be limited to staff assigned to administer medication. Only MAP Certified staff may know the combination to access the medication storage keys.

Once you are assigned medication administration duties you are responsible for the inventory (supply) of medication during your assigned shift. Every time the medication storage keys change hands conduct a two person, ‘Shoulder to Shoulder’, count of the medication with the on-coming and off-going responsible staff.

Once you have conducted the count and have accepted the keys, only you should have access to the medication storage area. The medication keys are kept with you as long as you are in the program. At the end of your shift, you will conduct a two person count with the on-coming staff that will be responsible for the medication before handing the keys over.

If the Certified staff assigned to administer medication and/or maintain medication security changes during a shift and the keys are passed, a count must be completed at that time.

If there will be no Certified staff in the program during the next shift, the keys must be kept locked in the program. Medication storage keys are typically secured in a combination locked box. A count must be completed before placing the keys into the locked box and/or after removing the keys from the locked box.

MAP requires all medications be passed directly to and from only MAP Certified or licensed staff. The Chain of Custody is an unbroken documentation trail of accountability that ensures the physical security of medication. Every tablet, capsule, mL, etc. of medication, from the time the medication is requested from the pharmacy, either as a new medication or a medication refill, until the time the medication no longer exists in the program (administered, disposed, transferred etc.), the medication must be tracked.
The Chain of Custody ensures the integrity of the medication is not compromised and all medication is accounted for. Maintaining the Chain of Custody minimizes the opportunity for medication to be stolen.

There are many documents and methods used to track medications. Tracking documents include:

- **A Medication Ordering and Receiving Log**
  - Documentation of medication that is ordered by a program and when received from the pharmacy

- **Pharmacy receipts**
  - Documentation from the pharmacy of all medication dispensed to a program; whether delivered to the program or picked up from the pharmacy by Certified staff.

- **Count Book**
  - Documentation of countable medication that is added into the count book and/or subtracted from a count book.

- **Medication sheet**
  - Documentation of medication that is administered and (if) not administered.

- **Medication release document (Transfer form)**
  - Documentation of medication that is transferred from one location to another location.

- **Disposal Record**
  - Documentation of medication that is disposed.

- **Blister Pack Monitoring**
  - Although not a MAP requirement, if used at your program you will
    - Document medication removed from a blister pack by writing your initials, date and time on the back of the blister pack for each tablet removed.
    - Periodically the documentation on the back of the blister pack is reviewed to ensure medication was given as prescribed.
Ask your Supervisor if blister pack monitoring is required at your work location.

**Medication Ordering and Receiving Log**

All programs must maintain a record of when a prescription is requested to be filled by the pharmacy with the corresponding quantity of medication received. This process is typically documented using a Medication Ordering and Receiving Log. You must document in the Medication Ordering and Receiving Log each time you:

- request a medication refill from the pharmacy, document the
  - person’s name
  - name of medication and strength
  - quantity (total number of tablets, capsules, mLs, etc.)
  - Health Care Provider
  - Your signature and the date the medication refill was requested

- receive a medication refill from the pharmacy, document the
  - prescription (Rx) number
  - strength of medication received
    - double check that the strength ordered is the same as the strength received
  - quantity (total number of tablets, capsules, mLs, etc. received)
  - remaining refills
    - if “0”, contact the HCP to request another prescription be sent to the pharmacy
  - your signature and the date the medication refill was received

If the ordered refill does not arrive with the pharmacy delivery, make sure you immediately contact the pharmacy to determine when the medication will be obtained.
Pharmacy Receipts

The pharmacy will provide a receipt for every medication dispensed. The pharmacy receipt will typically include the:

- person’s name
- medication name
- strength of medication
- total number of tablets, capsules or mLs dispensed
- Rx (prescription) number

When medication is received from the pharmacy you must compare the:

- medication received from the pharmacy to the pharmacy receipt
  - ensuring you received what the pharmacy documented they sent
- Medication Ordering and Receiving Log to the medication obtained
  - ensuring you received what was ordered by your program

The pharmacy manifest (receipt of medication dispensed) must be kept at the program for a minimum of 90 days. See MAP Policy Section 10.

Ask your Supervisor if the pharmacy where you work supplies automatic refills. If the answer is yes, ask what system is used to cross check the medication you are expecting to receive to what the pharmacy delivers.
Countable Controlled Substance Book

The Countable Controlled Substance Book is typically known as the Count Book. All countable controlled (schedule II-V) medication must be documented and tracked in a count book. There are many requirements surrounding countable medication because these medications may be stolen and abused.

The count book must have a binding with no loose pages. The binding is the cover of a book that holds the pages together and protects them. The book must be preprinted with consecutively numbered pages.

A count book has 3 basic sections, including the

- Index
- Count Sheets
- Count Signature Sheets
Index

The beginning of the count book contains the index. The index will identify the

- name of each person prescribed a countable medication
- medication name and strength
- count sheet page number of the countable medication
- signature space if the medication is removed from count

  o only a supervisor may remove a medication from count including but not limited to, any of the following reasons:
    - the medication was discontinued and disposed
    - the medication was disposed after a person passed
    - the person moved and medication was transferred to a new home
      - the ‘amount left column’ of the corresponding count sheet page in any of the above examples will be marked as ‘0’, since that medication is physically no longer in the program to count

<table>
<thead>
<tr>
<th>Name</th>
<th>Medication and Strength</th>
<th>Page Number</th>
<th>Person responsible for removing medication from count</th>
</tr>
</thead>
<tbody>
<tr>
<td>David Cook</td>
<td>Phenobarbital 32.4mg</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Tanisha Johnson</td>
<td>Clonazepam 1mg</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>Tanisha Johnson</td>
<td>Phenobarbital 32.4mg</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>Ellen Tracey</td>
<td>Lorazepam 0.5mg</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>Juanita Gomez</td>
<td>Tramadol 50mg</td>
<td>6</td>
<td></td>
</tr>
<tr>
<td>David Cook</td>
<td>Tramadol 25mg</td>
<td>7</td>
<td></td>
</tr>
</tbody>
</table>
A count book index also identifies the count sheet pages that are currently in use. The index must be updated when transferring from an old count sheet page to a new count sheet page. A ‘Shoulder to Shoulder’ count of all medication is conducted using the index as a guide.

Looking at the sample index below, you know that

- Sarah Brown’s phenobarbital is no longer in the double locked area to count because Linda White, the supervisor, signed as removing it from count. If the medication was discontinued, it would have remained on count and double locked until disposed. Only after its disposal would a supervisor sign as ‘Person Responsible for Removing Medication from Count’. If you turned to the corresponding count sheet page 7, the ‘amount left’ column would have a ‘0’ as there is no longer medication physically present to count.

- Mike Stone has Ativan 1mg tablets to be counted on page 5 (because page 2 became full.)

- When the four boxes next to Joseph Smith’s Ativan were full, a supervisor wrote ‘see below’ with their initials to indicate the Ativan was started on a new row in the index. Joseph Smith’s Ativan is currently found on count sheet page 11.

- William Mitchell has Percocet to be counted on count sheet page 8.

According to the index below, there are three count sheet pages currently in use, count sheet page numbers 5, 8 and 11.

### Sample Index

<table>
<thead>
<tr>
<th>Name</th>
<th>Medication and Strength</th>
<th>Page Number</th>
<th>Person responsible for removing medication from count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sarah Brown</td>
<td>Phenobarbital 97.2mg</td>
<td>1</td>
<td>4 7</td>
</tr>
<tr>
<td>Mike Stone</td>
<td>Ativan 1mg</td>
<td>2</td>
<td>5</td>
</tr>
<tr>
<td>Joseph Smith</td>
<td>Ativan 0.5mg</td>
<td>3</td>
<td>6 9 10</td>
</tr>
<tr>
<td>William Mitchell</td>
<td>Percocet 5mg/325mg</td>
<td>8</td>
<td></td>
</tr>
<tr>
<td>Joseph Smith</td>
<td>Ativan 0.5mg</td>
<td>11</td>
<td></td>
</tr>
</tbody>
</table>

2017 The Massachusetts Departments of Public Health, Developmental Services, Mental Health and Children and Families
Count Sheets

When a new medication is added into the count or the balance of medication is transferred from a completed count sheet page to a new count sheet page, the heading of the new count sheet page must be completed. The heading of each count sheet must be completed with the information from the pharmacy label, including the

- person’s name
- medication name
- strength of medication
- directions to administer the medication
- HCP’s name
- pharmacy name
- prescription (Rx) number

The first line of the count sheet must indicate the

- date and time
  - amount of medication received from the pharmacy and added into the count, or
  - amount of medication transferred from a completed count sheet page to a new count sheet page
- signatures of the two Certified staff verifying the amount of new medication added into the count or the amount of medication transferred to the new page.

The count sheet tracks the amount of each countable medication when

- added as
  - a new medication
  - a medication refill
  - transferred from a previous page
  - received from another program
  - received from the pharmacy after repackaging and/or relabeling

- subtracted as
  - administered, including the
    - date and time
    - route by which the medication was administered
    - amount on hand (the amount you started with)
    - amount used
Each tablet, capsule or mL of medication must be accounted for.

- amount remaining (the amount you are left with after subtracting what you removed from the package)
- your signature
  - transferred
    - to another program, such as the day program
    - on a LOA
    - to the pharmacy for repackaging or relabeling
  - disposed
    - if the medication is
      - refused
      - expired
      - discontinued
      - dropped on floor, etc.

The amount used column must be documented in word form, not the numerical form. For example, “one” must be written and not documented as the number “1”. This will help prevent someone from altering your documentation.
Name: David Cook
Doctor: Dr. Black
Pharmacy: Greenleaf
Medication and Strength: Phenobarbital 32.4mg
Directions: Take 3 tablets by mouth once daily in evening

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Route</th>
<th>Amount on Hand</th>
<th>Amount Used</th>
<th>Amount Left</th>
<th>Signature</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/17/yr</td>
<td>9am</td>
<td>Received from Pharmacy</td>
<td>42</td>
<td>39</td>
<td>30</td>
<td>Jenna Sherman</td>
</tr>
<tr>
<td>2/17/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>39</td>
<td>36</td>
<td>33</td>
<td>Amanda Smith</td>
</tr>
<tr>
<td>2/18/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>36</td>
<td>33</td>
<td>30</td>
<td>Amanda Smith</td>
</tr>
<tr>
<td>2/19/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>33</td>
<td>30</td>
<td>27</td>
<td>Amanda Smith</td>
</tr>
<tr>
<td>2/20/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>30</td>
<td>27</td>
<td>24</td>
<td>Jenna Sherman</td>
</tr>
<tr>
<td>2/21/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>24</td>
<td>21</td>
<td>18</td>
<td>Amanda Smith</td>
</tr>
<tr>
<td>2/22/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>21</td>
<td>18</td>
<td>15</td>
<td>Amanda Smith</td>
</tr>
<tr>
<td>2/23/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>18</td>
<td>15</td>
<td>12</td>
<td>Amanda Smith</td>
</tr>
<tr>
<td>2/24/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>15</td>
<td>12</td>
<td>9</td>
<td>Jenna Sherman</td>
</tr>
<tr>
<td>2/25/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>12</td>
<td>9</td>
<td>6</td>
<td>Jenna Sherman</td>
</tr>
<tr>
<td>3/1/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>9</td>
<td>6</td>
<td>3</td>
<td>Amanda Smith</td>
</tr>
<tr>
<td>3/2/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>6</td>
<td>3</td>
<td>0</td>
<td>Amanda Smith</td>
</tr>
</tbody>
</table>

Amount left _0__ transferred to page __2___
Signature _________ Amanda Smith
Signature __________ Jenna Sherman
Count Signature Sheets

The last section of the count book contains the count signature sheets. Countable controlled medication must be counted

- with two Certified staff
- every time the medication storage keys change hands
  - including, when placing the medication storage keys into or removing them from the combination lock box
    - This can happen when
      - there is no staff coming on duty as you are leaving or
      - there is no staff present when you arrive

### Count Signature Sheet

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Count correct</th>
<th>Incoming Staff</th>
<th>Outgoing Staff</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/1/yr</td>
<td>3:10pm</td>
<td>yes</td>
<td>Amanda Smith</td>
<td>Sam Dowd</td>
</tr>
<tr>
<td>3/1/yr</td>
<td>11:06pm</td>
<td>yes</td>
<td>Jenna Sherman</td>
<td>Amanda Smith</td>
</tr>
<tr>
<td>3/2/yr</td>
<td>8:56am</td>
<td>yes</td>
<td>single person count</td>
<td>Jenna Sherman*</td>
</tr>
<tr>
<td>3/2/yr</td>
<td>10:12am</td>
<td>yes</td>
<td>Sam Dowd</td>
<td>Linda White**</td>
</tr>
<tr>
<td>3/2/yr</td>
<td>3:04pm</td>
<td>yes</td>
<td>Amanda Smith</td>
<td>Sam Dowd</td>
</tr>
</tbody>
</table>

* On 3-2-yr at 8:56am, Jenna Sherman was the only MAP Certified staff on duty. When it was time for her to leave, there was no MAP Certified staff coming on duty. Jenna conducted a single person count before securing the medication storage keys.

** On 3-2-yr at 10:12am, Sam Dowd and his supervisor, Linda White, both MAP Certified, conducted a 2 person count before Sam accepted responsibility for the medication storage keys.
‘Shoulder to Shoulder’ Count Procedure

When conducting a 2 person count of the countable controlled medication follow the ‘Shoulder to Shoulder’ count procedure:

- The off-going staff (giving up the keys) holds the count book and leads the count.
  - Using the index as their guide, the off-going staff reads the information of the first medication to be counted including the person’s name, medication name and strength, and then turns to the appropriate count sheet page.

- The on-coming staff (receiving the keys) locates the corresponding tamper resistant pack of medication.
  - The on-coming staff then reads the label information aloud; the person’s name, medication name, strength and directions for use. Then counts and states the number of pills, syringes, etc. seen in the package.

- The off-going staff (giving up the keys) verifies that the directions listed on the count page is accurate and that the number of pills, syringes etc. in the ‘amount left’ column is the same as the number as counted by the on-coming staff.

- Both staff looks at and verifies the number of pills, syringes etc. remaining in the tamper resistant package and in the ‘amount left’ column are the same.

- This process is completed for each countable medication.

- After all countable medications have been counted, both staff must sign the count signature sheet documenting that the count was conducted and all countable medication is accounted for. The medication storage keys are now transferred to the on-coming staff.

Countable medications must be counted each time the medication storage keys change hands. The medication storage keys must be carried by the person assigned medication administration duties for the shift. See MAP Policy Section 10.
DPH recognizes that there are some situations when only one Certified and/or licensed staff is available at the change of shift/assignment. In this instance only, the single Certified and/or licensed staff should conduct a ‘single person count’ and sign the count indicating a ‘single count’ was conducted. At the first opportunity for a two person count, the count must be conducted. Under no circumstances should a two person count be conducted less than once every 24 hours. See MAP Policy Section 10.

True (T) or False (F)

1. __ When conducting a two person medication count, it is acceptable for one staff to conduct the count and then have a second staff verify the count at a later time.
2. __ All countable medications must be counted every time the medication storage keys change hands.
3. __ After counting the medications and accepting the medication storage keys, you are accepting responsibility for the security of the medication.
4. __ The medication storage keys are carried by the Certified staff assigned medication administration duties for the shift.
5. __ Maintaining the Chain of Custody makes it harder for medication to be stolen.
Review the scenario and select the best action.
You arrive at work and are assigned medication administration duties for the shift. A Shoulder to Shoulder count is completed, the medication storage keys are handed to you and you have accepted responsibility for the medication. During your shift, another Certified staff asks for the medication storage keys to obtain the drug reference book from the medication storage area. You must:

1. ___ Give the keys to the Certified staff with instructions to return them as soon as they have what they need.
2. ___ Unlock the medication storage area for the Certified staff and instruct them to lock it back up when they are done.
3. ___ Unlock the medication storage area, obtain the drug reference book for the Certified staff and relock.

Mark yes (Y) or no (N) if you may give the medication keys to:

1. ___ The VNA nurse who needs to access the insulin stored in the medication area
2. ___ Administrator or supervisor that is not MAP Certified requesting to do an audit
3. ___ Maintenance personnel for needed repairs to the medication closet

Answer the following questions:

1. What happens to the ‘Chain of Custody’ if unauthorized staff have access to the medication storage area? ________________________________

2. When and to who are you allowed to give the medication storage keys?
______________________________________________________________
You are one of two Certified staff conducting a ‘Shoulder to Shoulder’ count. Review count sheet page 9 below and the corresponding blister pack (see next page). Is the count correct? _______

Name: Scott Green
Doctor: Dr. S. Pratt
Pharmacy: Greenleaf
Medication and Strength: Zolpidem 5mg
Directions: Take 1 tablet by mouth once daily PRN at bedtime per Scott’s request for difficulty sleeping

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Route</th>
<th>Amount on Hand</th>
<th>Amount Used</th>
<th>Amount Left</th>
<th>Signature</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/3/yr</td>
<td>9am</td>
<td></td>
<td>Received 30 from pharmacy</td>
<td>30</td>
<td>30</td>
<td>Linda White/Sam Dowd</td>
</tr>
<tr>
<td>3/3/yr</td>
<td>9pm</td>
<td>mouth</td>
<td>30</td>
<td>0 one</td>
<td>29</td>
<td>Jenna Sherman</td>
</tr>
<tr>
<td>3/4/yr</td>
<td>9pm</td>
<td>mouth</td>
<td>29</td>
<td>0 one</td>
<td>28</td>
<td>Jenna Sherman</td>
</tr>
<tr>
<td>3/8/yr</td>
<td>9:30pm</td>
<td>mouth</td>
<td>28</td>
<td>0 one</td>
<td>27</td>
<td>Amanda Smith</td>
</tr>
<tr>
<td>3/10/yr</td>
<td>9pm</td>
<td>mouth</td>
<td>27</td>
<td>0 one</td>
<td>26</td>
<td>Amanda Smith</td>
</tr>
<tr>
<td>3/11/yr</td>
<td>9:15pm</td>
<td>mouth</td>
<td>26</td>
<td>0 one</td>
<td>25</td>
<td>Jenna Sherman</td>
</tr>
<tr>
<td>3/13/yr</td>
<td>9pm</td>
<td>mouth</td>
<td>25</td>
<td>0 one</td>
<td>24</td>
<td>Jenna Sherman</td>
</tr>
<tr>
<td>3/14/yr</td>
<td>10pm</td>
<td>mouth</td>
<td>24</td>
<td>0 one</td>
<td>23</td>
<td>Jenna Sherman</td>
</tr>
<tr>
<td>3/18/yr</td>
<td>10pm</td>
<td>mouth</td>
<td>23</td>
<td>0 one</td>
<td>22</td>
<td>Amanda Smith</td>
</tr>
<tr>
<td>3/22/yr</td>
<td>9:30pm</td>
<td>mouth</td>
<td>22</td>
<td>0 one</td>
<td>21</td>
<td>Amanda Smith</td>
</tr>
</tbody>
</table>
If the tablets in a blister package are accidentally removed out of order, you cannot rely on the numbered blisters; instead you must count each tablet.
When and Why Two Signatures are Required in the Count Book

Two Certified and/or licensed staff signatures are required in the count book when

- adding a newly prescribed medication into the count
  - Why?
    - To verify the total amount of new medication received from the pharmacy is correct, is added to the count and is not stolen.

- adding a medication refill from the pharmacy into the count
  - Why?
    - To verify the total amount of medication received from the pharmacy is correct, is added to the count and is not stolen.

- disposing medication
  - Why?
    - To verify the total amount of medication to be disposed is rendered useless and cannot be used or stolen.

- a count sheet page is transferred, including both the bottom of the completed page and the top of the newly transferred page
  - Why?
    - To verify the amount (number of tabs, caps, mL’s etc.) of medication at the bottom of the completed page is the same as the amount of medication at the top of the new page and has not been changed so that the medication can be stolen.

- the medications are counted each time the medication storage keys change hands
  - Why?
    - To verify all medication is secure, accounted for and is not stolen.
Name: Tanisha Johnson
Doctor: Dr. C. Lee
Pharmacy: Greenleaf
Medication and Strength: Phenobarbital 32.4mg

Directions: Take 2 tablets by mouth once daily in evening

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Route</th>
<th>Amount on Hand</th>
<th>Amount Used</th>
<th>Amount Left</th>
<th>Signature</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/17/yr</td>
<td>9pm</td>
<td></td>
<td></td>
<td>32</td>
<td>32</td>
<td>Jenna Sherman/Amanda Smith</td>
</tr>
<tr>
<td>3/18/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>32</td>
<td>two</td>
<td>30</td>
<td>Jenna Sherman</td>
</tr>
<tr>
<td>3/19/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>30</td>
<td>two</td>
<td>28</td>
<td>Jenna Sherman</td>
</tr>
<tr>
<td>3/20/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>28</td>
<td>two</td>
<td>26</td>
<td>Amanda Smith</td>
</tr>
<tr>
<td>3/21/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>26</td>
<td>two</td>
<td>24</td>
<td>Amanda Smith</td>
</tr>
<tr>
<td>3/22/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>24</td>
<td>two</td>
<td>22</td>
<td>Amanda Smith</td>
</tr>
<tr>
<td>3/23/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>22</td>
<td>two</td>
<td>20</td>
<td>Jenna Sherman</td>
</tr>
<tr>
<td>3/24/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>20</td>
<td>two</td>
<td>18</td>
<td>Jenna Sherman</td>
</tr>
</tbody>
</table>

The 3/17/yr 9:00pm entry is an example a count sheet page transfer. If you looked back at count sheet page 4 at the bottom, you would see 32 in the amount left column and the signatures of Jenna Sherman and Amanda Smith.
Medication Sheets

Medication sheets are tracking forms. All HCP medication orders must be transcribed onto a medication sheet. After a medication is administered you write your initials in the medication box on the medication sheet documenting you have administered the medication. Your initials in a medication box means that you administered the medication at the program. If the medication was not administered at the program because the person was at another location, an acceptable code is used such as:

- LOA - leave of absence
- H - hospital, nursing home, rehab center
- DP - day program/day hab
- W - work
- S - school
- P - packaged, if the person is learning to self-administer his/her medication

If the person is at the program, however, the medication is not administered, document this on the medication sheet by

- circling your initials and
  - writing a progress note explaining
    - why the medication was not administered and
    - who was notified
Documentation example of a refused medication; on the medication sheet and corresponding medication progress note:

<table>
<thead>
<tr>
<th>Start</th>
<th>Generic Phenytoin</th>
<th>Hour 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/1/yr</td>
<td>Brand Dilantin</td>
<td>8am - 12:15pm</td>
</tr>
<tr>
<td>Stop</td>
<td>Amount 2 tabs</td>
<td>8pm - 7:45pm</td>
</tr>
<tr>
<td>cont.</td>
<td>Frequency twice daily</td>
<td></td>
</tr>
</tbody>
</table>

**Special instructions:**

**Reason:** seizures

**Name:** Juanita Gomez  
**Date:** 2/3/yr  
**Time:** 8:30am  
**Medication:** Juanita refused her morning phenytoin 200mg. I attempted to administer it 3 times. Dr. Jones was notified. He recommended to skip this dose and to administer the next dose when it is due. Linda White, supervisor was also notified.  
**Results and/or Response:** Jenna Sherman
**Medication Release Documents**

A medication release document is also known as a transfer form. In the event a medication is required to be transferred to a different location, such as

- the day program/day hab
- on a LOA
- a different residential program
- to the pharmacy for repackaging or re-labeling
- to the hospital because a specific medication prescribed for the person is not supplied by the hospital's pharmacy

A dated medication release document (transfer or LOA form) must be completed.

The medication release document must include:

- Where the medication is being transferred from
- Where the medication is being transferred to
- Medication name and strength
- Total amount of medication (tablets, capsules, mLs etc.) transferred
- Signature of person transferring medication
- Signature of person receiving medication
Sample Medication Transfer Form

I, ______________________, am transferring the following medication
From ___________________________________________________
To ___________________________________________________
Date ___________________________________________________

<table>
<thead>
<tr>
<th>Medication</th>
<th>Strength</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Signature of staff receiving medications ___________________ Date __________
Signature of staff transferring medications __________________ Date __________

Medications must be transported by MAP Certified or licensed staff. See MAP Policy Section 10.
Day Program Medication

Whenever possible schedule medication to be administered in the residential program. However, if a person will routinely be receiving medications at more than one location, such as the day program, ask the pharmacy to ‘split-package’ the medication. For example, if Juanita attends day program five days a week, the pharmacy will prepare and package her day program medication separately from medication she receives at her residential program. If Juanita’s monthly supply of medication is delivered in full to the residential program,

- before you send it to the day program,
  - document the medication as received into the residential program’s Medication Ordering and Receiving Log
    - if the medication is a countable medication add it to the count book
    - complete a transfer form for the split-packaged day program medication including
      - medication name and strength
      - amount of tablets, capsules or mLs transferred
        - if the medication is a countable medication, it must be subtracted from the residential program’s count book
      - location the medication is being transferred from
      - location the medication is being transferred to
      - your signature, as the person transferring the medication
      - date
  - at the day program
    - obtain signature and date, of person accepting the medication
      - if the medication is a countable medication, day program staff must add it to the count book
      - make a copy of the signed and dated transfer form
        - the residential program needs a copy as documentation of medication transferred and
        - the day program needs a copy as documentation of medication received
Day programs typically receive their supply of medication(s) from the residential programs. In this instance, the day program will not be able to meet the MAP requirement of having 90 days’ worth of pharmacy receipts on site; instead, the day program will have transfer forms which are kept indefinitely.

The day program will also need copies of Juanita’s HCP orders; communication between residential staff and day program staff is essential for safe medication administration. It is the residential staff’s responsibility to ensure the day program staff has all required information for medication administration (a copy of the HCP order and pharmacy labeled medication).

**Class Discussion**

Juanita has a medication ordered four times daily, scheduled for 8am, 12pm, 4pm and 8pm; the 12pm dose is administered at the day program 5 days a week. At Juanita's last HCP visit Dr. Jones discontinued the medication. The residential staff discontinued the order on the medication sheet, posted and verified the HCP order and disposed of the discontinued medication, per agency policy. However, no one notified the day program. What do you think happened? What should have happened?

Ask your supervisor what the communication system is between the day program and your work location.
Leave of Absence

In the event a medication will be administered outside of the person’s home, such as a staffed outing or during a visit with family, medication must be sent with the person for you or the family member to administer.

For any leave of absence contact the pharmacy to package the LOA medication.

The pharmacy must prepare the medication for any leave of absence if the LOA is

- scheduled ahead of time or
- greater than 72 hours

If the pharmacy is contacted and is unable to prepare the medication you may prepare it only if the LOA is

- unplanned (not scheduled ahead of time) and is
- less than 72 hours

Knowing the date and time the person will be leaving on the LOA and the date and time the person will be returning from the LOA will help to determine the amount of medication to prepare.

If you are responsible for medication administration while on the LOA, you must be the preparer of the medication unless the medication was prepared by the pharmacy.
If the LOA medication is prepared by or will be administered by staff, each medication strength must be

- in a separate container*
  - marked directly on the container with the information from the original pharmacy label including the
    - person’s name
    - medication name
    - strength of medication
    - amount to administer
    - name of ordering HCP
    - directions for medication administration
    - date prepared
    - amount of medication in the container (number of tablets, capsules or mLs)

*A coin envelope may be used for each medication you prepare.

See MAP Policy Section 11 for complete leave of absence details including vacation LOAs.
If the person is away on a leave of absence when you are administering medication, document this on the medication sheet by writing ‘LOA’ in the medication box. In addition, all medication sent on the LOA must be documented on a Leave of Absence form. The Leave of Absence form should include the

- person’s name
- destination
- date and time of departure
- estimated date and time of return
- allergies
- medication name
  - strength of tablet, capsule or mL
  - frequency
  - amount to administer
  - route
  - directions or special instructions, if any
- amount of medication placed into the container
- who prepared the medication
  - pharmacy name or
  - staff name
- signature(s) of the
  - second staff, if available, who double checked the prepared LOA medication
  - staff releasing medication and the person accepting medication
    - if the medication was released to a family member
  - staff who prepared and will be administering the medication on the LOA

Written instructions and medication information should also be available to the person who is responsible for medication administration during the LOA.
If the LOA medication is a countable controlled medication it must be subtracted in the count book as a LOA medication.

*On 2-24-yr at 10am, Amanda Smith subtracted nine tablets from the count sheet, that were prepared by the pharmacy, for a leave of absence (LOA) when those medications were released to David’s sister.*

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Route</th>
<th>Amount on Hand</th>
<th>Amount Used</th>
<th>Amount Left</th>
<th>Signature</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/17/yr</td>
<td>9am</td>
<td></td>
<td>Received from Pharmacy</td>
<td>42</td>
<td></td>
<td>Linda White/Sam Dowd</td>
</tr>
<tr>
<td>2/17/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>42</td>
<td>three</td>
<td>39</td>
<td>Jenna Sherman</td>
</tr>
<tr>
<td>2/18/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>39</td>
<td>three</td>
<td>36</td>
<td>Jenna Sherman</td>
</tr>
<tr>
<td>2/19/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>36</td>
<td>three</td>
<td>33</td>
<td>Amanda Smith</td>
</tr>
<tr>
<td>2/20/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>33</td>
<td>three</td>
<td>30</td>
<td>Amanda Smith</td>
</tr>
<tr>
<td>2/21/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>30</td>
<td>three</td>
<td>27</td>
<td>Amanda Smith</td>
</tr>
<tr>
<td>2/22/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>27</td>
<td>three</td>
<td>24</td>
<td>Jenna Sherman</td>
</tr>
<tr>
<td>2/23/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>24</td>
<td>three</td>
<td>21</td>
<td>Jenna Sherman</td>
</tr>
<tr>
<td>2/24/yr</td>
<td>10am</td>
<td>_____</td>
<td>21</td>
<td>nine/LOA*</td>
<td>12</td>
<td>Amanda Smith</td>
</tr>
<tr>
<td>2/27/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>12</td>
<td>three</td>
<td>9</td>
<td>Amanda Smith</td>
</tr>
</tbody>
</table>
Sample Leave of Absence Form

Name _________________________ Allergies ___________________ Date ______________

Program address ___________________________ Program Phone _____________________

Destination address ____________________________________________________________

Date and time of departure ______________________________________________________

Date and time of expected return __________________________________________________

<table>
<thead>
<tr>
<th>Medication</th>
<th>Strength</th>
<th>Amount</th>
<th>Frequency</th>
<th>Route</th>
<th>Special Instructions</th>
<th># Pills Provided</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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<td></td>
</tr>
</tbody>
</table>

Medications Packaged By: Check one

☐ Pharmacy   Name of Pharmacy ____________________________ Date __________

☐ Staff      Name of Staff ____________________________ Date __________

Name of Staff who double checked** preparation of medication: ** (if available)

__________________________ Date __________

I understand the above information regarding medication and its administration. My questions have been answered. I understand I may call the staff if any further questions.

Name of Person entrusted with medication ____________________________ Date ______

Name of Staff releasing medication ____________________________ Date ______

Signature _________________________________________________________ Date ______
Any unused oral LOA medication may not be returned to the program for use; instead, it must be disposed according to policy and documented. See MAP Policy Sections 10 and 11.

Disposal

All controlled and countable controlled medication to be disposed must be documented on the DPH Disposal Record Form.

Disposals of OTC medication and dietary supplements may also be documented using the DPH Disposal Record Form.

The disposal record is a consecutive, chronological documentation of medications disposed. This means, each time a medication is disposed, it is assigned an ‘item’ number and dated. For example, the first disposal to take place in a new program would be documented as item #1 (year), followed by item #2 (year), item #3 (year) etc. Typically, a program will start each new calendar year with item #1 and the current year.

When documenting a medication disposal on the Disposal Record do not leave blank spaces. Complete the:

- heading of the form including the
  - agency name
  - program address
  - DPH MAP Registration number
- item #
- date of disposal
- person’s name
- date the prescription was last filled
- medication name
- strength of medication
- amount disposed
- reason for disposal*
- count book information
  - If the medication was a countable medication include the
- count book number and
- count book page number
  - If the medication was not a countable medication
    - Write 'n/a' (not applicable) in the space
- Rx number
- pharmacy name
- signature of MAP Certified supervisor
- your signature

*When countable medications are disposed, the Disposal Record and Count Book documentation must agree including; the reason why disposal was needed; documented in both places.

Possible reasons for medication disposal include

- the medication
  - was refused
  - dropped on the floor
  - was discontinued
  - expired (outdated)
  - medication was prepared incorrectly
- the person died
- the supply of medicine in the program is more than allowed
- unused LOA oral medication was returned to the program

Medication disposals must be completed with two Certified staff, one of which is a MAP Certified Supervisor except as noted below.

Two Certified staff (no supervisor) may dispose of the medication if the medication was

- refused
- dropped
- prepared incorrectly
  - your supervisor is unavailable and
    - your agency allows it
Ask your Supervisor if he/she is required for all medication disposals or if two Certified staff (no supervisor) may dispose of a refused or dropped dose of medication, at your work location.

DPH requires that the medication to be disposed is rendered unusable, meaning once you have prepared the medication for disposal; no one is able to still use it. Look for any specific disposal instructions on the medication information sheet; if there are any, follow them. While there are many methods for rendering a medication unusable, typically, you will

- remove the medication from the pharmacy packaging
- put the medication into a sealable bag
- crush the medication in the sealable bag
- add dish detergent to the crushed medication
  - you can also use
    - moistened kitty litter
    - hand sanitizer
    - used coffee grounds
- seal the bag and put it into an airtight, non-descript container
- place it in the trash

Make sure all identifying personal information (pharmacy label) is removed from the empty pharmacy packaging before placing it in the trash.

Medication may not be returned to the pharmacy for disposal. See MAP Policy Section 10.
On March 3, yr, Amanda Smith accidentally dropped one tablet of Tanisha Johnson’s clonazepam 1mg on the floor and disposed of the tablet with Linda White. In this example, disposal documentation was completed in the count book and on the disposal form. (The pharmacy label is used to complete a disposal form.) Notice the entry fifteen minutes later when another tablet was removed for administration.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Route</th>
<th>Amount on Hand</th>
<th>Amount Used</th>
<th>Amount Left</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/3/yr</td>
<td>9am</td>
<td></td>
<td></td>
<td>60</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Received from Pharmacy</td>
<td></td>
<td>John Craig/ Sam Dowd</td>
</tr>
<tr>
<td>3/3/yr</td>
<td>4pm</td>
<td></td>
<td>60</td>
<td>one dropped/disposed</td>
<td>59</td>
</tr>
<tr>
<td></td>
<td></td>
<td>mouth</td>
<td>59</td>
<td>one</td>
<td>58</td>
</tr>
</tbody>
</table>

Rx # N236
Greenleaf Pharmacy
20 Main Street
Treetop, MA 00000

Tanisha Johnson
Clonazepam 1mg
IC Klonopin

Take 1 tablet by mouth twice daily at 8am and 4pm

Dr. Lee

Lot # 365-792
ED: 3/3/yr
Refills: 3
### Controlled Substance Disposal Record Form

<table>
<thead>
<tr>
<th>Agency: Amercare</th>
<th>ProgramSite: 45 Shade St.</th>
<th>DPH Registration #: MAP 00000</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Item #: 1-yr</th>
<th>Date: 02/18/yr</th>
<th>Individual’s Name: David Cook</th>
<th>Date Last Filled: 05/05/yr</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medication:</td>
<td></td>
<td>Amount Take Reason: DC’d</td>
<td></td>
</tr>
<tr>
<td>Tramadol</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Amount Disposed:</td>
<td></td>
<td>Take Reason: DC’d</td>
<td></td>
</tr>
<tr>
<td>Countable Controlled Substance Book Number: 1</td>
<td>Page Rx Number: N125</td>
<td>Pharmacy: Greenleaf</td>
<td></td>
</tr>
<tr>
<td>Signatures:</td>
<td></td>
<td>Supervisor: Linda White</td>
<td></td>
</tr>
<tr>
<td>Staff: Sam Dowd</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Item #: 2-yr</th>
<th>Date: 03/3/yr</th>
<th>Individual’s Name: Tanisha Johnson</th>
<th>Date Last Filled: 03/3/yr</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medication:</td>
<td></td>
<td>Amount Take Reason: DC’d</td>
<td></td>
</tr>
<tr>
<td>Clonazepam</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Amount Disposed:</td>
<td></td>
<td>Take Reason: DC’d</td>
<td></td>
</tr>
<tr>
<td>Countable Controlled Substance Book Number: 1</td>
<td>Page Rx Number: N236</td>
<td>Pharmacy: Greenleaf</td>
<td></td>
</tr>
<tr>
<td>Signatures:</td>
<td></td>
<td>Supervisor: Linda White</td>
<td></td>
</tr>
<tr>
<td>Staff: Amanda Smith</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Item #:</th>
<th>Date:</th>
<th>Individual’s Name:</th>
<th>Date Last Filled:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medication:</td>
<td></td>
<td>Amount Take Reason:</td>
<td></td>
</tr>
<tr>
<td>Strength:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Amount Disposed:</td>
<td></td>
<td>Take Reason: DC’d</td>
<td></td>
</tr>
<tr>
<td>Countable Controlled Substance Book Number: 1</td>
<td>Page Rx Number:</td>
<td>Pharmacy:</td>
<td></td>
</tr>
<tr>
<td>Signatures:</td>
<td></td>
<td>Supervisor:</td>
<td></td>
</tr>
<tr>
<td>Staff:</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

---

**Destruction of all prescription medications in Schedules II-VI that are either outdated, spoiled or have not been administered due to a change in the prescription or a stop order shall be documented on the DPH approved disposal record. According to regulations at 105CMR 700.003(f)(3)c: "Disposal occurs in the presence of at least two witnesses and in accordance with any policies at the Department of Public Health". DPH policy requires disposal to occur in the presence of two Certified or licensed staff of which one of the two is supervisory staff. If a supervisor is unavailable when an individual refuses a prepared medication, or a pill is inadvertently dropped then two Certified staff may render these medications unusable in accordance with acceptable DPH disposal practices. Failure to maintain complete and accurate records of drug destruction could result in revocation of your Controlled Substance Registration. Disposal must render the medication unusable and must be in accordance with acceptable DPH disposal practices. Unless prohibited by local ordinance, acceptable practices include, but are not limited to, flushing (flushing should be restricted to those medications so labeled), crushing the medication and/or dissolving in water put into a sealable bag and mixing with an unpalatable substance (such as liquid soap, used coffee grounds, kitty litter). Mixture should then be put into an impermeable, non-descript container, (e.g., detergent bottle) and placed in trash. Medications are not permitted to be returned to the pharmacy for destruction. Medications returned to the program site (e.g., LOAs) must be destroyed as per DPH regulation. They cannot be reused by the program.
If the medication to be disposed is a countable medication, the countable medication must remain on count until the disposal is completed.

This means, if you subtracted the medication in the count book and then the person refused the medication, if a second certified or licensed staff is not available; keep the medication on count until a second staff is available to complete the disposal process. After the medication is disposed you may subtract the medication from the count.

Fill in the blanks

1. Medication disposal must take place with _____ Certified staff.

2. When a countable medication is disposed, it must be documented on a disposal record and in the __________ ______________

3. On a disposal record, the _______ _________ is the chronological numbering of medications disposed.

4. A MAP Certified ____________________ must be present when disposing of expired or discontinued medications.
Medication Supply Discrepancy

Suspicious

A suspicious count discrepancy is when the count is off and there is suspicion of tampering, theft or unauthorized use of medication; known as a medication or drug loss. Prescription medication losses (schedules II-VI) must be reported to the Drug Control Program (DCP) within 24 hours after discovery of the medication loss using the DPH/DCP Drug Incident Report (DIR) Form.

Remember, documentation tells a story from beginning to end. If a suspicious discrepancy is noted in the Count Book, it must be documented accurately, using as many lines as needed, to ‘tell the story’ of what happened. Make sure your documentation includes that the discrepancy was reported to the DPH/DCP and your supervisor.

Count Signature Sheet

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Count correct</th>
<th>Incoming Staff</th>
<th>Outgoing Staff</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/1/yr</td>
<td>3:10pm</td>
<td>yes</td>
<td>Amanda Smith</td>
<td>Sam Dowd</td>
</tr>
<tr>
<td>3/1/yr</td>
<td>11:06pm</td>
<td>yes</td>
<td>Jenna Sherman</td>
<td>Amanda Smith</td>
</tr>
<tr>
<td>3/2/yr</td>
<td>8:56am</td>
<td>yes</td>
<td>single person count</td>
<td>Jenna Sherman</td>
</tr>
<tr>
<td>3/2/yr</td>
<td>10:12am</td>
<td>yes</td>
<td>Sam Dowd</td>
<td>Linda White</td>
</tr>
<tr>
<td>3/2/yr</td>
<td>3:04pm</td>
<td>yes</td>
<td>Amanda Smith</td>
<td>Sam Dowd</td>
</tr>
<tr>
<td>3/2/yr</td>
<td>11:00pm</td>
<td>no</td>
<td>single person count</td>
<td>Amanda Smith</td>
</tr>
</tbody>
</table>

When I counted, one of Ellen Tracey’s Ativan 0.5mg tab is missing. See count sheet page 5. The amount left says 9 and there are 8 tabs in the package. Blister pack monitoring is completed for the last dose due. There is one empty bubble after that dose with no monitoring documented. Linda White, Supervisor notified. Drug Incident report form completed and faxed to DPH. Amanda Smith
In the event of a countable medication loss, the count signature sheet will reflect that the count is incorrect; you will document ‘no’. When noting that the count is incorrect, you may include the corresponding count sheet page number where the loss was discovered.
Department of Public Health
Drug Control Program
Drug Incident Report

Pursuant to the Department’s regulations at 105 CMR 700.005(D), registrants are required to report the loss of any controlled substances upon discovery. When a drug loss of discovered, kindly fill out this incident report and fax it to the Drug Control Program at (617) 753-8083 within twenty four hours of discovery.

<table>
<thead>
<tr>
<th>Date of Report</th>
<th>Report Prepared By</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Title</th>
<th>Contact’s Phone Number</th>
<th>Contact’s e-mail</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</tr>
</tbody>
</table>

Facility Information

- **Facility Name**: ______________________________________________________________________
- **Address**: _________________________________________________________________________
- **City**: ____________________  **Zip Code**: __________

**Facility Type**

- Hospital
- MAP (DDS)
- Clinic
- Ambulance
- Manufacturer/Distributor
- Long Term Care
- MAP (DMH)
- Prison/House of Correction/Jail
- Practitioner’s Office
- School
- MAP (DCF)
- VNA
- Other (Please Specify)  ____________________________________________________

<table>
<thead>
<tr>
<th>Date of Loss</th>
<th>Specific location of loss (unit, floor, etc., if applicable)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Incident Type**

- Diversion
- Loss
- Theft
- Tampering
- Documentation
- Other (Please Specify)

**Drug (use additional sheets if needed)**

<table>
<thead>
<tr>
<th>Drug (use additional sheets if needed)</th>
<th>Quantity</th>
<th>Strength</th>
<th>Dosage Form</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</table>

**Narrative** (Please explain what happened, what factors may have contributed to loss, and any other relevant information. Please indicate if patient harm was involved. Please use additional sheets if necessary.)

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

For office use only

<table>
<thead>
<tr>
<th>Drug Incident Report</th>
</tr>
</thead>
<tbody>
<tr>
<td>Received by Drug Unit</td>
</tr>
<tr>
<td>R20131010-01</td>
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</tbody>
</table>
Non-suspicious

A non-suspicious count discrepancy is when the count is off however it can be easily resolved by checking the addition and/or subtraction documented. If a non-suspicious discrepancy is noted in the count book it must be corrected accurately, using as many lines as needed to ‘tell the story’ of what happened. Make sure your documentation also includes that you reported the discrepancy and correction to your supervisor.
<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Route</th>
<th>Amount on Hand</th>
<th>Amount Used</th>
<th>Amount Left</th>
<th>Signature</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/15/yr</td>
<td>9am</td>
<td></td>
<td></td>
<td>Received from Pharmacy</td>
<td>42</td>
<td>Linda White/Sam Dowd</td>
</tr>
<tr>
<td>2/15/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>42</td>
<td>three</td>
<td>39</td>
<td>Jenna Sherman</td>
</tr>
<tr>
<td>2/16/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>39</td>
<td>three</td>
<td>36</td>
<td>Jenna Sherman</td>
</tr>
<tr>
<td>2/17/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>36</td>
<td>three</td>
<td>33</td>
<td>Amanda Smith</td>
</tr>
<tr>
<td>2/18/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>33</td>
<td>three</td>
<td>30</td>
<td>Amanda Smith</td>
</tr>
<tr>
<td>2/19/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>30</td>
<td>three</td>
<td>27</td>
<td>Amanda Smith</td>
</tr>
<tr>
<td>2/20/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>27</td>
<td>three</td>
<td>24</td>
<td>Jenna Sherman</td>
</tr>
<tr>
<td>2/21/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>24</td>
<td>three</td>
<td>21</td>
<td>Jenna Sherman</td>
</tr>
<tr>
<td>2/22/yr</td>
<td>10am</td>
<td></td>
<td>21</td>
<td>nine/LOA*</td>
<td>12</td>
<td>Amanda Smith</td>
</tr>
<tr>
<td>2/25/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>12</td>
<td>three</td>
<td>9</td>
<td>Amanda Smith</td>
</tr>
<tr>
<td>2/26/yr</td>
<td>8pm</td>
<td>mouth</td>
<td>9</td>
<td>three</td>
<td>5</td>
<td>Jenna Sherman</td>
</tr>
</tbody>
</table>

2-27-yr 10am When counting I noticed the amount left says 5 but the number in the medication package is 6. The math of the 2-26-yr at 8pm entry is incorrect. I notified Linda White, Supervisor. Correct count is 6.

Sam Dowd
Your role in the Chain of Custody is necessary to ensure the security of the medication. Just like the links of a chain, each joined to the other; the ‘Chain of Custody’ documentation trail of medication received into or transferred out of your program must never be broken.

Let’s Review

- All medications and dietary supplements must be accounted for and tracked
- Medications are tracked using:
  - Pharmacy Ordering and Receiving Log
  - Pharmacy receipts
  - Medication sheets
  - Count Book
  - Transfer form
  - LOA form
  - Disposal Record
  - Blister Pack Monitoring (if used at your agency)
- Always
  - complete the appropriate tracking document
  - include your signature and date
- If releasing medication to another person, make sure to obtain their signature as accepting the medication
- Countable medication must be reconciled (counted) every time the medication storage keys change hands
- Diversion of prescription medication may result in criminal prosecution
- Prescription medication losses must be reported to DPH/DCP within 24 hours after discovery of the loss
- You play an important role in maintaining the Chain of Custody
Unit 9
Medication Occurrences

Responsibilities you will learn

- The definition of a medication occurrence
- What you do if you make or discover a medication occurrence
- When and how to report a medication occurrence
- How to help reduce medication occurrences

As you have learned, to administer medication safely, the process must be completed from beginning to end while being mindful. Most medication occurrences can be traced to not following the steps of the medication administration process.

A medication occurrence is when one of the 5 rights goes wrong during medication administration, including:

- Wrong
  - person
  - medication
  - dose
  - time
    - omission (a subcategory of wrong time)
  - route

A Medication Occurrence Report (MOR) is a document used to track and report each time one of the 5 rights goes wrong during medication administration.

A hotline medication occurrence is when medical intervention (including but not limited to lab work, tests, Emergency Room visit, HCP visit, etc.), illness, injury or death follow the medication occurrence. See MAP Policy Section 09.

Ask your Supervisor how MORs are submitted at your work location.
Procedure Following a Medication Occurrence

As soon as a medication occurrence is identified you must:

- Check to see if the person is ok

- If not ok, call 911
  - You must know your agency’s emergency procedures and where emergency contact information is located

- Call a MAP Consultant
  - When speaking to the MAP Consultant, make sure you
    - tell the MAP Consultant exactly what happened, including
      - the medication(s) involved
      - what type of occurrence happened
      - date and time of occurrence

- Follow all recommendations given to you by the MAP Consultant

- Notify your supervisor

- Document
  - what happened
  - who you notified
    - include the MAP Consultant’s full name
    - your supervisor’s full name
  - the MAP Consultant’s recommendations
  - what you did (the MAP Consultant’s recommendations)
  - sign your name
  - date/time

- Complete a Medication Occurrence Report (MOR)
  - if the medication occurrence is a Hotline Medication Occurrence
    - notify DPH and the MAP Coordinator within 24 hours of discovery of the medication occurrence
      - fax and telephone numbers for DPH are located on the MOR form
    - submit the report within 7 days of discovery of the medication occurrence
      - to the MAP Coordinator
### Department of Public Health Medication Administration Program

**MEDICATION OCCURRENCE REPORT (side one)**

<table>
<thead>
<tr>
<th>Agency Name</th>
<th>Date of Discovery</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual's Name</td>
<td>Time of Discovery</td>
</tr>
<tr>
<td>Site Address (street)</td>
<td>Date(s) of Occurrence</td>
</tr>
<tr>
<td>City/Town Zip Code</td>
<td>Time(s) of Occurrence</td>
</tr>
<tr>
<td>Site Telephone No.</td>
<td>DPH Registration No. MAP</td>
</tr>
</tbody>
</table>

#### A) Type Of Occurrence (As per regulation, contact MAP Consultant)

1. Wrong Individual
2. Wrong Dose
3. Wrong Route
4. Wrong Medication (includes medication given without an order)
5. Wrong Time (includes medication not given in appropriate timeframe)
6. Omission (subgroup of 'wrong time'—medication not given or forgotten)

#### B) Medication(s) Involved

<table>
<thead>
<tr>
<th>Medication Name</th>
<th>Dosage</th>
<th>Frequency/Time</th>
<th>Route</th>
</tr>
</thead>
<tbody>
<tr>
<td>As Ordered:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>As Given:</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>As Ordered:</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>As Given:</td>
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<td>As Ordered:</td>
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<td></td>
</tr>
<tr>
<td>As Given:</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### C) MAP Consultant Contacted (Check all that apply)

- [ ] Registered Nurse
- [ ] Registered Pharmacist
- [ ] Health Care Provider

#### D) Hotline Events

- [ ] Medical Intervention (see Section E below)
- [ ] Illness
- [ ] Injury
- [ ] Death

#### E) MAP Consultant's Recommended Action

- [ ] Medical Intervention
- [ ] Health Care Provider Visit
- [ ] Lab Work or Other Tests
- [ ] Clinic Visit
- [ ] Emergency Room Visit
- [ ] Hospitalization
- [ ] Other: Please describe

#### F) Supervisory Review/Follow-up

**Contributing Factors: Check all that apply. If none apply, check none (8)**

1. [ ] Failure to Properly Document Administration
2. [ ] Medication not Available (Explain Below)
3. [ ] Medication Administered by Non-Certified Staff (includes instances of expired or revoked Certification)
4. [ ] Failure to Accurately Take or Receive a Telephone Order
5. [ ] Medication Had Been Discontinued
6. [ ] Improperly Labeled by Pharmacy
7. [ ] Failure to Accurately Record and/or Transcribe an Order
8. [ ] None

**Narrative:** (If additional space is required, continue in box F-1)

<table>
<thead>
<tr>
<th>Print Name</th>
<th>Print Title</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contact phone number</td>
<td>E-mail address</td>
<td></td>
</tr>
</tbody>
</table>
The DPH Medication Occurrence Report form is used for all MOR’s in DMH-DCF programs and in DDS programs for hotlines only.

Medication occurrences provide an opportunity to improve medication administration procedures. When reviewing medication occurrences it is important to focus on what contributed to the occurrence rather than who made the occurrence.

Every staff can and should learn from someone else’s mistake. If you make a mistake when administering medication, it is extremely important to remember that the safety of the person must always be your primary concern and to report the occurrence to the MAP Consultant immediately.

The chances of a medication occurrence happening can be greatly decreased by always following the medication administration process you learned in this curriculum. Follow the same process each time you administer medication.

Ask your supervisor what the policy/procedure is regarding medication occurrence follow up specific to your work location. Expect that if you discover or make an occurrence your supervisor will speak to you to learn about the circumstances of what happened. A supervisor does this to determine if the:

- occurrence was reported promptly to the MAP consultant
- MAP consultant responded in a timely manner
- recommendation was followed

In addition a supervisor reviews:

- if there was an impact on the person
- the completed medication occurrence report
  - which of the five rights of medication administration were violated
    - right person
    - right medication
    - right dose
    - right time
    - omission
right route

the form was forwarded to the office, if necessary

It is important for a supervisor to know:

- Was the HCP order clearly understood?
- Was the HCP order posted and verified before the medication was given?
- Was the proper procedure used to assure the identity of the person?
- Were three checks for the five rights conducted before the medication was administered?
- Were the contents of the medication cabinet secured?
- Was the medication sheet filled out correctly?
- Were counts of the countable controlled medications completed and correct?
- Was the pharmacy label legible and correct?
- Was the correct medication available to be given?
- Is the medication HCP order book current and correct?
- Was the prepared medication kept secure (under Certified staff’s control) until the intended person swallowed the medication?
- Were medication counts completed upon receipt of medication?

Gathering this information will help a supervisor determine the reason for an occurrence. Reasons for an occurrence may be:

- Failure to follow the medication administration process
- Failure to follow the correct process in ordering and receiving medication
- Contributing environmental factors such as a:
  - snow storm
- Documentation errors such as a:
  - transcription error
- Other contributing factors such as:
  - noise

Gathering this information helps a supervisor determine any corrective action such as:

- Reviewing procedures with the staff (retraining specific to what went wrong)
- Reviewing regulations and/or policy with the staff (retraining specific to what went wrong)
- Requiring complete formal retraining such as:
  - Repeating a full MAP Certification training
- Providing 1:1 supervision practice until the supervisor is satisfied of correct practice such as:
  - supervised medication passes
Disciplinary action

Other responses may be necessary when the staff member participation in a medication occurrence was only a partial cause of the occurrence (certain types of pharmacy error, HCP error, etc.)

Number the ‘Procedure Following a Medication Occurrence’ in the order to be completed if you make or discover a medication occurrence.

A. ___ Complete a Medication Occurrence Report
B. ___ Follow all recommendations given to you by the MAP Consultant
C. ___ Notify your supervisor
D. ___ Call 911, if needed
E. ___ Document what you did and who you notified
F. ___ Call a MAP Consultant
G. ___ Check to see if the person is ok

Match the term to the corresponding example

| 1.___ | Wrong dose | A | Ear drops ordered for the right ear were administered into the left ear |
| 2.___ | Wrong person | B | A morning dose of medication was administered in the evening |
| 3.___ | Wrong route | C | Klonopin 2mg was ordered and Klonopin 1mg was administered |
| 4.___ | Wrong medication | D | A discontinued medication was administered |
| 5.___ | Wrong time | E | Medication ordered was not administered |
| 6.___ | Omission | F | Medication was left unattended and then was ingested by another person |
A **wrong person** medication occurrence means the medication was administered

- to the wrong person, either by
  - misidentification
  - distraction
  - the medication was left unattended or not secured and someone else ingested it

To minimize the chances of a medication occurrence involving a wrong person, always

- remain mindful
  - Think about what you are doing as you prepare medication; do not rush or skip steps to save time
  - If possible, bring the person to the medication area
  - If you are unsure of who the person is, ask another staff who is familiar with the person or look at the Emergency Fact Sheet picture
  - Do not try to do more than one task at the same time
    - For example
      - Do not prepare medication while talking on your cell phone
    - Never leave medication unattended
      - if the medication is refused, secure it until you attempt a second or third administration
  - Never pre-pour medication

You and your coworker Jim will be working together; Jim is assigned medication administration duties and you are assigned morning hygiene. To save time, Jim decides to ‘pre-pour’ all of the medications.

Just as Jim finishes preparing all of the medications he hears you call for “Help!” Jim goes to help you leaving the prepared medication unattended. When Jim returns to the medication area he finds one of the people living in the home with the empty pill cups.

1. What category of medication occurrence was made? ______________________
2. What should Jim do next? ___________________________________________
3. How could this medication occurrence have been prevented? ______________
4. What if the same scenario occurred, except Jim had correctly prepared only one set of medication; what could he have done when he heard the call for help?
A wrong medication occurrence means the medication was administered

- without a HCP order
  - including administering a medication
    - using an expired HCP order
    - that had been discontinued
    - past the stop date of a time limited medication order
    - administering one medication instead of another
      - Tegretol is ordered/Tylenol is administered instead

To minimize the chances of a medication occurrence involving a wrong medication, always

- look at the HCP order (check #1 of the medication administration process)
  - to ensure
    - it is valid; signed and dated by the HCP
    - the medication order has not been changed or was discontinued
    - what is printed on the pharmacy label is what the HCP ordered
- call a MAP Consultant if you have a question regarding an HCP order

Janet is assigned medication administration duties. She remembers from the last time she worked that Tanisha has a HCP order for Kenalog 0.1% cream to be applied to the bottoms of both feet at bedtime.

As Janet helps Tanisha get ready for bed, she gets the cream from the medication storage area and applies it to the bottom of Tanisha’s feet. Janet then washes her hands and starts to prepare Tanisha’s oral medications.

As Janet is reviewing Tanisha’s HCP orders and medications sheets she notices that the order for the Kenalog cream was discontinued yesterday.

1. What category of medication occurrence was made? ___________________
2. What should Janet do next? ____________________________
3. How could Janet have prevented this medication occurrence? ____________
A wrong dose medication occurrence means

- too much or
- too little
  - of the medication was administered at the scheduled time

To minimize the chances of a medication occurrence involving a wrong dose, always

- look at the
  - HCP order to find the dose of the medication
  - pharmacy label to find the strength of the tablet and the amount to give to equal the dose
  - medication you have prepared in the cup to ensure the amount is correct
  - blister pack (if used) to ensure the tablet was popped out and did not ‘stick’ to the foil seal
  - OPUS cassette (if used) to ensure the tablet was removed and did not ‘stick’ in the corner
- call a MAP Consultant if the strength of tablet and amount to give does not equal the dose ordered by the HCP

Tanisha Johnson has a HCP order for phenobarbital 64.8 mg once daily in the evening. The pharmacy had been supplying a 32.4 mg tablet with directions to take 2 tablets. When the new refill was obtained, it was supplied as a 64.8 mg tablet with directions to take 1 tablet.

At 8pm, Serena starts to prepare Tanisha’s medications. Serena remembers that Tanisha always receives 2 tablets of phenobarbital so she gets the blister pack of phenobarbital, pops 2 tablets and administers them.

As Serena starts to document on the medication sheet and count book she notices that the strength of the tablet and amount to give has changed.

1. What category of medication occurrence was made? ______________________
2. What should be done next? _________________________________________
3. How could this medication occurrence have been prevented? _____________
A **wrong time** medication occurrence means the medication was administered

- too early (more than 1 hour before the scheduled time),
- too late (more than 1 hour after the scheduled time), or
- parameters or instructions for use of the medication were not followed

A subcategory of wrong time is

- **Omission**
  - Meaning the medication was not administered; either it was
    - forgotten or
    - not available to administer

To minimize the chances of a medication occurrence involving a wrong time or omission, always

- use the top two boxes on the medication sheet to schedule ‘am’ medication times and the bottom two boxes to schedule ‘pm’ medication times
- administer medication within one hour before and up to one hour after, the time listed on the medication sheet
- administer PRN medication at the exact frequency ordered keeping in mind the last time it was administered
  - there is no 1 hour window for PRN medication
- call a MAP Consultant if you have questions about the frequency of a medication
- document after administering the medication
  - to minimize the chance of a second staff giving the medication again because there was a ‘blank space’ on the medication sheet and they were within the hour time window
- follow the instructions and/or parameters for use of the medication as ordered by the HCP
  - Such as blood pressure monitoring, ordered to be taken prior to the administration of a medication
    - If the medication is administered without obtaining the blood pressure, it is a ‘wrong time’ medication occurrence
- ensure that medication is obtained from the pharmacy
  - Order refills from the pharmacy at least one week before the medication runs out
  - As soon as the last remaining refill is called into the pharmacy, notify the HCP that additional refills are needed.
Be aware, the process of obtaining medication from the pharmacy may take several phone calls and is not complete until the medication is obtained.

Ask your Supervisor to explain the system for obtaining refills in your work location.

You are assigned medication administration duties. You wash your hands, unlock the medication storage area, look in the medication book and see that the person has Tegretol 400mg due at 4pm; however, when you locate the blister pack of Tegretol you find the blister pack is empty.

You check the medication storage area for a back-up supply and none is found. You call the pharmacy but the pharmacist tells you there are no refills left.

1. What should you do next? ___________________________________________
2. If no medication is obtained, who should you call? ______________________
3. What category of medication occurrence was made? ______________________
4. How could this medication occurrence have been prevented? ________________
A **wrong route** medication occurrence means the medication was administered

- by a way (route) not ordered by the HCP

To minimize the chances of a medication occurrence involving a wrong route, always

- look at the
  - HCP order to see the route of administration ordered
  - pharmacy label and medication sheet to ensure the route of administration is listed and is the same as the HCP order
- separate medications by their route, in the person’s medication storage area
- remain mindful
  - to ensure you administer the medication by the correct route
  - Call a MAP Consultant if you have questions about the way a medication is to be administered

Ellen Tracey has a HCP order for Debrox ear drops, 4 drops to each ear at bedtime and a second HCP order for Saline eye drops, 4 drops to each eye, at bedtime.

As Joe is preparing Ellen’s medications, another staff is talking to Joe about the new ‘app’ he installed on his phone. Joe is very interested in the new ‘app’ and stops paying attention to what he is doing. Instead of reaching for the Saline eye drops he takes the Debrox ear drops.

Joe proceeds to administer the Debrox ear drops into Ellen’s eyes. Joe realizes what he has done as he is completing a ‘closer look’ while signing the medication sheet.

1. What category of medication occurrence was made? ______________________
2. What should Joe do next? _________________________________________
3. How could this medication occurrence have been prevented? _____________
Let’s Review

- A medication occurrence is when one of the 5 rights goes wrong
- You must know your agency’s emergency procedures and where emergency contact numbers are listed
- If you make, or discover, a medication occurrence, speak to a MAP Consultant immediately
  - Follow all recommendations
  - Document
- The safety of the person must always be your first concern, call 911 if needed
- Medication occurrences should be viewed as ‘teachable moments’
  - Learn from yours and/or someone else’s mistake
- Always remain mindful during the medication administration process
  - Do not try to do additional tasks, such as answering the phone or talking to a co-worker, while administering medication
- Medication occurrences must be reported to the MAP Coordinator within 7 days of discovery
- Hotline medication occurrences must be reported to DPH and the MAP Coordinator with 24 hours of discovery
Words You Should Know

**Abbreviation**-A shortened form of a word or phrase.

**Accuracy check**-A review of the new month’s medication sheets, completed by two Certified and/or licensed staff, ensuring that all information on the medication sheet is complete and correct.

**Adverse Response**-A severe side effect.

**Allergic Reaction**-When the body’s immune system reacts to a medication as if it were a foreign substance.

**Amount**-The number of tablets, capsules or mLs needed to equal the dose ordered by the HCP.

**Anaphylactic Reaction**-A severe, dangerous, life threatening allergic reaction which requires immediate medical attention, such as calling 911.

**Authorized Prescriber**-Health Care Provider (HCP; see HCP below).

**Blister Pack Monitoring**-A medication tracking mechanism. Documentation by staff, on the back of the blister pack, each time a tablet or capsule is removed from the package.

**Brand name medication**-A medication created and named by the specific pharmaceutical company that created it.

**Chain of Custody**-A documentation trail showing who is, or has been, responsible for the security of the medication at any given time.

**Communication**-Exchanging of information; this can be accomplished verbally, in writing and/or in the form of listening, body language, tone of voice.

**Confidentiality**-Keeping information about the people you support private; information to be shared on a ‘need to know’ basis.

**Controlled Medication**-Schedule VI medication which requires a prescription to obtain it from the pharmacy; must be single locked and is not required to be tracked in the Count Book.

**Countable Controlled Medication**-Schedule II-V medication which requires a prescription to obtain it from the pharmacy; must be double locked and tracked in a Count Book.

**Countable Controlled Substance Book**-A book used to document and track schedule II-V medications.
**Count Book**—Another name for the Countable Controlled Substance Book. A book used to track all countable controlled (schedule II-V) medication in a program.

**Count Sheet**—The middle section of the Count Book used to track the amount of each countable medication when added or subtracted.

**Count Signature Sheets**—The last section of the Count Book used by staff to document when responsibility for the countable medications is transferred from one staff to another staff.

**DCF**—Department of Children and Families.

**DDS**—Department of Developmental Services.

**Desired Effect**—When a medication does exactly what it was intended to do; the person experiences the beneficial results of the medication.

**Dietary Supplements**—Products not regulated by the federal government that contain a dietary ingredient such as vitamins, minerals, herbs or other substances.

**Discontinue**—When the HCP orders a medication or treatment to be stopped; typically abbreviated as D/C or DC.

**Disposal**—To render a medication unusable and dispose; must be documented on a Disposal Record.

**Disposal Record**—Document used to track the disposal of all prescription medication.

**DMH**—Department of Mental Health.

**Documentation**—To prove something by writing it down; your writing of what happened should tell a story from beginning to end.

**Dose**—How much medication the HCP orders the person to receive each time the medication is to be administered.

**DPH**—Department of Public Health.

**Emergency Contact List**—A list of contact names and telephone numbers clearly posted for quick and easy staff reference including: MAP Consultants, Poison Control and other emergency numbers (911, fire, police).

**Everyday Reporting**—Exchanging information on routine, day to day matters.

**Expiration Date**—Last date a medication may be administered.
**Faxed Health Care Provider Orders** - A signed and dated HCP order that is obtained via a fax machine. A fax order is a legal order.

**Frequency** - Also referred to as ‘time’; how often the medication is ordered to be administered.

**Generic name medication** - A medication known by its chemical name. Generic named medications are often manufactured by many different pharmaceutical companies.

**HCP Encounter/Consult/Order Form** - Different names used for the same form; the form used by the HCP to write orders.

**Health Care Provider (HCP)** - A person who is registered in the state of Massachusetts to prescribe medication.

**Health Care Provider Order** - A set of detailed orders/instructions many times medication related, however, sometimes not related to medication, written by the HCP for each person.

**Hotline Medication Occurrence** - When one of the 5 rights goes wrong during the medication administration process; followed by medical intervention, illness, injury or death.

**Immediate Reporting** - Exchanging information right away.

**Index** - The first section of the Count Book. The index lists the person’s name, medication name and strength and count sheet page number for each countable medication.

**Leave of Absence (LOA)** - Code used on a medication sheet to document when a person receives their medication outside of the program, such as a staffed outing or during a visit with family.

**Leave of Absence Form** - Document used to track medication when sent on a LOA.

**Lot Number** - A number assigned to each ‘batch’ of medication produced; used in the event a medication is required to be taken off the market.

**MAP** - Medication Administration Program.

**MAP Consultant** - A licensed professional who is available 24/7 to answer your medication questions. A MAP Consultant is a registered nurse (RN), registered pharmacist or HCP.

**MAP Policy Manual** - Single, topically organized source of MAP information and policies.
**MCSR**-Massachusetts Controlled Substance Registration.

**Medication**-A substance that when put into or onto the body will change one or more ways the body works.

**Medication Administration Process**-When administering medication, what you must do to prepare, administer and complete each time you give a medication.

**Medication Book**-A medication tracking book which typically contains HCP orders, medication sheets and medication information sheets for each person living at the program.

**Medication Grid**-The right side of a medication sheet used to document your initials after administering a medication.

**Medication Information**-A resource that gives information about a medication.

**Medication Information Sheet**-A resource for medication information typically obtained from the pharmacy.

**Medication Interaction**-A mixing of medications in the body which will either increase or decrease the effects and/or side effects of one or both of the medications. In addition to medications interacting with each other, medications can also interact with dietary supplements, other substances (alcohol, nicotine and caffeine) and certain foods.

**Medication Occurrence**-When one of the 5 rights goes wrong during medication administration.

**Medication Occurrence Report (MOR)**-Document used to track and report each time one of the 5 rights goes wrong during medication administration.

**Medication Ordering and Receiving Log**-Documentation of when medication is ordered by a program and when received from the pharmacy.

**Medication Outcome**-The result a medication produces after it is administered; Desired Effect, No Effect Noted and/or Side Effects.

**Medication Release Document**-Document used to track medication when moved from one location to another location, also known as a transfer form.

**Medication Reconciliation**-Comparing the hospital discharge orders to the orders the person had prior to admission; discrepancies are clarified with the prescribing HCP.

**Medication Refill**-A number on the pharmacy label indicating how many times the medication may be obtained from the pharmacy.
Medication Refusal-When a person will not take the medication from you either by: saying ‘No”, spitting the medication right back out, spitting the medication out later or intentionally vomiting within one half hour of taking it.

Medication Schedule-A number (schedule) assigned by the Drug Enforcement Agency (DEA) to a prescription medication based on the medication’s potential to be abused; the lower the number the more likely the medication is to be abused.

Medication Sensitivity-How each person responds to the same medication. Factors that affect medication sensitivity include: age, weight, general health, medical history and use of other medication(s).

Medication Sheet-Document used to track the administration of each person’s medication on a monthly basis.

Mindfulness-Always paying attention to what you are doing; focusing on the task at hand.

No Effect Noted-A medication outcome when a medication is taken for a specific reason and the symptoms continue; no effects are noted from the medication.

Nutritional Supplements-Conventional food items such as Ensure, gastric tube feedings or Carnation Instant Breakfast; nutritional supplements are not medications and do not fall under MAP.

Objective Information-Factual information that you can see, hear, smell, feel and/or measure.

Observation-The process of watching someone carefully in order to obtain information.

Omission-Subcategory of wrong time; occurs when the medication is not administered.

Oral-A route; when a medication is taken by mouth.

Over-the-Counter (OTC) Medication-Medications which may be purchased without a prescription.

Paradoxical Reaction-A response to a medication that is the opposite of what the medication was intended to produce.

Parameters-A set of rules or guidelines that tell you how or when a medication should or should not be administered.

Pharmacy Receipt-A document received from the pharmacy listing how many tablets, capsules or mLs of each medication was dispensed to the program.
**Post**—Documentation completed by staff on the HCP order (under the HCP signature) after a medication is transcribed.

**Prescription**—A set of instructions from the HCP to the pharmacist telling the pharmacist what medication to prepare and how to give it for the person it is prescribed. The pharmacist uses the prescription to print a pharmacy label.

**Prescription number**—A number on the pharmacy label used to obtain refills; often referred to as the ‘Rx’ number.

**Principles of Medication Administration**—Foundation of the Medication Administration Process including Mindfulness, Supporting Abilities and Communication.

**Prior Authorization**—Approval from an insurance company, required prior to the pharmacy being able to fill a prescription; to ensure the medication will be paid for.

**PRN**—Latin term meaning a medication to be given only when needed.

**PRN medication**—Medication that is ordered to be administered only when needed for a specific health issue.

**Protocol**—A detailed HCP order that includes instructions on when, how and why to give a medication. Typically used when the medication is ordered to help lessen physical symptoms such as seizures or constipation.

**Reporting**—To give spoken or written information of something observed or told.

**Route**—The way in which the medication enters the body.

**Rx**—Abbreviation for a prescription number, used to obtain refills.

**Shoulder to Shoulder Count**—A specific procedure which transfers responsibility for the safety and security of the medications, from one staff to another staff. Conducted by 2 Certified staff each time the medication storage keys change hands.

**Side Effect**—Result from a medication that is not wanted or intended even if the desired effect is achieved. Side effects can range from mild to severe.

**Single Person Count**—Procedure conducted when there is only one Certified and/or licensed staff available to count the countable medication; typically completed when only one staff is on duty when putting the medication storage keys into or taking them out of the coded lock box.

**Special Instructions**—Information listed on the HCP order and/or pharmacy label giving additional information about medication administration.
**Start Date** - The date a person is scheduled to receive the first dose of a medication.

**Stop Date** - The date a person is scheduled to receive the last dose of a medication or if given continuously.

**Strength** - How much medication is contained within each tablet, capsule or mL.

**Subjective Information** - When a person speaks or signs and they tell you something.

**Support Plan** - A detailed HCP order that includes instructions on when, how and why to give a medication. Typically used when the medication is ordered to help lessen a behavior.

**Supporting Abilities** - Helping a person to be as independent as possible.

**Tamper Resistant Packaging** - A way the pharmacy packages a medication to physically limit how the medication is accessed.

**Telephone Health Care Provider Orders** - Documentation of an HCP order taken by Certified staff while speaking with the HCP on the telephone. Telephone orders must be signed by the HCP within 72 hours.

**Toxicity** - When a medication builds up in the body to the point where the body cannot handle it anymore; this can be life threatening.

**Transcribe** - To copy information from one document and record it onto another document.

**Transcription** - The completed document after information has been recorded from one or more documents onto it.

**Verify** - Documentation completed by a second staff on the HCP order (under the HCP signature) after reviewing the first staff’s completed transcription for accuracy.

**Wrong Dose** - When either too much or too little of a medication is administered at the scheduled time.

**Wrong Medication** - When medication is administered without an HCP order; includes using an expired or discontinued HCP order, administering past the stop date of a time limited medication order or administering one medication instead of another.

**Wrong Person** - When medication is administered to a person it is not ordered for either by misidentification, distraction or the medication was left unattended/not secured and someone else ingested it.
Wrong Route - When the medication is administered by a way (route) not ordered by the HCP.

Wrong Time - When the medication is administered too early, too late or parameters or instructions for use of the medication are not followed.
Answer Key

Unit 1

Page 16

1. F
2. F
3. T
4. F
5. T
6. F
7. T

Page 18

1. Juanita is able to nod her head ‘yes’ and ‘no’ to respond to a question or she may ‘make a face’ to show if she liked (smiled) or did not like (frowned) a flavor when tasting the pudding
   Related principle - communication
2. Allow Ellen to fill her own glass of water for medication administration
   Related principle - supporting abilities
3. Her HCP
   Related principle - communication
4. Switch the order of who you administer the medications to often
   Related principle - mindfulness

Page 20

1. Anxiety is defined as biting hands for more than 4 minutes and head slapping for longer than 30 seconds or more than 5 times in 4 minutes
2. No
3. Notify HCP
David states he has ‘sharp pain’ when he bends his right knee. He frowns getting off the van and is limping. His right knee is now red, warm to touch and swollen. He has received ibuprofen 400mg for right knee pain and his symptoms continue.

Lisinopril Omeprazole Ibuprofen

This product is a(n)
1. OTC Medication  b. Dietary Supplement
2. Is a HCP order required for administration? Yes  3. Is a pharmacy label required for administration? Yes
3. Is the product transcribed onto a medication sheet? Yes
Interactions: Tell your HCP of all the medications you are taking. Do not use with St. John’s Wort. Using tramadol together with alcohol may increase side effects such as dizziness, drowsiness, confusion, and difficulty concentrating.

Page 44

1. B
2. C
3. G
4. L
5. K
6. E
7. F
8. J
9. H
10. I
11. A
12. D

Unit 4

Page 51

1. Dr. Black
2. Burning in throat after eating
3. Sam Dowd
4. No known allergies
5. Gastroesophageal reflux disease
6. Prilosec
7. Remain upright 30 minutes after eating
HEALTH CARE PROVIDER ORDER

<table>
<thead>
<tr>
<th>Name: Tanisha Johnson</th>
<th>Date: Feb. 2, yr</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Care Provider: Dr. Chen Lee</td>
<td>Allergies: No known medication allergies</td>
</tr>
<tr>
<td>Reason for Visit: Complaining of soreness in back of mouth.</td>
<td></td>
</tr>
<tr>
<td>Current Medications: ✓ Phenobarbital 64.8mg once daily in the evening by mouth ✓ Clonazepam 1mg twice daily at 8am and 4pm by mouth</td>
<td></td>
</tr>
<tr>
<td>Staff Signature: Sam Dowd</td>
<td>Date: Feb. 2, yr</td>
</tr>
<tr>
<td>Health Care Provider Findings: Inflammation of gum-line on left side of mouth</td>
<td></td>
</tr>
<tr>
<td>Medication/Treatment Orders: Amoxicillin Suspension 500mg every 12 hours for seven days by mouth</td>
<td></td>
</tr>
<tr>
<td>Instructions: Notify HCP if Tanisha continues to complain of mouth soreness after 72 hours.</td>
<td></td>
</tr>
<tr>
<td>Follow-up visit: Feb. 16, yr</td>
<td>Lab work or Tests: None</td>
</tr>
<tr>
<td>Signature: Dr. Chen Lee</td>
<td>Date: Feb. 2, yr</td>
</tr>
</tbody>
</table>

1. Circle the new medication order—see above
2. 500mg
3. Every 12 hours for seven days
4. Place a checkmark next to Tanisha’s current medications—see above
5. No
Page 57

1. Yes

2. Record the order word-for-word on a HCP Order form. Read back the information given to you by the HCP to confirm you recorded it accurately. If you have trouble understanding the HCP, ask another staff to listen in as you take the order, then have staff read it back and sign the order too. If you do not know how to spell a spoken word, ask the HCP to spell it. Draw lines through any blank spaces in the order.

3. 72 hours

4. Yes

Unit 5

Page 66

<table>
<thead>
<tr>
<th>1</th>
<th>Rx # C201</th>
<th>2</th>
<th>Greenleaf Pharmacy</th>
<th>3</th>
<th>111-222-3434</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>20 Main Street</td>
<td></td>
<td></td>
<td>5</td>
</tr>
<tr>
<td>4</td>
<td>David Cook</td>
<td>6a</td>
<td>Tramadol 50mg</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>6b</td>
<td>IC Ultram</td>
<td>Qty. 21</td>
<td>8</td>
</tr>
<tr>
<td>9</td>
<td>1 tablet</td>
<td>10</td>
<td>by mouth every 8 hours for 7 days</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>Take with water</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>Dr. Black</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>Lot # 776-5433</td>
<td></td>
<td>ED: 3/4/yr</td>
<td></td>
<td></td>
</tr>
<tr>
<td>15</td>
<td>ED: 3/4/yr</td>
<td>0</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>Refills: 0</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Page 67
1. C.
2. C.
3. D.
4. A. B. C. D. E.

Page 68
1. You could give an incorrect dose of four 100mg tablets
2. It is a different color

Unit 6
Page 75
1. T
2. F
3. T
4. F
5. T
Write the number on the medication sheet of the term (p. 81) that corresponds with information to be transcribed, listed as numbers 1-14.

Month and Year: ________ MEDICATION ADMINISTRATION SHEET Allergies: ________

| Start | Generic | Brand | Strength | Dose | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Stop  | Amount  | Route | Frequency |

Special instructions: Reason: 

| Start | Generic | Brand | Strength | Dose | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Stop  | Amount  | Route | Frequency |

Special instructions: Reason: 

| Start | Generic | Brand | Strength | Dose | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Stop  | Amount  | Route | Frequency |

Special instructions: Reason: 

| Start | Generic | Brand | Strength | Dose | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Stop  | Amount  | Route | Frequency |

<table>
<thead>
<tr>
<th>Name:</th>
<th>________</th>
<th>CODES</th>
<th>Signature</th>
<th>Signature</th>
</tr>
</thead>
<tbody>
<tr>
<td>Site:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Accuracy Check 1 ________ Date ________ Time ________  Accuracy Check 2 ________ Date ________ Time ________
<table>
<thead>
<tr>
<th>Page 85</th>
<th>1.</th>
<th>Hour</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>10pm</td>
</tr>
<tr>
<td>2.</td>
<td></td>
<td>Hour</td>
</tr>
<tr>
<td></td>
<td></td>
<td>7:30am</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Page 86</th>
<th>1.</th>
<th>Hour</th>
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</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>4pm</td>
</tr>
<tr>
<td>2.</td>
<td></td>
<td>Hour</td>
</tr>
<tr>
<td></td>
<td></td>
<td>8am</td>
</tr>
<tr>
<td></td>
<td></td>
<td>8pm</td>
</tr>
<tr>
<td>1.</td>
<td></td>
<td>Hour</td>
</tr>
<tr>
<td></td>
<td></td>
<td>P</td>
</tr>
<tr>
<td></td>
<td></td>
<td>R</td>
</tr>
<tr>
<td></td>
<td></td>
<td>N</td>
</tr>
</tbody>
</table>
Page 87

1. E
2. G
3. F
4. C
5. D
6. H
7. B
8. A

Page 96

1. 3/3/yr at 4pm
2. 3/3/yr
3. 3/13/yr at 8am
4. 3/13/yr
5. 3 times daily for 10 days
6. 8am, 4pm, 8pm
7. 666mg
8. 2 tabs
9. 333mg
Tanisha has returned from a HCP appointment and medication has been obtained from the pharmacy. The date is February 5th, yr. The time is 1pm. Use the HCP order, pharmacy label and medication sheet to transcribe the new orders. Remember to post the HCP order after completing the transcription.

**HEALTH CARE PROVIDER ORDER**

<table>
<thead>
<tr>
<th>Name:</th>
<th>Date:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tanisha Johnson</td>
<td>Feb. 5, yr</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Health Care Provider:</th>
<th>Allergies:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Chen Lee</td>
<td>No known medication allergies</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Reason for Visit:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Continues to complain of soreness in back of mouth</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Current Medications:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Phenobarbital 64.8mg once daily at 8pm by mouth</td>
<td></td>
</tr>
<tr>
<td>Clonazepam 1mg twice daily by mouth</td>
<td></td>
</tr>
<tr>
<td>Amoxil Suspension 500mg every 12 hours for seven days by mouth</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Staff Signature:</th>
<th>Date:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sam Dowd</td>
<td>Feb. 5, yr</td>
</tr>
</tbody>
</table>

**Health Care Provider Findings:**

Increased inflammation of gum-line on left side of mouth

**Medication/Treatment Orders:**

- DC Amoxil Suspension
- Cleocin HCL 300mg three times a day for 10 days by mouth

**Instructions:**

Notify HCP if Tanisha continues to complain of mouth soreness after 72 hours.

**Follow-up visit:**

February 16, yr

Signature:  

Dr. Chen Lee

Posted by: Full Signature  
Date: 2/5/yr  
Time: 1pm

Verified by:  
Date:  
Time:
**Page 100**

**MEDICATION ADMINISTRATION SHEET**

| Start | Generic | Hour | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| 8/31/yr | Brand | Dose | 32.4mg | 64.8mg | 32.4mg | 64.8mg | 32.4mg | 64.8mg | 32.4mg | 64.8mg | 32.4mg | 64.8mg | 32.4mg | 64.8mg | 32.4mg | 64.8mg | 32.4mg | 64.8mg | 32.4mg | 64.8mg | 32.4mg | 64.8mg | 32.4mg | 64.8mg | 32.4mg | 64.8mg | 32.4mg | 64.8mg | 32.4mg | 64.8mg |
| 8/31/yr | Brand | Route | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth | mouth |
| Start | Generic | Frequency | Once daily at 8pm |

**Special instructions:**

**Reason:** seizures

**Page 101**

1. B.
2. C.
3. C.
4. C.
5. B.

**Unit 7**

**Page 104**

Blood pressure

**Page 105**

Yes
Page 107

1. PRN medication
2. For complaints of right knee pain
3. No
4. 5PM
5. Notify HCP

Page 111

No. Aspirin EC is ordered. Aspirin was supplied.

Page 114

<table>
<thead>
<tr>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 tablets</td>
</tr>
<tr>
<td>2 tablets</td>
</tr>
<tr>
<td>2 capsules</td>
</tr>
<tr>
<td>3 tablets</td>
</tr>
<tr>
<td>1 capsule</td>
</tr>
<tr>
<td>4 tablets</td>
</tr>
<tr>
<td>5 tablets</td>
</tr>
<tr>
<td>2 capsules</td>
</tr>
<tr>
<td>2 tablets</td>
</tr>
<tr>
<td>2 tablets</td>
</tr>
<tr>
<td>½ tablet</td>
</tr>
</tbody>
</table>

Page 117

4. ✓ Ask your Supervisor to arrange a specialized training for EpiPen® use
Page 122

1. HCP Order and pharmacy label
2. pharmacy label and medication sheet
3. pharmacy label and medication sheet

Match each check in the medication administration process to its corresponding reason.

Check 1  C
Check 2  A
Check 3  B

Page 123

No. The frequency listed on the HCP order is ‘daily in the evening’ and the frequency listed on the pharmacy label is ‘every evening at 8 PM’

Page 125

1. T
2. T
3. F
4. T
5. F

Page 133

250mg
1. 1200mg/15mL

   You should have filled to the 30mL line

2. 100mg/5mL

   You should have filled to the 10mL line

3. 262mg/15mL

   You should have filled to the 15mL line

4. 50mcg/one spray
### Page 142

<table>
<thead>
<tr>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>20mL</td>
</tr>
<tr>
<td>12mL</td>
</tr>
<tr>
<td>4mL</td>
</tr>
<tr>
<td>8mL</td>
</tr>
<tr>
<td>10mL</td>
</tr>
<tr>
<td>9mL</td>
</tr>
<tr>
<td>8mL</td>
</tr>
<tr>
<td>20mL</td>
</tr>
<tr>
<td>15mL</td>
</tr>
<tr>
<td>30mL</td>
</tr>
<tr>
<td>20mL</td>
</tr>
</tbody>
</table>

### Page 143

3. **✓** Call the pharmacy and request an appropriate measuring device.

Match the terms with the corresponding letter.

1. C
2. D
3. B
4. A
True (T) or False (F)

1. T
2. T
3. T
4. F
5. T
6. T

Pages 146-147

You should:

3. √ Ask David why he doesn’t want to take the medication

David tells you he doesn’t like the purple color of the tablet. You should:

4. √ Secure the medication, return in 15 minutes and offer it again

After 3 attempts, David still refuses the medication. You should first:

4. √ Notify Dr. Black of the refusal
Using the medication sheet and corresponding progress note, document the medication refusal.

Your initials circled

Start: Generic: Omeprazole
8/31/yr: Brand Prilosec
Stop: Strength: 20mg
Amount: 1 tabs
Cont.: Dose: 20mg
Route: 4pm mouth
Frequency: Once daily before supper

Special instructions: Reason: GERD

MEDICATION PROGRESS NOTE March, yr

3/4/yr 4:45pm David refused his 4pm dose of Prilosec. I attempted to administer it 3 times. Dr. Black and (your supervisor's name) notified.

____________________________Your full signature

Your initials                  Your initials circled

Start: Generic: Lisinopril
8/31/yr: Brand Zestril
Stop: Strength: 20mg
Amount: 2 tabs
Cont.: Dose: 40mg
Route: mouth
Frequency: Daily in the morning

Special instructions: Hold Zestril if systolic (top) blood pressure (BP) reading is below 100 and notify HCP
Reason: high BP

MEDICATION PROGRESS NOTE March, yr

3/5/yr 8am Blood Pressure 90/50 Zestril 40mg held. (Name of HCP notified.) ______________________________Your full signature
### Page 150

**MEDICATION PROGRESS NOTE**

March, yr

3/4/yr 4PM Omeprazole 20mg held per HCP order to hold before scheduled test

--- Your full signature

<table>
<thead>
<tr>
<th>Start</th>
<th>Generic Omeprazole</th>
</tr>
</thead>
<tbody>
<tr>
<td>8/31/yr</td>
<td>Brand Prilosec</td>
</tr>
<tr>
<td></td>
<td>Strength 20mg Dose 20mg</td>
</tr>
<tr>
<td>Stop</td>
<td>Amount 1 tabs Route mouth</td>
</tr>
<tr>
<td>Cont.</td>
<td>Frequency Once daily before supper</td>
</tr>
</tbody>
</table>

### Page 152

**MEDICATION PROGRESS NOTE**

March, yr

3/4/yr 4PM Prilosec was unavailable. Spoke to Forrest Greenleaf at the Greenleaf Pharmacy. He stated medication will be delivered by 7:30pm. He stated to omit 4pm dose and give the next scheduled dose when due. (Name of your Supervisor) also notified ________________________ Your full signature

### Page 167

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>F</td>
</tr>
<tr>
<td>2.</td>
<td>T</td>
</tr>
<tr>
<td>3.</td>
<td>T</td>
</tr>
<tr>
<td>4.</td>
<td>T</td>
</tr>
<tr>
<td>5.</td>
<td>T</td>
</tr>
</tbody>
</table>

### Page 168

3. √ Unlock the medication storage area, obtain the drug reference book for the Certified staff and relock.
Page 168

1. N
2. N
3. N

Page 168

1. The ‘Chain of Custody’ is broken and medications could be stolen.

2. To MAP Certified and/or licensed staff after conducting a two person count with them.

Page 169

Yes, (the tablets were popped out of order)

Page 178 Class Discussion

Day program staff continued to give the discontinued medication. Residential staff should have faxed or sent a copy of the new order over to the day program.

Page 189

1. two
2. count book
3. item number
4. Supervisor
Unit 9

Page 201

Number the ‘Procedure Following a Medication Occurrence’ in the order to be completed if you make or discover a medication occurrence

7. Complete a Medication Occurrence Report 
4. Follow all recommendations given to you by the MAP Consultant
5. Notify your supervisor
2. Call 911, if needed
6. Document what you did
3. Call a MAP Consultant
1. Check to see if the person is ok

Match the term to the corresponding example

1. C
2. F
3. A
4. D
5. B
6. E

Page 202

1. Wrong Person

2. Check to make sure the person is ok, if not call 911, if ok contact MAP consultant for recommendation

3. Medications should never be pre poured and never left unattended

4. Jim could have secured the medication before assisting with the emergency or taken the medication with him
Page 203

1. Wrong Medication

2. Check to see that Tanisha is ok, if not call 911, if ok contact MAP Consultant for recommendation

3. By looking at the HCP order (check #1 of the medication administration process)

Page 204

1. Wrong Dose

2. Check to see that Tanisha is ok, if not call 911, if ok contact MAP Consultant for recommendation

3. By looking at the pharmacy label to find the strength of the tablet and the amount to give to equal the dose

Page 206

1. Call the HCP for a refill

2. MAP Consultant

3. Omission

4. Refills should have been ordered at least one week before the medication ran out

Page 207

1. Wrong Route

2. Check to make sure Ellen is ok and if not call 911, if ok contact MAP Consultant for recommendation

3. Joe should have instructed the other staff to stop talking with him until he finished administering medications so he could have been mindful and completed his three checks before administering the medication
Ask Your Supervisor Specific to Your Work Location

1. Where are MAP Consultants, poison control and other emergency numbers located?

2. Who is responsible for contacting the HCP to report changes observed in the people you support?

3. How is information shared between shifts, such as how new HCP orders are communicated if there is no staff present when you arrive for your shift?

4. Does anyone have HCP orders for ‘high alert’ medication?

5. Does anyone have HCP orders for ‘high risk’ for abuse Schedule VI medication and if so, how they are tracked?

6. How does the pharmacy identify countable controlled medication?

7. Where is the drug reference book located or how is the reputable online resource accessed?

8. What HCP visit forms are required specific to the people you support?

9. Am I allowed to take a telephone order, if yes, where are the telephone order forms kept?

10. What method is used to obtain medication refills from the pharmacy?

11. Are there HCP orders for antipsychotic medications requiring a Rogers Decision?

12. How is the backup set of keys accessed, if needed?

13. What is the medication administration time schedule?

14. When will I receive training on all other routes medications are administered?

15. Is blister pack monitoring required?

16. Does the pharmacy supply automatic refills? If yes, what system is used to cross check the medication I am expecting to receive to what the pharmacy delivers?
17. How are the new month’s medication sheets generated and who is responsible for completing accuracy checks?

18. What is the communication system between the day program and the residential program?

19. Is the supervisor required for all medication disposals or may two Certified staff (no supervisor) dispose of a refused dose or a dropped dose of medication?

20. How are MORs submitted?

21. What is the policy/procedure regarding medication occurrence follow up?