Emergency Smarts

1. I know where my flashlight and my cell phone are.

2. I know where my To-Go Bag is and it is ready.
   - Identification
   - Medicine list and contact numbers
   - Cash
   - Extra cell phone charger
   - Crank radio
   - First aid kit
   - Snacks
   - Plastic plate and silverware

3. If I have to leave my home I will bring:
   - My To-Go Bag
   - My medicine
   - Change of clothes and toiletries
   - My adaptive equipment and cellphone
   - Something to keep me calm (music player or book)

4. My Emergency Contacts:
   - Name
   - Phone Number

---

Developed by Barbara Oliver, Safer-social.com; Nathaniel Trull, Self-Advocate and Sue Wolf-Fordham, University of Massachusetts Medical School E.K. Shriver Center © Massachusetts Executive Office of Health and Human Services, 2013