Assessment & Clinical Understanding Training

Improving the quality of assessment and clinical formulation in Massachusetts.

Additional Resources:

MassHealth Children’s Behavioral Health Initiative (CBHI)
https://www.mass.gov/masshealth-childrens-behavioral-health-initiative

CBH Knowledge Center
IHT Practice Profile
http://www.cbhknowledge.center/
what-are-practice-profiles/

CANS Training Program
https://masscans.ehs.state.ma.us/

MassHealth
CHILDREN’S BEHAVIORAL HEALTH INITIATIVE (CBHI)

UMass Chan Medical School

Assessment & Clinical Understanding Training

MassHealth
CHILDREN’S BEHAVIORAL HEALTH INITIATIVE (CBHI)

Eunice Kennedy Shriver Center

Continuing Education Credit is available for mental health professionals and nurses. Please see https://cbhitraining.org/

CANS Training Program
Eunice Kennedy Shriver Center
UMass Chan Medical School
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Worcester, MA 01655
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https://shriver.umassmed.edu/
MassHealth Children’s Behavioral Health Initiative (CBHI) and the Child and Adolescent Needs and Strengths (CANS) Training Program has a training to improve assessment and case formulation skills. The Assessment & Clinical Understanding (ACU) training is designed for In-Home Therapy (IHT) clinicians, Intensive Care Coordinators (ICC), Outpatient therapists and their supervisors working with youth with behavioral health needs.

**Goal:**
The goal of the Assessment & Clinical Understanding initiative is to improve the overall quality of treatment for children, youth and their families.

**Guiding Values:**
Improving Assessment & Clinical Understanding plays a key role in improving In-Home Therapy (IHT), Intensive Care Coordination (ICC), and outpatient practice.

The CBHI Systems of Care (SOC) philosophy guides the development, delivery, and practice of CBHI services; including assessment and clinical formulation:

- **Youth Guided and Family Driven:** Services are driven by the needs and preferences of the child and family, developed in partnership with families, and accountable to families.
- **Strengths-Based:** Services are built on the strengths of the family and their community.
- **Collaborative and Integrated:** Services are coordinated and integrated across child-serving agencies and programs.
- **Culturally Responsive:** Services are responsive to the family’s values, beliefs, norms, and to the socio-economic and cultural context.
- **Continuously Improving:** Service improvements reflect a culture of continuous learning, informed by data, family feedback, evidence, and best practice.

**Training Description:**
The Assessment & Clinical Understanding Training is an interactive and dynamic training that includes modules which can be used during supervision or be self-guided. Case studies are used to teach skills; videos demonstrate the skills; Stop & Apply exercises are used to apply the information learned, and sample assessment tools are provided. CEU’s are offered upon completion.

**The modules address the following topics:**

- Introduction to CBHI values
- Gathering Relevant Information
- Biological Aspects of Case Formulation
- Psychological Aspects of Case Formulation
- Social Aspects of Case Formulation
- Cultural and Spiritual Aspects of Case Formulation
- Mental Status Exams for youth
- Integration and Preparation for Writing
- Communicating a Case Formulation
- Using a Case Formulation in Treatment Planning
- Making Adjustments